Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Slipstream Track Club [SLIP] Number of Top Times: All AG

Mark	Convert	Rnd	Event	Pts F	Place	Э	
*I Ariel Adar	ms (28) 3/6/19	87 G					
28-03.00	8.61m	F	Shot Put	8	2	6/24/2005	2005 AAU Southeastern District
25-10.25	7.88m	F	Shot Put		3	7/7/2005	2005 AAU Region 3A Championships
23-05.50	7.15m	F	Shot Put	4	5	6/25/2004	2004 AAU Southeastern Association
22-11.00	6.98m	F	Shot Put	4	5	7/8/2004	2004 AAU Region 3A Track & Field Meet
87-07.00	26.69m	F	Discus		2	7/7/2005	2005 AAU Region 3A Championships
81-02.00	24.74m	F	Discus	4	5	7/8/2004	2004 AAU Region 3A Track & Field Meet
80-11.00	24.66m	F	Discus	6	3	6/24/2005	2005 AAU Southeastern District
77-04.00	23.57m	F	Discus	4	5	6/25/2004	2004 AAU Southeastern Association
52-07.00	16.02m	F	Javelin	6	3	6/24/2005	2005 AAU Southeastern District
46-11.00	14.30m	F	Javelin		9	6/25/2004	2004 AAU Southeastern Association
33-10.00	10.31m	F	Javelin		7	7/7/2005	2005 AAU Region 3A Championships
			Total Points:	36.0			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts	Plac	е	
*I Solange A	dams (28) 5	5/30/1986	G					
2:32.11		F	800m	Run		19	7/23/2003	2003 AAU Junior Olympic Games
2:34.24		F	800m	Run	5	4	6/26/2003	2003 AAU Region III T&F Championships
2:35.21		F	800m	Run	10	1	6/20/2003	2003 Southeastern Association AAU
5:15.78		F	1500m	Run	10	1	6/20/2003	2003 Southeastern Association AAU
5:19.62		F	1500m	Run	10	1	6/26/2003	2003 AAU Region III T&F Championships
5:29.19		F	1500m	Run		16	7/23/2003	2003 AAU Junior Olympic Games
21:19.10		F	5000m	Run		1	11/15/2003	2003 SEAAU Cross Country Championships
1.27m	4-02.00	F		High Jump	4	5	6/20/2003	2003 Southeastern Association AAU
8-00.00	2.43m	F		Pole Vault	3	6	6/26/2003	2003 AAU Region III T&F Championships
7-06.00	2.28m	F		Pole Vault	4	5	6/20/2003	2003 Southeastern Association AAU
				Total Points:	46.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place)	
*I Mary Armst	rong (28) 8	/25/1986	6 G				
13.67 NWI		Р	100m Dash		10	6/20/2003	2003 Southeastern Association AAU
10-00.00	3.04m	F	Pole Vault	8	2	6/26/2003	2003 AAU Region III T&F Championships
9-00.00	2.74m	F	Pole Vault		16	7/23/2003	2003 AAU Junior Olympic Games
9-00.00	2.74m	F	Pole Vault	5	4	6/20/2003	2003 Southeastern Association AAU
			Total Points	s: 13.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd Event		Pts	Pts Place						
*I Brittney A	Arnold (30) 10	/19/1984	1 G							
1:11.98		Р	400m Dash		20	6/26/1998	1998 AAU Southeastern Association			
5-00.00	1.52m	F	High Jump		1	7/6/2000	2000 AAU Region 3 Track & Field			
5-00.00	1.52m	F	High Jump		16	8/1/2000	2000 AAU Junior Olympic Games			
1.52m	4-11.75	F	High Jump	10	1	6/23/2000	2000 AAU Southeastern Association			
4-08.00	1.42m	F	High Jump		16	8/1/1998	1998 AAU Junior Olympic Games			
4-08.00	1.42m	F	High Jump	6	3	6/26/1998	1998 AAU Southeastern Association			
4-06.00	1.37m	F	High Jump	4	4	7/9/1998	1998 AAU Region 3 Track & Field			
			Total Points:	20.0						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place
*I Jessica A	rnold (27) 9/19	9/1987	G	
1:21.31		Р	400m Dash	24 6/23/2000 2000 AAU Southeastern Association
5.20m	17-00.75	F	Shot Pu	14 6/23/2000 2000 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	Place	•	
Isabella Bador	n (15) 12/12/	/1999	G					
6:27.11		F	1500m	Run		9	7/3/2014	2014 AAU Region 6 National Qualifier
6:45.16		F	1500m	Run		8	6/16/2014	2014 AAU Southeastern District Qualifier
15:20.89		F	3000m	Run		3	7/3/2014	2014 AAU Region 6 National Qualifier
15:20.96		F	3000m	Run		4	6/16/2014	2014 AAU Southeastern District Qualifier
10:43.39		F	2000m	StplCh		7	7/3/2014	2014 AAU Region 6 National Qualifier

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts	Plac	e	
*I Cour	tney Ba	rnett (25)	7/23/19	89 G					
19.91		, ,	Р		Dash			6/27/1997	1997 AAU Southeastern Association
10:53.30			F	1500m	Walk		6	7/6/2000	2000 AAU Region 3 Track & Field
15:00.00			F	1500m	Walk	6	3	6/23/2000	2000 AAU Southeastern Association
3-06.00		1.06m	F		High Jump		18	8/1/1999	1999 AAU Junior Olympic Games
1.06m		3-05.75	F		High Jump	7	2		1999 AAU Region 3 Track & Field
3-03.00		.99m	F		High Jump	6	3		1999 AAU Southeastern Association
3-00.00		.91m	F		High Jump	9	1	7/9/1998	1998 AAU Region 3 Track & Field
3-00.00		.91m	F		High Jump	10	1		1998 AAU Southeastern Association
3-00.00		.91m	F		High Jump		7	8/1/1998	1998 AAU Junior Olympic Games
7-02.50		2.19m	F		Long Jump	1	8	6/26/1998	1998 AAU Southeastern Association
7-02.00	NWI	2.18m	F		Long Jump		12	6/27/1997	1997 AAU Southeastern Association
13.02m		42-08.75	F		Shot Put	8	2	6/26/2003	2003 AAU Region III T&F Championships
40-11.00		12.47m	F		Shot Put		5	8/3/2002	2002 AAU Junior Olympic Games
12.13m		39-09.75	F		Shot Put	10	1	6/20/2003	2003 Southeastern Association AAU
11.95m		39-02.50	F		Shot Put	8	2	7/12/2002	2002 AAU Southeastern Association
37-11.00		11.55m	F		Shot Put		3	8/1/2001	2001 AAU Junior Olympic Games
37-07.00		11.45m	F		Shot Put		1	6/29/2007	2007 AAU Southeastern District
11.34m		37-02.50	F		Shot Put	10	1	7/5/2001	2001 AAU Region 3 Track & Field Meet
37-01.00		11.30m	F		Shot Put	10	1		2006 AAU Southeastern District
35-02.25		10.72m	F		Shot Put	10	1	7/6/2006	2006 AAU Region 3A Track & Field Meet
35-01.00		10.69m	F		Shot Put		2		2000 AAU Junior Olympic Games
10.64m		34-11.00	F		Shot Put		2		2007 Volunteer Indoor Track Classic
10.63m		34-10.50	F		Shot Put	10	1	6/22/2001	2001 AAU Southeastern Association
34-04.00		10.46m	F		Shot Put	5	4	7/8/2004	2004 AAU Region 3A Track & Field Meet
10.43m		34-02.75	F		Shot Put	10	1		2000 AAU Southeastern Association
33-05.75		10.20m	F		Shot Put		1	7/6/2000	2000 AAU Region 3 Track & Field
31-09.75		9.69m	F		Shot Put	8	2		2004 AAU Southeastern Association
30-07.50		9.33m	F		Shot Put		1	8/1/1999	1999 AAU Junior Olympic Games
8.82m		28-11.25	F		Shot Put	10	1		1999 AAU Region 3 Track & Field
26-05.50		8.06m	F		Shot Put	10	1		1999 AAU Southeastern Association
21-05.00		6.52m	F		Shot Put		2	8/1/1998	1998 AAU Junior Olympic Games
20-11.50		6.38m	F		Shot Put	8	2	7/9/1998	1998 AAU Region 3 Track & Field
17-10.25		5.44m	F		Shot Put	10	1		1998 AAU Southeastern Association
16-09.25		5.11m	F		Shot Put		1	6/27/1997	1997 AAU Southeastern Association
16-04.50		4.99m	F		Shot Put		2	7/28/1997	1997 AAU Junior Olympic Games
125-03.00		38.17m	F		Discus		1		2007 AAU Southeastern District
116-07.00		35.53m	F		Discus	8	2	7/6/2006	2006 AAU Region 3A Track & Field Meet
112-07.00		34.31m	F		Discus	10	1		2004 AAU Southeastern Association
112-05.00		34.26m	F		Discus		5		2002 AAU Junior Olympic Games
111-08.00		34.03m	F		Discus	8	2		2006 AAU Southeastern District
109-00.00		33.22m	F		Discus	8	2		2004 AAU Region 3A Track & Field Meet
32.85m		107-09	F		Discus	10	1		2003 AAU Region III T&F Championships
32.16m		105-06	F		Discus	10	1		2002 AAU Southeastern Association
31.33m		102-09	F		Discus	10	1		2003 Southeastern Association AAU
101-08.00		30.98m	F		Discus		1		2001 AAU Junior Olympic Games
26.79m		87-11	F		Discus	10	1		2001 AAU Southeastern Association
26.79m		87-11	F		Discus	10	1		2001 AAU Region 3 Track & Field Meet
24.11m		79-01	F		Discus	10	1		2000 AAU Southeastern Association
76-00.00		23.16m	F		Discus		2		2000 AAU Junior Olympic Games
70-00.00		21.33m	F		Discus		1		2000 AAU Region 3 Track & Field
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Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	е	
*I Courtney	Barnett (25)	7/23/1989	G				
18.73m	61-05	F	Hammer		6	6/28/2005	2005 USATF Youth Nationals
25.07m	82-03	F	Javelin	5	4	6/26/2003	2003 AAU Region III T&F Championships
73-09.00	22.47m	F	Javelin		16	8/3/2002	2002 AAU Junior Olympic Games
21.17m	69-05	F	Javelin	6	3	6/20/2003	2003 Southeastern Association AAU
20.50m	67-03	F	Javelin	8	2	7/12/2002	2002 AAU Southeastern Association
66-10.00	20.37m	F	Javelin	4	5	6/23/2006	2006 AAU Southeastern District
328		F	Triathlon	2	5	7/9/1998	1998 AAU Region 3 Track & Field
			Total Points:	285.0			-

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd		vent		Pts	Place	<u> </u>	
*I Linds	ay Bar	nett (29) 4/	/7/1986	G						
31.77	•	` ,	F	200m	Dash			2	6/28/1996	1996 AAU Southeastern Association
1:14.56			F	400m	Dash		4	5	6/26/1998	1998 AAU Southeastern Association
3:24.68			F	800m	Run	Pentathl			7/9/1998	1998 AAU Region 3 Track & Field
14.04	NWI		F	80m	Hurdles			3	7/28/1997	1997 AAU Junior Olympic Games
14.43	NWI		F	80m	Hurdles		4	4	7/9/1998	1998 AAU Region 3 Track & Field
14.51			F	80m	Hurdles		10	1	6/26/1998	1998 AAU Southeastern Association
14.96	NWI		Р	80m	Hurdles			4	7/28/1997	1997 AAU Junior Olympic Games
15.94	NWI		F	80m	Hurdles			1	6/27/1997	1997 AAU Southeastern Association
14.30	NWI		F	80m	Hurdles	Pentathl			7/9/1998	1998 AAU Region 3 Track & Field
18.35	NWI		F	100m	Hurdles			8	7/6/2000	2000 AAU Region 3 Track & Field
18.70	NWI		F	100m	Hurdles		5	4	6/23/2000	2000 AAU Southeastern Association
24.66	NWI		Р	100m	Hurdles			9	6/25/1999	1999 AAU Southeastern Association
1.45m		4-09.00	F		High Jump		6	3	7/8/1999	1999 AAU Region 3 Track & Field
4-08.00		1.42m	F		High Jump		10	1	6/25/1999	1999 AAU Southeastern Association
1.38m		4-06.25	F		High Jump		5	4	6/23/2000	2000 AAU Southeastern Association
4-05.00		1.34m	F		High Jump			2	7/28/1997	1997 AAU Junior Olympic Games
4-04.00		1.32m	F		High Jump			11	7/6/2000	2000 AAU Region 3 Track & Field
4-03.00		1.29m	F		High Jump		10	1	6/26/1998	1998 AAU Southeastern Association
4-02.00		1.27m	F		High Jump			13	8/1/1998	1998 AAU Junior Olympic Games
3-10.00		1.16m	F		High Jump			1	6/28/1996	1996 AAU Southeastern Association
3-10.00		1.16m	F		High Jump		4	4	7/9/1998	1998 AAU Region 3 Track & Field
3-10.00		1.16m	F		High Jump			2	6/27/1997	1997 AAU Southeastern Association
3-06.00		1.06m	F		High Jump			4	7/12/1996	1996 AAU Region 3 Track & Field
1.28m		4-02.25	F		High Jump	Pentathl			7/9/1998	1998 AAU Region 3 Track & Field
1.88m		6-02.00	F		Pole Vault		10	1	6/23/2000	2000 AAU Southeastern Association
5-06.00		1.67m	F		Pole Vault			13	8/1/2000	2000 AAU Junior Olympic Games
5-06.00		1.67m	F		Pole Vault			1	7/6/2000	2000 AAU Region 3 Track & Field
13-01.25	NWI	3.99m	F		Long Jump			10	7/28/1997	1997 AAU Junior Olympic Games
12-11.75	NWI	3.95m	F		Long Jump			1	6/27/1997	1997 AAU Southeastern Association
12-05.75	NWI	3.80m	F		Long Jump			1	6/28/1996	1996 AAU Southeastern Association
11-07.00	NWI	3.53m	F		Long Jump			4	7/12/1996	1996 AAU Region 3 Track & Field
3.76m	NWI	12-04.00	F		Long Jump	Pentathl			7/9/1998	1998 AAU Region 3 Track & Field
7.39m		24-03.00	F		Shot Put	Pentathl			7/9/1998	1998 AAU Region 3 Track & Field
64-09.00		19.73m	F		Discus		5	4	6/25/1999	1999 AAU Southeastern Association
17.58m		57-08	F		Discus			15	7/8/1999	1999 AAU Region 3 Track & Field
1987			F		Out Pent		10	1	7/9/1998	1998 AAU Region 3 Track & Field
					Total I	Points:	83.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conv	ert Rnd	Eve	nt	Pts I	Place	•	
Blaire B	arrett (12) 10	D/1/2002 G						
18.20	NWI	Р	100m Da	sh		19	7/8/2010	2010 AAU Area 5 National Qualifier
18.43	NWI	F	100m Da	sh		9	6/27/2010	2010 AAU Southeastern District Qualifier #3
35.68	NWI	F	200m Da	sh		6	6/19/2011	2011 AAU Southeastern District Qualifier
37.65	NWI	F	200m Da	sh	4	5	6/27/2010	2010 AAU Southeastern District Qualifier #3
39.37	NWI	Р	200m Da	sh		21	7/8/2010	2010 AAU Area 5 National Qualifier
1:29.38		F	400m Da	sh	6	3	6/27/2010	2010 AAU Southeastern District Qualifier #3
1:30.78		F	400m Da	sh	2	7	7/8/2010	2010 AAU Area 5 National Qualifier
1:31.53		Р	400m Da	sh		8	7/8/2010	2010 AAU Area 5 National Qualifier
				Total Points:	12.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	•	
*I Julie Bat	ista (28) 2/3/1	987 G					
3:38.35		Р	800m Run			6/22/2001	2001 AAU Southeastern Association
3:38.35		F	800m Run		24	6/22/2001	2001 AAU Southeastern Association
39.48 NV	۷I	F	200m Hurdles		9	6/22/2001	2001 AAU Southeastern Association
1.17m	3-10.00	F	High Jump		10	6/22/2001	2001 AAU Southeastern Association
1237		F	Out Pent		16	7/5/2001	2001 AAU Region 3 Track & Field Meet

Northeast Tennessee/Southwest Virginia

Individual Top Marks

11/20/1999 1999 AAU Southeastern Cross-Country
12/1/2001 2001 AAU National Cross-Country

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place	
*I Taylor I	Bedard (19) 10/1	9/1995	G		
7:09.08		F	1500m Run	8 6/29/	2007 2007 AAU Southeastern District
7-09.25 N	NWI 2.36m	F	Long Jump	6 6/29/	2007 2007 AAU Southeastern District

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	С	onvei	rt Rnd	E	vent		Pts I	Place	•	
*I Ashto	n Bishop	(26) 2	2/6/1989	G						
1:10.99			F	400m	Dash		6	3	6/23/2000	2000 AAU Southeastern Association
1:11.40			Р	400m	Dash			3	6/23/2000	2000 AAU Southeastern Association
1:12.33			F	400m	Dash			15	7/6/2000	2000 AAU Region 3 Track & Field
2:16.13			F	800m	Run			6	6/28/2005	2005 USATF Youth Nationals
2:16.85			Р	800m	Run			6	6/28/2005	2005 USATF Youth Nationals
2:17.25			F	800m	Run			1	7/23/2003	2003 AAU Junior Olympic Games
2:17.63			F	800m	Run				6/17/2005	2005 Nike Outdoor Nationals
2:19.00			Р	800m	Run			1	7/23/2003	2003 AAU Junior Olympic Games
2:25.61			F	800m	Run			13	8/3/2002	2002 AAU Junior Olympic Games
2:25.62			F	800m	Run		10	1	6/20/2003	2003 Southeastern Association AAU
2:25.69			F	800m	Run		10	1	6/26/2003	2003 AAU Region III T&F Championships
2:27.98			F	800m	Run			7		2006 Niswonger Invitational
2:30.80			F	800m	Run			5		2006 AAU Southern Indoor Nationals
2:31.69			F	800m	Run		6	3	7/12/2002	2002 AAU Southeastern Association
2:32.64			F	800m	Run			5	2/27/2004	2004 AAU Southern Indoor Nationals
2:22.04			F	800m	Run	Pentathl			7/23/2003	2003 AAU Junior Olympic Games
2:23.87			F	800m		Pentathl			6/26/2003	2003 AAU Region III T&F Championships
2:30.29			F	800m	Run	Pentathl				2002 AAU Southeastern Multis
2:40.80			F	800m	Run	Pentathl			8/1/2001	2001 AAU Junior Olympic Games
2:55.96			F	800m	Run	Pentathl			8/1/2000	2000 AAU Junior Olympic Games
4:58.89			F	1500m	Run			8		2003 AAU Junior Olympic Games
5:10.13			F	1500m	Run		10	1		2003 AAU Region III T&F Championships
5:11.44			F	1500m	Run			16		2002 AAU Junior Olympic Games
5:16.33			F	1500m			10	1		2003 Southeastern Association AAU
5:21.82			F	1500m				4		2004 AAU Southern Indoor Nationals
5:21.96			F	1500m	Run		6	3	7/12/2002	2002 AAU Southeastern Association
11:56.00			F	3000m			6	3		2003 Southeastern Association AAU
16.67	NWI		F		Hurdles		6	3	6/22/2001	2001 AAU Southeastern Association
17.21	NWI		F	80m	Hurdles		10	1	6/23/2000	2000 AAU Southeastern Association
17.29			F	80m	Hurdles			6	7/6/2000	2000 AAU Region 3 Track & Field
17.92			Р		Hurdles			12		2001 AAU Region 3 Track & Field Meet
15.67			F		Hurdles	Pentathl				2001 AAU Junior Olympic Games
16.00			F		Hurdles	Pentathl				2000 AAU Junior Olympic Games
16.88			F		Hurdles	Pentathl				2003 AAU Junior Olympic Games
17.26			F		Hurdles	Pentathl				2003 AAU Region III T&F Championships
18.19			F		Hurdles	Pentathl				2002 AAU Southeastern Multis
5-06.00		1.67m			High Jump			1		2004 AAU Southern Indoor Nationals
5-02.00		1.57m			High Jump			4		2003 AAU Junior Olympic Games
1.57m		5-01.75			High Jump		8	2		2003 Southeastern Association AAU
1.55m		5-01.00			High Jump			6		2005 USATF Youth Nationals
4-10.00		1.47m			High Jump		7	2		2003 AAU Region III T&F Championships
4-10.00		1.47m			High Jump			14		2002 AAU Junior Olympic Games
1.45m		4-09.00			High Jump		6	3		2002 AAU Southeastern Association
4-08.00		1.42m			High Jump			2	8/1/2001	2001 AAU Junior Olympic Games
1.40m		4-07.00			High Jump		10	1	6/22/2001	· ·
1.35m		4-05.00			High Jump		4	4	7/5/2001	
4-02.00		1.27m			High Jump			11	8/1/2000	_
									7/6/2000	· ·
		1 2/m	1 ⊢		High Jilimh					2000 AAU Bedion 3 Track & Field
4-02.00 1.24m		1.27m 4-00.75			High Jump High Jump		10	1 1		2000 AAU Region 3 Track & Field 2000 AAU Southeastern Association

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	Event		Pts	Plac	е	
*I Ashto	n Bish	op (26) 2/6	6/1989	G					
1.62m		5-03.75	F	High Jump	Pentathl			6/26/2003	2003 AAU Region III T&F Championships
1.50m		4-11.00	F	High Jump	Pentathl			7/2/2002	2002 AAU Southeastern Multis
4-05.00		1.34m	F	High Jump	Pentathl			8/1/2001	2001 AAU Junior Olympic Games
3-11.25		1.20m	F	High Jump	Pentathl			8/1/2000	2000 AAU Junior Olympic Games
15-03.00	NWI	4.64m	F	Long Jump	Pentathl			7/23/2003	2003 AAU Junior Olympic Games
4.58m	NWI	15-00.50	F	Long Jump	Pentathl			6/26/2003	2003 AAU Region III T&F Championships
4.04m	NWI	13-03.25	F	Long Jump	Pentathl			7/2/2002	2002 AAU Southeastern Multis
12-09.00	NWI	3.88m	F	Long Jump	Pentathl			8/1/2000	2000 AAU Junior Olympic Games
12-00.00	NWI	3.65m	F	Long Jump	Pentathl			8/1/2001	2001 AAU Junior Olympic Games
9.14m		30-00.00	F	Shot Put	Pentathl			6/26/2003	2003 AAU Region III T&F Championships
29-04.00		8.94m	F	Shot Put	Pentathl			7/23/2003	2003 AAU Junior Olympic Games
7.96m		26-01.50	F	Shot Put	Pentathl			7/2/2002	2002 AAU Southeastern Multis
21-03.00		6.47m	F	Shot Put	Pentathl			8/1/2001	2001 AAU Junior Olympic Games
21-00.00		6.40m	F	Shot Put	Pentathl			8/1/2000	2000 AAU Junior Olympic Games
3123			F	Out Pent			2	7/23/2003	2003 AAU Junior Olympic Games
3019			F	Out Pent		8	2	6/26/2003	2003 AAU Region III T&F Championships
2511			F	Out Pent			10	8/3/2002	2002 AAU Junior Olympic Games
2493			F	Out Pent		8	2	7/2/2002	2002 AAU Southeastern Multis
2183			F	Out Pent			5	8/1/2001	2001 AAU Junior Olympic Games
1994			F	Out Pent			3	7/5/2001	2001 AAU Region 3 Track & Field Meet
1892			F	Out Pent			7	8/1/2000	2000 AAU Junior Olympic Games
1676			F	Out Pent			2	7/6/2000	2000 AAU Region 3 Track & Field
976			F	Triathlon			6	8/1/1999	1999 AAU Junior Olympic Games
798			F	Triathlon		4	5	7/8/1999	1999 AAU Region 3 Track & Field
				Total	Points:	145.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Carly Bisho	op (24) 2/5/1991 G		
17:48.70	F 40	00m Run	16 11/20/2004 2004 AAU Southeastern Cross-Country

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts I	Place	Э	
*I Santa	na Bis	hop (20) 1	2/31/199	94 G					
16.84	NWI		F	100m	Dash	8	2	6/20/2003	2003 Southeastern Association AAU
16.86	NWI		Р	100m	Dash		8	6/26/2003	2003 AAU Region III T&F Championships
16.94	NWI		F	100m	Dash	1	8	6/26/2003	2003 AAU Region III T&F Championships
17.19	NWI		Р	100m	Dash		4	6/20/2003	2003 Southeastern Association AAU
17.32	NWI		Р	100m	Dash		8	7/12/2002	2002 AAU Southeastern Association
17.39	NWI		F	100m	Dash	2	7	7/12/2002	2002 AAU Southeastern Association
3.44m		11-03.50	F		Long Jump	5	4	6/26/2003	2003 AAU Region III T&F Championships
8-11.75	NWI	2.73m	F		Long Jump		24	8/3/2002	2002 AAU Junior Olympic Games
8-08.50	NWI	2.65m	F		Long Jump		33	7/23/2003	2003 AAU Junior Olympic Games
2.61m		8-06.75	F		Long Jump	6	3	6/20/2003	2003 Southeastern Association AAU
2.57m		8-05.25	F		Long Jump	7	2	7/12/2002	2002 AAU Southeastern Association
17-02.75		5.25m	F		Shot Put		13	7/23/2003	2003 AAU Junior Olympic Games
4.84m		15-10.50	F		Shot Put	6	3	6/26/2003	2003 AAU Region III T&F Championships
4.65m		15-03.25	F		Shot Put	10	1	6/20/2003	2003 Southeastern Association AAU
13-02.25		4.02m	F		Shot Put		15	8/3/2002	2002 AAU Junior Olympic Games
3.85m		12-07.75	F		Shot Put	10	1	7/12/2002	2002 AAU Southeastern Association
					Total Points:	55.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts P	Place)	
*I Megan Blai	ir (36) 12/31	/1978	G					
1:04.20		F	400m	Dash		6	6/24/1994	1994 Tennessee State Sportsfest
1:04.60		Р	400m	Dash			6/16/1994	1994 AAU Southeastern Association
1:06.60		F	400m	Dash		2	6/10/1994	1994 Tennessee Regional Sportsfest
2:46.00		F	800m	Run		6	6/24/1994	1994 Tennessee State Sportsfest
2:46.48		F	800m	Run			6/16/1994	1994 AAU Southeastern Association
2:48.80		F	800m	Run		2	6/10/1994	1994 Tennessee Regional Sportsfest
5:30.72		F	1500m	Run		5	6/16/1995	1995 AAU Southeastern Association
6:18.70		F	1500m	Run		2	6/10/1994	1994 Tennessee Regional Sportsfest
12:30.60		F	3000m	Run		3	6/16/1995	1995 AAU Southeastern Association

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts	Place	!	
*I Emma	Bowers	s (25) 4/3	0/1990	G	-				
7.38			F		Dash		6	2/24/2007	2007 AAU Southern Indoor Nationals
7.44			Р	55m	Dash		7	2/24/2007	2007 AAU Southern Indoor Nationals
7.95			Р	60m	Dash		11	2/17/2007	2007 Kentucky High School Invitational
8.14			F	60m	Dash			1/18/2008	2008 Niswonger/KTC HS Indoor Invitationa
12.30	1.9		Р	100m	Dash		2	7/6/2006	2006 AAU Region 3A Track & Field Meet
12.39	NWI		Р	100m	Dash		1	6/23/2006	2006 AAU Southeastern District
12.40	0.7		F	100m	Dash	6	3	7/6/2006	2006 AAU Region 3A Track & Field Meet
12.48	NWI		F	100m	Dash	10	1	6/23/2006	2006 AAU Southeastern District
12.58	NWI		Р	100m	Dash		9	6/29/2007	2007 AAU Southeastern District
12.59	NWI		Р	100m	Dash		29	7/31/2006	2006 AAU Junior Olympic Games
12.80	NWI		F	100m	Dash		36	6/28/2005	2005 USATF Youth Nationals
12.98	NWI		F	100m	Dash	2	7	6/25/2004	2004 AAU Southeastern Association
13.11	NWI		Р	100m	Dash		8	6/25/2004	2004 AAU Southeastern Association
25.19	0.6		F	200m	Dash	10	1	7/6/2006	2006 AAU Region 3A Track & Field Meet
25.20	NWI		F	200m	Dash	10	1	6/23/2006	2006 AAU Southeastern District
25.36	NWI		Р	200m	Dash		2	6/23/2006	2006 AAU Southeastern District
25.53	-0.6		Р	200m	Dash		1	7/6/2006	2006 AAU Region 3A Track & Field Meet
25.72	NWI		Р	200m	Dash		7	6/29/2007	2007 AAU Southeastern District
25.77	NWI		Р	200m	Dash		30	7/31/2006	2006 AAU Junior Olympic Games
25.81			F	200m	Dash		12	2/17/2007	2007 Kentucky High School Invitational
26.07			F	200m	Dash		46	1/26/2007	2007 Niswonger Invitational
26.16	NWI		F	200m	Dash		6	6/29/2007	2007 AAU Southeastern District
26.33	NWI		Q	200m	Dash		40	7/28/2007	2007 AAU Junior Olympic Games
26.40	NWI		F	200m	Dash		34	6/28/2005	2005 USATF Youth Nationals
26.56	NWI		F	200m	Dash	4	5	6/25/2004	2004 AAU Southeastern Association
26.68			F	200m	Dash			1/18/2008	2008 Niswonger/KTC HS Indoor Invitational
26.74	0.6		Р	200m	Dash		8	7/8/2004	2004 AAU Region 3A Track & Field Meet
26.79			Р	200m	Dash		9	2/24/2007	2007 AAU Southern Indoor Nationals
26.88	1.0		F	200m	Dash	1	8	7/8/2004	2004 AAU Region 3A Track & Field Meet
27.03	NWI		Р	200m	Dash		6	6/25/2004	2004 AAU Southeastern Association
29.04	NWI		Р	200m	Dash		17	6/20/2003	2003 Southeastern Association AAU
3.55m		11-07.75	F		Long Jump		12	6/20/2003	2003 Southeastern Association AAU
					Total Points:	43.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conve	ert Rnd	E	vent	Pts	Place	•	
l Hannah	Bowers (25)	4/30/1990	G					
7.36		F	55m	Dash		5	2/24/2007	2007 AAU Southern Indoor Nationals
7.42		Р	55m	Dash		6	2/24/2007	2007 AAU Southern Indoor Nationals
8.01		Р	60m	Dash		14	2/17/2007	2007 Kentucky High School Invitational
25.50 0	.6	F	200m	Dash	5	4	7/6/2006	2006 AAU Region 3A Track & Field Meet
25.73 N	IWI	F	200m	Dash	6	3	6/23/2006	2006 AAU Southeastern District
25.73 N	IWI	Р	200m	Dash		29	7/31/2006	2006 AAU Junior Olympic Games
25.76 N	IWI	Р	200m	Dash		3	6/23/2006	2006 AAU Southeastern District
25.87		F	200m	Dash		41	1/26/2007	2007 Niswonger Invitational
25.88 -	1.4	Р	200m	Dash		5	7/6/2006	2006 AAU Region 3A Track & Field Meet
26.41		Р	200m	Dash		5	2/24/2007	2007 AAU Southern Indoor Nationals
26.45 N	IWI	F	200m	Dash		35	6/28/2005	2005 USATF Youth Nationals
26.61		F	200m	Dash		5	2/24/2007	2007 AAU Southern Indoor Nationals
26.67		F	200m	Dash		19	2/17/2007	2007 Kentucky High School Invitational
27.72 N	IWI	Р	200m	Dash		9	6/25/2004	2004 AAU Southeastern Association
56.39		F	400m	Dash		18	6/14/2007	2007 Nike Outdoor Nationals
56.79		F	400m	Dash		1	6/29/2007	2007 AAU Southeastern District
56.90		Р	400m	Dash		1	7/6/2006	2006 AAU Region 3A Track & Field Meet
57.14		Р	400m	Dash		1	6/29/2007	2007 AAU Southeastern District
57.24		F	400m	Dash	8	2	7/6/2006	2006 AAU Region 3A Track & Field Meet
57.52		Р	400m	Dash		13	7/31/2006	2006 AAU Junior Olympic Games
57.69		F	400m	Dash	8	2	6/23/2006	2006 AAU Southeastern District
58.11		S	400m	Dash		23	7/28/2007	2007 AAU Junior Olympic Games
58.50		Р	400m	Dash		2		2006 AAU Southeastern District
58.60		F	400m	Dash		4	2/24/2007	2007 AAU Southern Indoor Nationals
58.86		F	400m	Dash		19	1/26/2007	2007 Niswonger Invitational
58.99		F	400m	Dash		7	2/17/2007	2007 Kentucky High School Invitational
59.44		Р	400m	Dash		3	2/24/2007	2007 AAU Southern Indoor Nationals
1:00.65		F	400m	Dash		25	6/28/2005	2005 USATF Youth Nationals
1:01.04		Р	400m	Dash		3	7/8/2004	2004 AAU Region 3A Track & Field Meet
1:01.23		F	400m	Dash	5	4	6/25/2004	2004 AAU Southeastern Association
1:01.31		F	400m	Dash	6	3	7/8/2004	2004 AAU Region 3A Track & Field Meet
1:01.35		Р	400m	Dash		4	6/25/2004	2004 AAU Southeastern Association
1:04.50		F	400m	Dash	4	5	6/20/2003	2003 Southeastern Association AAU
1:05.28		Р	400m	Dash		9	6/26/2003	2003 AAU Region III T&F Championships
1:06.01		Р	400m	Dash		6		2003 Southeastern Association AAU
2:25.92		F	800m	Run		24	7/28/2007	2007 AAU Junior Olympic Games
2:29.43		F	800m				6/29/2007	2007 AAU Southeastern District
3.60m	11-09.7	75 F		Long Jump		11	6/20/2003	2003 Southeastern Association AAU
				Total Points:	42.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	ent	Pts I	Place)	
*I Rachel Bo	wers (23) 7/	12/1991	G					
1:03.79		Р	400m	Dash		10	6/25/2004	2004 AAU Southeastern Association
1:04.19		F	400m	Dash			1/18/2008	2008 Niswonger/KTC HS Indoor Invitational
1:07.64		F	400m	Dash	6	3	6/20/2003	2003 Southeastern Association AAU
1:07.86		Р	400m	Dash		3	6/20/2003	2003 Southeastern Association AAU
1:08.37		Р	400m	Dash		8	6/26/2003	2003 AAU Region III T&F Championships
1:10.20		F	400m	Dash	2	7	6/26/2003	2003 AAU Region III T&F Championships
2:35.01		F	800m	Run	5	4	6/25/2004	2004 AAU Southeastern Association
2:35.07		F	800m	Run	8	2	6/23/2006	2006 AAU Southeastern District
2:36.01		F	800m	Run	3	6	7/6/2006	2006 AAU Region 3A Track & Field Meet
2:36.57		F	800m	Run		19	7/23/2003	2003 AAU Junior Olympic Games
2:38.75		F	800m	Run	1	8	7/8/2004	2004 AAU Region 3A Track & Field Meet
2:42.32		F	800m	Run	6	3	6/26/2003	2003 AAU Region III T&F Championships
2:46.25		F	800m	Run	8	2	6/20/2003	2003 Southeastern Association AAU
				Total Points:	39.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Jessica Bra	adley (31) 10/14/1983 (G	
14.15	P 100	Om Dash	14 6/26/1998 1998 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place	
*I Kellie Branch	(37) 1/1/1978 G			
2:46.21	F	800m Run	7/9/1993 1993 /	AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts F	Place)	
Coven Braxto	n (18) 4/29/	1997	G					
6:30.47		F	1500m	Run		2	6/17/2012	2012 AAU Southeastern District Qualifier
6:31.22		F	1500m	Run		9	6/28/2012	2012 AAU Area 6 Championships
13:47.49		F	3000m	Run		1	6/17/2012	2012 AAU Southeastern District Qualifier
14:02.08		F	3000m	Run		4	6/28/2012	2012 AAU Area 6 Championships
10:33.50		F	2000m	StplCh		2	6/28/2012	2012 AAU Area 6 Championships

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E۱	/ent	Pts I	Place)			
*I Jaime Bray (28) 2/20/1987 G										
7:23.71		F	1500m F	Run		6	7/12/1996	1996 AAU Region 3 Track & Field		
7:27.34		F	1500m F	Run		3	6/28/1996	1996 AAU Southeastern Association		
6-10.25 NWI	2.08m	F	Į.	Long Jump		15	6/28/1996	1996 AAU Southeastern Association		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Eve	ent	Pts F	Place)	
*I Jessie Bra	ay (34) 2/20/19	981 G						
14.36 NWI		F	100m D	ash		12	6/28/1996	1996 AAU Southeastern Association
1:13.23		F	400m D	ash		14	6/28/1996	1996 AAU Southeastern Association
52-00.00	15.85m	F	Ja	avelin		3	6/28/1996	1996 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place	е	
*I Karen Bree	ding (35) 3/	/21/1980	G				
18.23 NWI		F	100m Hurdles		5	6/27/1997	1997 AAU Southeastern Association
1:12.03		F	400m Hurdles		1	6/27/1997	1997 AAU Southeastern Association
5-04.00	1.62m	F	High Jump	10	1	7/9/1998	1998 AAU Region 3 Track & Field
5-03.00	1.60m	F	High Jump		9	7/28/1997	1997 AAU Junior Olympic Games
5-02.00	1.57m	F	High Jump	4.5	4	6/26/1998	1998 AAU Southeastern Association
5-02.00	1.57m	F	High Jump		2	6/27/1997	1997 AAU Southeastern Association
			Total Points:	14.5			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	Plac	е				
*I liyasah B	*I liyasah Brown (22) 9/9/1992 G										
2:46.60		F	800m	Run	4	5	6/26/2003	2003 AAU Region III T&F Championships			
3:00.38		F	800m	Run	5	4	6/20/2003	2003 Southeastern Association AAU			
5:46.50		F	1500m	Run	4	5	6/26/2003	2003 AAU Region III T&F Championships			
5:54.52		F	1500m	Run	5	4	6/20/2003	2003 Southeastern Association AAU			
12:40.00		F	3000m	Run	1	1	11/20/2004	2004 AAU Southeastern Cross-Country			
3.58m	11-09.00	F		Long Jump	4	5	6/26/2003	2003 AAU Region III T&F Championships			
3.04m	9-11.75	F		Long Jump	5	4	6/20/2003	2003 Southeastern Association AAU			
				Total Points:	28.0						

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts I	Place	•	
*I Kristin Br	oyles (30) 1/1	4/1985	G					
2:38.14		F	800m	Run		6	7/6/2000	2000 AAU Region 3 Track & Field
2:44.29		F	800m	Run	5	4	6/23/2000	2000 AAU Southeastern Association
2:46.10		F	800m	Run		9	6/22/2001	2001 AAU Southeastern Association
2:50.57		F	800m	Run		9	6/26/1998	1998 AAU Southeastern Association
5:30.55		F	1500m	Run		4	7/6/2000	2000 AAU Region 3 Track & Field
5:35.29		F	1500m	Run		25	8/1/2000	2000 AAU Junior Olympic Games
5:54.57		F	1500m	Run	6	3	6/23/2000	2000 AAU Southeastern Association
6:03.25		F	1500m	Run	2	7	6/26/1998	1998 AAU Southeastern Association
6:11.33		F	1500m	Run	1	8	6/22/2001	2001 AAU Southeastern Association
12:35.52		F	3000m	Run		20	8/1/2000	2000 AAU Junior Olympic Games
12:57.56		F	3000m	Run	5	4	6/22/2001	2001 AAU Southeastern Association
13:10.32		F	3000m	Run	1	6	7/5/2001	2001 AAU Region 3 Track & Field Meet
13:19.67		F	3000m	Run	10	1	6/23/2000	2000 AAU Southeastern Association
13:21.68		F	3000m	Run		2	7/6/2000	2000 AAU Region 3 Track & Field
13:35.25		F	3000m	Run	2	5	7/9/1998	1998 AAU Region 3 Track & Field
14:19.17		F	3000m	Run	5	4	6/26/1998	1998 AAU Southeastern Association
				Total Points:	37.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Place	9	
*I Michell	e Broyles (27)							
1:37.10		Р	400m	Dash		11	6/26/1998	1998 AAU Southeastern Association
38.12 N	1WI	F	200m	Hurdles	1	8	6/22/2001	2001 AAU Southeastern Association
7.24m	23-09.00	F		Shot Put	1	8	6/22/2001	2001 AAU Southeastern Association
17-10.00	5.43m	F		Shot Put		10	7/9/1998	1998 AAU Region 3 Track & Field
14-08.75	4.48m	F		Shot Put	6	3	6/26/1998	1998 AAU Southeastern Association
16.32m	53-06	F		Discus		13	7/5/2001	2001 AAU Region 3 Track & Field Meet
14.73m	48-04	F		Discus	3	6	6/22/2001	2001 AAU Southeastern Association
15.08m	49-06	F		Javelin	1	8	6/22/2001	2001 AAU Southeastern Association
				Total Points:	12.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place	
*I Heather Br	yson (38) 7/11/1976	G		
6:18.00	F	1500m Run	7/9/1993 1993 AAU Southeastern Association	

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Plac	е	
*I Rachael B	urleson (23)	6/28/19	991 G					
12:45.71		F	3000m	Run		5	1/18/2008	2008 Niswonger/KTC HS Indoor Invitational
23:18.00		F	5000m	Run		128	11/24/2007	2007 Footlocker South Region
23:22.00		F	5000m	Run		100	12/2/2006	2006 AAU National Cross-Country
23:54.00		F	5000m	Run		174	11/25/2006	2006 Footlocker South Region
25:52.40		F	5000m	Run		7	11/18/2006	2006 AAU Southeastern Cross-Country
6:24.61		F	1	Mile Run		10	1/18/2008	2008 Niswonger/KTC HS Indoor Invitational

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts Place					
*I Annika Burl	ey (15) 8/3/	/1999	G							
39.95 NWI		Р	200m	Dash		20	6/29/2007	2007 AAU Southeastern District		
1:28.47		Р	400m	Dash		9	7/10/2008	2008 AAU Region 3A Track & Field		
1:29.74		F	400m	Dash	5	4	6/27/2008	2008 AAU Southeastern District		
7:10.09		F	1500m	Run	8	2	6/27/2008	2008 AAU Southeastern District		
6-03.50 NWI	1.91m	F		Long Jump		14	6/29/2007	2007 AAU Southeastern District		
				Total Points:	13.0					

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	Event	Pts	Place	е	
Lexie Burle	еу	(22) 5/28/19	92 G					
29.57 NV	۷I		Р	200m Dash		30	6/29/2007	2007 AAU Southeastern District
4-04.00		1.32m	F	High Jump		4	6/29/2007	2007 AAU Southeastern District
17-06.00 NV	۷I	5.33m	F	Long Jump		1	6/25/2010	2010 AAU Area 5 National Qualifier
16-04.50		4.99m	F	Long Jump		8	1/22/2010	2010 Niswonger/KTC HS Indoor Invitational
16-02.50		4.94m	F	Long Jump		1	6/20/2009	2009 Slipstream Track & Field Championships
15-05.25 1.7	7	4.70m	F	Long Jump	2	7	7/9/2009	2009 AAU Area 5 National Qualifier
14-04.50 NV	۷I	4.38m	F	Long Jump		14	6/29/2007	2007 AAU Southeastern District
37-03.50		11.36m	F	Triple Jump		1	6/20/2009	2009 Slipstream Track & Field Championships
37-03.50 NV	۷I	11.36m	F	Triple Jump		1	6/25/2010	2010 AAU Area 5 National Qualifier
36-10.50		11.23m	F	Triple Jump		1	1/22/2010	2010 Niswonger/KTC HS Indoor Invitational
36-08.00		11.17m	F	Triple Jump		3	2/20/2010	2010 Kentucky High School Invitational
36-05.50 NV	۷I	11.11m	F	Triple Jump		18	7/31/2010	2010 AAU Junior Olympic Games
36-00.50		10.98m	F	Triple Jump		3	2/21/2009	2009 Kentucky High School Invitational
35-10.75 1.9	9	10.94m	F	Triple Jump	8	2	7/10/2008	2008 AAU Region 3A Track & Field
35-08.00 NV	۷I	10.87m	F	Triple Jump		14	7/26/2008	2008 AAU Junior Olympic Games
35-04.00 -1.	6	10.77m	F	Triple Jump	6	3	7/9/2009	2009 AAU Area 5 National Qualifier
35-01.50 NV	۷I	10.70m	F	Triple Jump		15	8/1/2009	2009 AAU Junior Olympic Games
34-03.00		10.43m	F	Triple Jump	10	1	6/27/2008	2008 AAU Southeastern District
34-01.00		10.38m	F	Triple Jump		6	1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
				Total Points:	26.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place
*I Memory By	rington (32)			0. 44454007 4007 4440 41 4 4 0 0 0 4
25:34.20		F	4000m Run	8 11/15/1997 1997 AAU Southeastern Cross-Country

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Times: All AG

 Mark
 Convert
 Rnd
 Event
 Pts
 Place

 *I Ashley Campbell (33) 12/14/1981 G
 G
 ---- 7 11/18/1995 1995 AAU Southeastern Association

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Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Emily Can	npbell (35) 6/19/1979	G	
5:23.00	F	1500m Run	1 6/10/1994 1994 Tennessee Regional Sportsfest

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Conve	ert l	Rnd	E	vent		Pts I	Place	•	
*I Katie	Campl	bell (30)	7/27	7/1984	G						
15.09				Р	100m	Dash			22	6/26/1998	1998 AAU Southeastern Association
27.58	NWI			F	200m	Dash	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
28.35	NWI			F	200m	Dash	Heptathl		12	8/1/2001	2001 AAU Junior Olympic Games
2:34.98				F	800m	Run	Heptathl		6	8/1/2001	2001 AAU Junior Olympic Games
2:35.25				F	800m	Run	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
17.16	NWI			F	100m	Hurdles		8	2		1999 AAU Southeastern Association
17.43	NWI			F	100m	Hurdles		4	5	7/8/1999	1999 AAU Region 3 Track & Field
17.49	NWI			Р	100m	Hurdles			5		1999 AAU Region 3 Track & Field
17.65	NWI			Р	100m	Hurdles			3		1999 AAU Southeastern Association
16.59				F		Hurdles	Heptathl		11		2001 AAU Junior Olympic Games
16.67				F		Hurdles	Heptathl				2000 AAU Junior Olympic Games
33.17				P		Hurdles			8		1998 AAU Region 3 Track & Field
33.97				F		Hurdles			8		1998 AAU Region 3 Track & Field
34.08				F		Hurdles		3	6		1998 AAU Southeastern Association
1:07.95				F		Hurdles		6	3		2001 AAU Southeastern Association
1:07.99				F		Hurdles			1		2000 AAU Region 3 Track & Field
1:08.24				F		Hurdles			9		2000 AAU Junior Olympic Games
1:08.64				F		Hurdles		6	3		2001 AAU Region 3 Track & Field Meet
				F		Hurdles		10	3 1		2000 AAU Southeastern Association
1:10.33				F							
1:11.25				F		Hurdles			20		2001 AAU Darian 3 Track & Field
1:12.02						Hurdles		6	3		1999 AAU Region 3 Track & Field
1:13.02				Р		Hurdles			4		1999 AAU Junior Olympic Games
1:15.40		4.00		F	400m	Hurdles		6	3		1999 AAU Southeastern Association
4-04.00		1.32		F		High Jump		2	5		1998 AAU Region 3 Track & Field
4-04.00		1.32		F -		High Jump		5	4		1998 AAU Southeastern Association
5-01.00		1.54		F -		High Jump	Heptathl		_		2000 AAU Junior Olympic Games
4-11.00		1.49		F -		High Jump	Heptathl		7		2001 AAU Junior Olympic Games
7-06.00		2.28		F -		Pole Vault			12		2000 AAU Junior Olympic Games
7-00.00		2.13		F -		Pole Vault			1		2000 AAU Region 3 Track & Field
2.04m		6-08.2		F		Pole Vault		9	1		2000 AAU Southeastern Association
15-06.00		4.72		F		Long Jump		5	4		1999 AAU Southeastern Association
4.63m		15-02.2		F		Long Jump		2	7		1999 AAU Region 3 Track & Field
16-11.50		5.16		F		Long Jump					2000 AAU Junior Olympic Games
16-05.00		5.00		F		Long Jump	Heptathl		8		2001 AAU Junior Olympic Games
36-01.00	NWI	10.99		F		Triple Jump			2		2000 AAU Region 3 Track & Field
10.78m		35-04.5		F		Triple Jump		1	6		2001 AAU Region 3 Track & Field Meet
35-04.25	NWI	10.77	m	F		Triple Jump			9	8/1/2000	2000 AAU Junior Olympic Games
10.40m		34-01.5	50	F		Triple Jump		8	2	6/22/2001	2001 AAU Southeastern Association
10.27m		33-08.5	50	F		Triple Jump		5	4	7/8/1999	1999 AAU Region 3 Track & Field
33-03.75		10.15	m	F		Triple Jump		8	2	6/25/1999	1999 AAU Southeastern Association
32-03.75	NWI	9.84	m	F		Triple Jump			19	8/1/1999	1999 AAU Junior Olympic Games
9.81m		32-02.2	25	F		Triple Jump		10	1	6/23/2000	2000 AAU Southeastern Association
31-10.75		9.72	m	F		Triple Jump		10	1		1998 AAU Region 3 Track & Field
31-02.50		9.51	m	F		Triple Jump		10	1	6/26/1998	1998 AAU Southeastern Association
30-08.50	NWI	9.36	m	F		Triple Jump			11	8/1/1998	1998 AAU Junior Olympic Games
23-00.00		7.01	m	F		Shot Put	Heptathl		15	8/1/2001	2001 AAU Junior Olympic Games
22-01.00		6.73		F		Shot Put	Heptathl				2000 AAU Junior Olympic Games
67-07.00		20.59		F		Javelin	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
53-02.00		16.20	m	F		Javelin	Heptathl		15	8/1/2001	2001 AAU Junior Olympic Games
3829				F		Heptathlon			8	8/1/2000	2000 AAU Junior Olympic Games

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts F	Place		
*I Katie Car	mpbell (30) 7/27/1984 G					
3614	F	Heptathlon		9	8/1/2001	2001 AAU Junior Olympic Games
3604	F	Heptathlon		2	7/6/2000	2000 AAU Region 3 Track & Field
3551	F	Heptathlon		3	7/5/2001	2001 AAU Region 3 Track & Field Meet
		Total Points:	124.0			

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Times: All AG

 Mark
 Convert
 Rnd
 Event
 Pts
 Place

 *I Kirsten Campbell (33) 12/14/1981 G
 G

 19:50.00
 F
 4000m
 Run
 -- 6
 11/18/1995
 1995 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd		Pt	Pts Place					
*I Tina Cantrell	l (31) 9/8/1983 (3							
19.36 NWI	F	100m Hurdle	es	4 5	6/23/2000	2000 AAU Southeastern Association			
1:14.66	F	400m Hurdle	es	9	7/6/2000	2000 AAU Region 3 Track & Field			
1:16.63	F	400m Hurdle	es	5 4	6/23/2000	2000 AAU Southeastern Association			
2762	F	Heptat	thlon	8	7/6/2000	2000 AAU Region 3 Track & Field			
		Т	otal Points: 9	9.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark C	onvert Rnd	Event	Pts P	ace	•				
*I Mitzi Carr (35) 12/17/1979 G									
5:35.20	F	1500m Run		5	6/16/1994	1994 AAU Southeastern Association			
5:41.20	F	1500m Run		6	7/7/1994	1994 AAU Region 3 Track & Field			
12:05.85	F	3000m Run		3	7/7/1994	1994 AAU Region 3 Track & Field			
12:22.32	F	3000m Run		2	6/16/1994	1994 AAU Southeastern Association			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts Place
*I Mindy Carter	(29) 9/24/1	1985	G		
17.54 NWI		F	100m	Dash	15 6/28/1996 1996 AAU Southeastern Association

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	ent	Pts I	Place)	
Sashmi	yake C	hin (17) 12	2/31/1997	7 G					
13.98	NWI		Р	100m	Dash		23	6/27/2013	2013 AAU Area 6 National Qualifier
14.30	NWI		Р	100m	Dash		31	6/28/2012	2012 AAU Area 6 Championships
14.30	NWI		F	100m	Dash		13	6/16/2013	2013 AAU Southeastern District Qualifier
14.36	NWI		F	100m	Dash		8	6/17/2012	2012 AAU Southeastern District Qualifier
29.15	NWI		Р	200m	Dash		29	6/27/2013	2013 AAU Area 6 National Qualifier
29.54	NWI		F	200m	Dash		16	6/16/2013	2013 AAU Southeastern District Qualifier
29.88	NWI		Р	200m	Dash		34	6/28/2012	2012 AAU Area 6 Championships
30.28	NWI		F	200m	Dash		9	6/17/2012	2012 AAU Southeastern District Qualifier
15-02.25		4.62m	F		Long Jump		4	6/27/2013	2013 AAU Area 6 National Qualifier
15-00.75	+0.0	4.59m	F		Long Jump		55	7/27/2013	2013 AAU Junior Olympic Games
13-11.00		4.24m	F		Long Jump		5	6/17/2012	2012 AAU Southeastern District Qualifier
13-08.00		4.16m	F		Long Jump		11	6/16/2013	2013 AAU Southeastern District Qualifier
13-04.25		4.07m	F		Long Jump		17	6/28/2012	2012 AAU Area 6 Championships
32-01.50	+1.3	9.79m	F		Triple Jump		37	7/27/2013	2013 AAU Junior Olympic Games
31-10.75		9.72m	F		Triple Jump		3	6/27/2013	2013 AAU Area 6 National Qualifier
26-08.00		8.12m	F		Triple Jump		4	6/16/2013	2013 AAU Southeastern District Qualifier

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent		Pts	Pts Place					
Lauren (Church (15) 3/3/2	2000 G										
3:10.40		F	800m	Run			4	6/16/2013	2013 AAU Southeastern District Qualifier			
3:15.88		М	800m	Run		232		6/27/2013	2013 AAU Area 6 National Qualifier			
3:15.94		F	800m	Run			13	6/27/2013	2013 AAU Area 6 National Qualifier			
24.13	NWI	М	100m	Hurdles		51		6/27/2013	2013 AAU Area 6 National Qualifier			
3-10.00	1.16m	F		High Jump			3	6/16/2013	2013 AAU Southeastern District Qualifier			
1.07m	3-06.00	М		High Jump		197		6/27/2013	2013 AAU Area 6 National Qualifier			
3-06.00	1.06m	F		High Jump			8	6/27/2013	2013 AAU Area 6 National Qualifier			
2.96m	9-08.50	М		Long Jump		100		6/27/2013	2013 AAU Area 6 National Qualifier			
6.69m	21-11.50	М		Shot Put		315		6/27/2013	2013 AAU Area 6 National Qualifier			
55-09.00	16.99m	F		Javelin	600 a		7	7/27/2013	2013 AAU Junior Olympic Games			
49-05.00	15.06m	F		Javelin	600 a		1	6/27/2013	2013 AAU Area 6 National Qualifier			
37-07.00	11.45m	F		Javelin	600 a		1	6/16/2013	2013 AAU Southeastern District Qualifier			
895		F		Out Pent			6	6/27/2013	2013 AAU Area 6 National Qualifier			
				Total	Points:	895.0						

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Co	nvert	Rnd	E	vent	Pts	s P	lace	!	
*I Natas	ha Claxton	(37) 9	/28/1977	G						
16.40	NWI		F	100m	Hurdles	-		4	6/16/1995	1995 AAU Southeastern Association
15-06.25	NWI	4.73m	F		Long Jump	-		8	6/16/1995	1995 AAU Southeastern Association

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Alisha Clayto	n (25) 8/22/1989	G	
29.03 NWI	Р	200m Dash	16 6/20/2003 2003 Southeastern Association AAU
1:12.41	Р	400m Dash	20 6/20/2003 2003 Southeastern Association AAU

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place						
*I Laura Clubb (29) 6/4/1985 G										
2:59.16		F	800m Run		11	6/22/2001	2001 AAU Southeastern Association			
2.58m	8-05.50	F	Pole Vault	8	2	6/22/2001	2001 AAU Southeastern Association			
2.28m	7-05.75	F	Pole Vault	2	5	7/5/2001	2001 AAU Region 3 Track & Field Meet			
2.04m	6-08.25	F	Pole Vault	9	1	6/23/2000	2000 AAU Southeastern Association			
6-06.00	1.98m	F	Pole Vault		2	7/6/2000	2000 AAU Region 3 Track & Field			
17.39m	57-01	F	Javelin	6	3	6/23/2000	2000 AAU Southeastern Association			
53-08.00	16.35m	F	Javelin		6	7/6/2000	2000 AAU Region 3 Track & Field			
			Total Points:	25.0						

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Skyy Collie	(31) 12/6/1983 G		
29.66	Р	200m Dash	16 6/26/1998 1998 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	е	
*I Bethany Co	pley (26) 11	/2/1988	G				
1.15m	3-09.25	F	High Jump		14	7/12/2002	2002 AAU Southeastern Association
4.22m	13-10.25	F	Long Jump	6	3	7/12/2002	2002 AAU Southeastern Association
13-09.50 NWI	4.20m	F	Long Jump		39	8/3/2002	2002 AAU Junior Olympic Games
			Total Points:	6.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	ent	Pts Place					
*I Gracie	e Cross	(21) 3/21/	/1994	G							
29.21	NWI		Р	200m	Dash		14	6/27/2008	2008 AAU Southeastern District		
1:08.19			Р	400m	Dash		9	6/27/2008	2008 AAU Southeastern District		
1:09.42			F	400m	Dash		9	6/27/2008	2008 AAU Southeastern District		
34.53	NWI		F	200m	Hurdles	1	8	6/27/2008	2008 AAU Southeastern District		
					Total Points:	1.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Place	•	
*I Rebecca Cu	ılp (26) 10/	27/1988	G					
37.86 NWI		Р	200m	Dash		14	6/23/2000	2000 AAU Southeastern Association
42.17 NWI		Р	200m	Dash		10	6/25/1999	1999 AAU Southeastern Association
12:13.42		F	1500m	Walk		7	7/6/2000	2000 AAU Region 3 Track & Field
14:00.00		F	1500m	Walk	8	2	6/23/2000	2000 AAU Southeastern Association
2-08.00	.81m	F		High Jump	5	4	6/25/1999	1999 AAU Southeastern Association
2.87m	9-05.00	F		Long Jump		10	6/23/2000	2000 AAU Southeastern Association
8-07.00	2.61m	F		Long Jump	5	4	6/25/1999	1999 AAU Southeastern Association
				Total Points:	18.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd		Event	Pts Place					
*I Sarah Culp	(30) 5/25/19	985 G							
38.31		F	200m Hurdles	2	7	6/26/1998	1998 AAU Southeastern Association		
11-11.00	3.63m	F	Long Jump		14	6/25/1999	1999 AAU Southeastern Association		
10-06.50	3.21m	F	Long Jump		14	6/26/1998	1998 AAU Southeastern Association		
30-04.00 NWI	9.24m	F	Triple Jump		13	8/1/1998	1998 AAU Junior Olympic Games		
29-01.25	8.87m	F	Triple Jump	10	1	6/25/1999	1999 AAU Southeastern Association		
27-04.25	8.33m	F	Triple Jump	4	4	7/9/1998	1998 AAU Region 3 Track & Field		
26-00.00	7.92m	F	Triple Jump	8	2	6/26/1998	1998 AAU Southeastern Association		
			Total Points:	24.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event Pts Place						
*I Krishna C	urry (27) 12/9	9/1987	G						
32.32		Р	200m	Dash		10	6/26/1998	1998 AAU Southeastern Association	
6:25.49		F	1500m	Run	8	2	6/26/1998	1998 AAU Southeastern Association	
3-04.00	1.01m	F		High Jump	5	4	6/26/1998	1998 AAU Southeastern Association	
				Total Points:	13.0				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	9	
*I Tina Dalton	(28) 9/10/19	986 G					
4.42m	14-06.00	F	Long Jump	5	4	7/12/2002	2002 AAU Southeastern Association
14-01.25 NWI	4.29m	F	Long Jump		33	8/3/2002	2002 AAU Junior Olympic Games
9.20m	30-02.25	F	Triple Jump	3	6	7/12/2002	2002 AAU Southeastern Association
			Total Points:	8.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conv	ert Rnd	E	ent	Pts Place				
*I Danie	elle Davis (27)	1/26/1988	G						
13.30	NWI	F	100m	Dash	2	7	6/25/2004	2004 AAU Southeastern Association	
13.46	NWI	Р	100m	Dash		8	6/25/2004	2004 AAU Southeastern Association	
15.59	0.8	F	100m	Hurdles	5	4	7/8/2004	2004 AAU Region 3A Track & Field Meet	
16.38	NWI	Р	100m	Hurdles		4	6/25/2004	2004 AAU Southeastern Association	
16.41	NWI	F	100m	Hurdles	4	5	6/25/2004	2004 AAU Southeastern Association	
22.21	NWI	F	100m	Hurdles		33	7/31/2004	2004 AAU Junior Olympic Games	
				Total Points:	11.0				

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Convert Rnd		Event		Pts Place						
Elizabeth Davis	s (15) 12/2	29/1999	G									
29.43 NWI		Р	200m [Dash		12	6/28/2012	2012 AAU Area 6 Championships				
30.74 NWI		F	200m [Dash		3	6/17/2012	2012 AAU Southeastern District Qualifier				
1:03.81		F	400m [Dash		3	6/28/2012	2012 AAU Area 6 Championships				
1:04.31		F	400m [Dash		5	6/27/2013	2013 AAU Area 6 National Qualifier				
1:04.47		Р	400m [Dash		4	6/27/2013	2013 AAU Area 6 National Qualifier				
1:04.62		Р	400m [Dash		54	7/28/2012	2012 AAU Junior Olympic Games				
1:05.16		Р	400m [Dash		4	6/28/2012	2012 AAU Area 6 Championships				
1:06.62		F	400m [Dash		2	6/16/2013	2013 AAU Southeastern District Qualifier				
1:07.88		F	400m [Dash		1	6/17/2012	2012 AAU Southeastern District Qualifier				
5-00.00	1.52m	F	H	ligh Jump		7	7/27/2013	2013 AAU Junior Olympic Games				
4-10.00	1.47m	F	H	ligh Jump		3	6/27/2013	2013 AAU Area 6 National Qualifier				
4-08.00	1.42m	F	F	ligh Jump		2	6/16/2013	2013 AAU Southeastern District Qualifier				
4-08.00	1.42m	F	H	ligh Jump		2	6/28/2012	2012 AAU Area 6 Championships				
4-08.00	1.42m	F	H	ligh Jump		11	7/28/2012	2012 AAU Junior Olympic Games				
4-06.00	1.37m	F	H	ligh Jump		2	6/17/2012	2012 AAU Southeastern District Qualifier				
13-03.75	4.05m	F	L	ong Jump		7	6/28/2012	2012 AAU Area 6 Championships				
11-06.00	3.50m	F		ong Jump		3	6/17/2012	2012 AAU Southeastern District Qualifier				
31-10.00 NWI	9.70m	F	T	riple Jump			7/27/2013	2013 AAU Junior Olympic Games				
30-11.00	9.42m	F	Т	riple Jump		1	6/27/2013	2013 AAU Area 6 National Qualifier				
29-10.00	9.09m	F	Т	riple Jump		1	6/16/2013	2013 AAU Southeastern District Qualifier				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E۱	vent .	Pts Place					
*I Lindsey D	avis (28) 6/2	9/1986	G							
2:35.97		F	800m I	Run	8	2	6/20/2003	2003 Southeastern Association AAU		
2:43.27		F	800m I	Run	4	5	6/26/2003	2003 AAU Region III T&F Championships		
5:24.27		F	1500m I	Run	6	3	6/26/2003	2003 AAU Region III T&F Championships		
5:33.24		F	1500m l	Run	5	4	6/20/2003	2003 Southeastern Association AAU		
12:04.06		F	3000m I	Run	6	3	6/20/2003	2003 Southeastern Association AAU		
12:08.17		F	3000m I	Run	6	3	6/26/2003	2003 AAU Region III T&F Championships		
				Total Points:	35.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts I	Place	е	
*I Shante Dela	ney (25) 5/17/1990	G				
1:08.01	Р	400m Dash		16	6/20/2003	2003 Southeastern Association AAU
2:43.49	F	800m Run		25	2/13/2005	2005 Volunteer Indoor Classic
2:46.65	F	800m Run	2	7	6/20/2003	2003 Southeastern Association AAU
		Total Points	: 2.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	ent	Pts Place					
*I Stacy	Dement	(20) 7/3/	1994	G							
17.84	NWI		Р	100m	Dash		13	6/25/2004	2004 AAU Southeastern Association		
3-02.25		.97m	F		High Jump	5	4	7/8/2004	2004 AAU Region 3A Track & Field Meet		
3-00.00		.91m	F		High Jump	6	3	6/25/2004	2004 AAU Southeastern Association		
9-08.25		2.95m	F		Long Jump	3	6	7/8/2004	2004 AAU Region 3A Track & Field Meet		
8-05.50		2.57m	F		Long Jump	4	5	6/25/2004	2004 AAU Southeastern Association		
					Total Points:	18.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	rk Convert Rnd			vent	Pts F	Place)	
*I Elizabeth	Denton (25)	5/2/1990	G					
1:30.69		F	400m	Dash	10	1	6/26/1998	1998 AAU Southeastern Association
1:34.38		Р	400m	Dash		1	6/26/1998	1998 AAU Southeastern Association
10-11.25	3.33m	F		Shot Put	8	2	6/26/1998	1998 AAU Southeastern Association
				Total Points:	18.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Е	vent	Pts	Place	9	
*I Rebecca Di	xon (31) 5/	31/1983	G					
30.74 NWI		Р	200m	Dash		18	6/28/1996	1996 AAU Southeastern Association
2:18.77		F	800m	Run		8	8/1/2001	2001 AAU Junior Olympic Games
2:18.79		F	800m	Run	8	2	7/5/2001	2001 AAU Region 3 Track & Field Meet
2:19.49		Р	800m	Run			8/1/2001	2001 AAU Junior Olympic Games
2:22.97		F	800m	Run	10	1	6/22/2001	2001 AAU Southeastern Association
1:05.74		F	400m	Hurdles	10	1	7/5/2001	2001 AAU Region 3 Track & Field Meet
1:05.83		F	400m	Hurdles		9	8/1/2001	2001 AAU Junior Olympic Games
1:07.45		F	400m	Hurdles	10	1	6/22/2001	2001 AAU Southeastern Association
53-08.00	16.35m	F		Javelin		3	6/28/1996	1996 AAU Southeastern Association
				Total Points:	38.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts	Place	9	
*I Donielle Du	ff (30) 8/5/1	984 G						
13.00		Р	100m	Dash		7	6/23/2000	2000 AAU Southeastern Association
13.31 NWI		F	100m	Dash		9	6/23/2000	2000 AAU Southeastern Association
13.99		Р	100m	Dash		15	6/26/1998	1998 AAU Southeastern Association
27.01 NWI		F	200m	Dash	1	8	6/23/2000	2000 AAU Southeastern Association
27.37 NWI		Р	200m	Dash		8	6/23/2000	2000 AAU Southeastern Association
28.62		Р	200m	Dash		15	6/26/1998	1998 AAU Southeastern Association
2600		F		Heptathlon		7	7/6/2000	2000 AAU Region 3 Track & Field
				Total Points:	1.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Ev	ent	Pts	Place	9	
*I Heather Di	uncan (37) 1	0/24/19	77 G					
1:04.00		F	400m [Dash		2	6/10/1994	1994 Tennessee Regional Sportsfest
1:05.50		Р	400m [Dash		8	6/16/1994	1994 AAU Southeastern Association
19.40 NWI		F	100m F	Hurdles		1	6/10/1994	1994 Tennessee Regional Sportsfest
1:10.30		F	400m H	lurdles		2	7/7/1994	1994 AAU Region 3 Track & Field
1:11.10		F	400m H	Hurdles		1	6/16/1994	1994 AAU Southeastern Association
1:13.91		F	400m H	Hurdles		15	7/29/1994	1994 AAU Junior Olympic Games

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	Event	Pts	Place	•	
*I Alliso	n Dykes	(32) 4/15	/1983	G					
13.57	-	• •	Р	100m	Dash			6/16/1994	1994 AAU Southeastern Association
13.67	NWI		Р	100m	Dash			6/16/1995	1995 AAU Southeastern Association
13.69	NWI		Р	100m	Dash		2	6/27/1997	1997 AAU Southeastern Association
13.92	NWI		F	100m	Dash		8	6/16/1995	1995 AAU Southeastern Association
13.94			Р	100m	Dash		12	6/26/1998	1998 AAU Southeastern Association
13.98	NWI		F	100m	Dash		8	6/28/1996	1996 AAU Southeastern Association
14.02	NWI		F	100m	Dash		7	6/16/1994	1994 AAU Southeastern Association
14.05	NWI		Р	100m	Dash		7	6/28/1996	1996 AAU Southeastern Association
14.20	NWI		F	100m	Dash		1	6/10/1994	1994 Tennessee Regional Sportsfest
14.37	NWI		F	100m	Dash		3	6/25/1993	1993 Tennessee State Sportsfest
14.49	NWI		F	100m	Dash		11	8/1/1993	1993 AAU Junior Olympic Games
14.71	NWI		Р	100m	Dash		1	7/9/1993	1993 AAU Southeastern Association
14.80	NWI		F	100m	Dash		1	6/12/1993	1993 Tennessee Regional Sportsfest
14.88	NWI		F	100m	Dash		1	7/9/1993	1993 AAU Southeastern Association
14.90	NWI		F	100m	Dash		7	6/24/1994	1994 Tennessee State Sportsfest
15.28	NWI		Р	100m	Dash			6/25/1993	1993 Tennessee State Sportsfest
29.04	NWI		F	200m	Dash		9	6/16/1995	1995 AAU Southeastern Association
29.96	NWI		Р	200m	Dash		14	6/28/1996	1996 AAU Southeastern Association
30.80	NWI		Р	200m	Dash			6/16/1994	1994 AAU Southeastern Association
33.70	NWI		Р	200m	Dash		6	7/9/1993	1993 AAU Southeastern Association
33.74	NWI		F	200m	Dash		5	7/9/1993	1993 AAU Southeastern Association
20.80	NWI		F	100m	Hurdles		7	6/27/1997	1997 AAU Southeastern Association
33.48	NWI		F	200m	Hurdles		4	6/27/1997	1997 AAU Southeastern Association
12-05.00	NWI	3.78m	F		Long Jump		7	6/16/1995	1995 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	Event	Pts F	Place	•	
*I Nakin	na Eddi	ins (25) 12	/17/1989	9 G					
14.28	NWI		Р	100m	Dash		9	6/23/2006	2006 AAU Southeastern District
14.50	NWI		F	100m	Dash		9	6/23/2006	2006 AAU Southeastern District
4-06.00		1.37m	F		High Jump	5	4	6/23/2006	2006 AAU Southeastern District
4-06.00		1.37m	F		High Jump	8	2	7/6/2006	2006 AAU Region 3A Track & Field Meet
12-11.00		3.93m	F		Long Jump	2	7	6/23/2006	2006 AAU Southeastern District
31-11.50	2.2	9.74m	F		Triple Jump	1	8	7/6/2006	2006 AAU Region 3A Track & Field Meet
28-00.75		8.55m	F		Triple Jump	3	6	6/23/2006	2006 AAU Southeastern District
2018			F		Heptathlon	3	6	7/6/2006	2006 AAU Region 3A Track & Field Meet
					Total Points:	22.0			-

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts I	Place)	
*I Emily Edd	s (28) 4/8/198	37 G						
21:14.33		F	3000m	Walk	8	2	6/22/2001	2001 AAU Southeastern Association
21:57.99		F	3000m	Walk		12	8/1/2001	2001 AAU Junior Olympic Games
21:59.90		F	3000m	Walk	6	3	7/5/2001	2001 AAU Region 3 Track & Field Meet
				Total Points:	14.0			-

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Ellen Ehr	enfried (20) 8/29/199	94 G	
13:15.57	F	3000m Run	41 12/4/2004 2004 AAU National Cross-Country
14:02.30	F	3000m Run	3 11/20/2004 2004 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

South Region
nal Cross-Country
neastern Cross-Country
io

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	Place	•	
*I Emily Felt	y (28) 3/24/19	87 G						
5:26.05		F	1500m	Run	6	3	7/12/2002	2002 AAU Southeastern Association
11:45.13		F	3000m	Run	8	2	7/12/2002	2002 AAU Southeastern Association
				Total Points:	14.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert R	nd E	Event	Pts I	Place	•	
Heather Feu	chtenberger (16	3/16/1999	G				
1:04.24	F	400m	Dash		12	7/3/2014	2014 AAU Region 6 National Qualifier
1:04.47	ı	400m	Dash		5	6/16/2014	2014 AAU Southeastern District Qualifier
2:26.30	ı	800m	Run		1	7/3/2014	2014 AAU Region 6 National Qualifier
2:28.92	I	800m	Run		2	6/16/2014	2014 AAU Southeastern District Qualifier

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	l Event		Pts Place					
*I Amber Fields	(26) 10/7	/1988	G							
36.25		Р	200m	Dash		8	6/26/1998	1998 AAU Southeastern Association		
36.52		F	200m	Dash	1	8	6/26/1998	1998 AAU Southeastern Association		
9-08.00	2.94m	F		Long Jump		9	7/9/1998	1998 AAU Region 3 Track & Field		
9-07.50	2.93m	F		Long Jump	10	1	6/26/1998	1998 AAU Southeastern Association		
300		F		Triathlon		9	7/9/1998	1998 AAU Region 3 Track & Field		
				Total Points:	11.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	Event	Pts	Plac	е	
Sarah F	lecken	stein (17)	11/4/19	97 G					
16.20		, ,	Р	100m	Dash		19	7/8/2010	2010 AAU Area 5 National Qualifier
16.61	NWI		F	100m	Dash	4	5	6/26/2009	2009 AAU Southeastern Track & Field Champion
17.12	NWI		F	100m	Dash		14	6/27/2010	2010 AAU Southeastern District Qualifier #3
34.22	NWI		Р	200m	Dash		21	7/8/2010	2010 AAU Area 5 National Qualifier
34.57	NWI		F	200m	Dash	3	6	6/26/2009	2009 AAU Southeastern Track & Field Champion
34.78	NWI		F	200m	Dash		17	6/27/2010	2010 AAU Southeastern District Qualifier #3
2:58.58			F	800m	Run		4	6/19/2011	2011 AAU Southeastern District Qualifier
2:59.25			F	800m	Run		5	7/16/2011	2011 Volunteer Youth Invitational
2:59.55			F	800m	Run		19	6/28/2012	2012 AAU Area 6 Championships
3:00.91			F	800m	Run		13	6/30/2011	2011 AAU Area 5 National Qualifier
3:01.66			М	800m	Run	350		6/30/2011	2011 AAU Area 5 National Qualifier
3:02.51			F	800m	Run		5	6/17/2012	2012 AAU Southeastern District Qualifier
14:54.00			F	3000m	Run		37	11/27/2010	2010 Footlocker South Region
20:29.00			F	4000m	Run		4	11/13/2010	2010 AAU Southeastern Cross-Country
21.30	NWI		F	80m	Hurdles	2	7	6/26/2009	2009 AAU Southeastern Track & Field Champio
22.06	NWI		М	100m	Hurdles	153		6/30/2011	2011 AAU Area 5 National Qualifier
22.22	NWI		F	100m	Hurdles		8	6/30/2011	2011 AAU Area 5 National Qualifier
22.41	NWI		F	100m	Hurdles		6	7/16/2011	2011 Volunteer Youth Invitational
22.53	NWI		Р	100m	Hurdles		15	6/28/2012	2012 AAU Area 6 Championships
23.49	NWI		F	100m	Hurdles		5		2012 AAU Southeastern District Qualifier
23.64	NWI		F	100m	Hurdles	3	6	7/8/2010	2010 AAU Area 5 National Qualifier
26.17	NWI		F	100m	Hurdles	5	4	6/27/2010	2010 AAU Southeastern District Qualifier #3
37.16	NWI		F	200m	Hurdles		7	6/30/2011	2011 AAU Area 5 National Qualifier
41.22	NWI		F	200m	Hurdles	3	6	7/8/2010	2010 AAU Area 5 National Qualifier
43.71	NWI		F	200m	Hurdles	5	4	6/27/2010	2010 AAU Southeastern District Qualifier #3
1.12m		3-08.00	М		High Jump	239		6/30/2011	2011 AAU Area 5 National Qualifier
10-05.50		3.18m	F		Long Jump		8	6/17/2012	2012 AAU Southeastern District Qualifier
2.50m		8-02.50	М		Long Jump	34		6/30/2011	2011 AAU Area 5 National Qualifier
5.31m		17-05.25	М		Shot Put	228		6/30/2011	2011 AAU Area 5 National Qualifier
47-09.00		14.55m	F		Javelin		3	6/30/2011	2011 AAU Area 5 National Qualifier
47-04.00		14.42m	F		Javelin		2	6/17/2012	2012 AAU Southeastern District Qualifier
47-03.00		14.40m	F		Javelin		2	7/16/2011	2011 Volunteer Youth Invitational
41-00.00		12.49m	F		Javelin		12	6/28/2012	2012 AAU Area 6 Championships
1004			F		Out Pent		6		2011 AAU Area 5 National Qualifier
					Total Poir	nts: 1,029.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place	•	
*I Lori Fleen	or (30) 9/27/1	1984 G					
23-06.50	7.17m	F	Shot Put		2	6/28/1996	1996 AAU Southeastern Association
22-11.00	6.98m	F	Shot Put		4	7/12/1996	1996 AAU Region 3 Track & Field
57-01.50	17.41m	F	Discus		3	7/12/1996	1996 AAU Region 3 Track & Field
54-00.00	16.45m	F	Discus		1	6/28/1996	1996 AAU Southeastern Association

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd Event		vent	Pts I	Place)			
*I Rebecca F	leenor (32)	1/4/1983	G							
1:16.45		Р	400m	Dash		14	6/28/1996	1996 AAU Southeastern Association		
3:18.16		F	800m	Run		15	6/28/1996	1996 AAU Southeastern Association		
6:41.95		F	1500m	Run		12	6/28/1996	1996 AAU Southeastern Association		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent		Pts	Place)	
*I Talayı	na For	tunato (34)	8/9/198	0 G						
27.73	NWI		F	200m	Dash	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
2:46.79			F	800m	Run	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
16.03			Р	100m	Hurdles			3	6/26/1998	1998 AAU Southeastern Association
16.22			F	100m	Hurdles		4	5	6/26/1998	1998 AAU Southeastern Association
16.70	NWI		Р	100m	Hurdles			7	7/9/1998	1998 AAU Region 3 Track & Field
16.94	NWI		F	100m	Hurdles			7	7/9/1998	1998 AAU Region 3 Track & Field
18.94	NWI		Р	100m	Hurdles			12	6/25/1999	1999 AAU Southeastern Association
15.60	NWI		F	100m	Hurdles	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
1:11.05			F	400m	Hurdles		8	2	6/26/1998	1998 AAU Southeastern Association
1:11.52			F	400m	Hurdles		4	4	7/9/1998	1998 AAU Region 3 Track & Field
1:13.30			Р	400m	Hurdles			6	7/8/1999	1999 AAU Region 3 Track & Field
1:15.67			F	400m	Hurdles		2	7	7/8/1999	1999 AAU Region 3 Track & Field
1:21.19			F	400m	Hurdles		3	6	6/25/1999	1999 AAU Southeastern Association
1.57m		5-01.75	F		High Jump	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
7-06.50		2.29m	F		Pole Vault			17	8/1/1999	1999 AAU Junior Olympic Games
2.28m		7-05.75	F		Pole Vault		5	4	7/8/1999	1999 AAU Region 3 Track & Field
7-00.00		2.13m	F		Pole Vault		8	2	6/25/1999	1999 AAU Southeastern Association
17-03.25		5.26m	F		Long Jump		6	3	6/26/1998	1998 AAU Southeastern Association
16-11.75		5.17m	F		Long Jump		4	4	7/9/1998	1998 AAU Region 3 Track & Field
15-10.00	NWI	4.82m	F		Long Jump			21	8/1/1998	1998 AAU Junior Olympic Games
5.07m	NWI	16-07.75	F		Long Jump	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
32-10.00		10.00m	F		Triple Jump		6	3	6/26/1998	1998 AAU Southeastern Association
29-04.50		8.95m	F		Triple Jump			8	7/9/1998	1998 AAU Region 3 Track & Field
8.75m		28-08.50	F		Shot Put	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
66-01.00		20.14m	F		Javelin		3	6	6/25/1999	1999 AAU Southeastern Association
18.86m		61-10	F		Javelin		2	7	7/8/1999	1999 AAU Region 3 Track & Field
22.96m		75-04	F		Javelin	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
3984			F		Heptathlon		8	2	7/9/1998	1998 AAU Region 3 Track & Field
3258			F		Heptathlon		3	6	7/8/1999	1999 AAU Region 3 Track & Field
					Total I	Points:	66.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place						
*I Meredith F	ox (26) 2/9/	1989 G	ì							
18.69 NWI		Р	100m Dash			6/27/1997	1997 AAU Southeastern Association			
9-00.50	2.75m	F	Long Jump	3	6	6/26/1998	1998 AAU Southeastern Association			
8-07.75 NWI	2.63m	F	Long Jump		4	6/27/1997	1997 AAU Southeastern Association			
8-06.00	2.59m	F	Long Jump		12	7/9/1998	1998 AAU Region 3 Track & Field			
16-11.00	5.15m	F	Shot Put	4	4	7/9/1998	1998 AAU Region 3 Track & Field			
14-08.00	4.47m	F	Shot Put		10	8/1/1998	1998 AAU Junior Olympic Games			
12-08.50	3.87m	F	Shot Put	8	2	6/26/1998	1998 AAU Southeastern Association			
10-11.50	3.34m	F	Shot Put		4	6/27/1997	1997 AAU Southeastern Association			
			Total Points:	15.0						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	(Convert	Rnd	E	Event	Pts Place						
*I Jessi	a Frankl	in (26) 2	2/22/1989	G								
1:12.62			Р	400m	Dash		13	6/24/2005	2005 AAU Southeastern District			
2:58.26			F	800m	Run		10	7/7/2005	2005 AAU Region 3A Championships			
2:59.90			F	800m	Run	4	5	6/24/2005	2005 AAU Southeastern District			
1:22.08			Р	400m	Hurdles		9	7/6/2006	2006 AAU Region 3A Track & Field Meet			
1:26.85			F	400m	Hurdles	6	3	6/23/2006	2006 AAU Southeastern District			
31-01.00	NWI	9.47m	F		Triple Jump		6	7/7/2005	2005 AAU Region 3A Championships			
31-00.00	1.5	9.44m	F		Triple Jump		9	7/6/2006	2006 AAU Region 3A Track & Field Meet			
30-03.00		9.22m	F		Triple Jump	6	3	6/23/2006	2006 AAU Southeastern District			
28-00.50		8.54m	F		Triple Jump	3	6	6/24/2005	2005 AAU Southeastern District			
25-04.00		7.72m	F		Shot Put	5	4	6/24/2005	2005 AAU Southeastern District			
23-06.00		7.16m	F		Shot Put		9	7/7/2005	2005 AAU Region 3A Championships			
78-03.00		23.85m	F		Discus	6	3	6/23/2006	2006 AAU Southeastern District			
72-08.00		22.14m	F		Discus	1	8	7/6/2006	2006 AAU Region 3A Track & Field Meet			
73-09.00		22.47m	F		Javelin	5	4	7/6/2006	2006 AAU Region 3A Track & Field Meet			
72-06.00		22.09m	F		Javelin	5	4	6/23/2006	2006 AAU Southeastern District			
2548			F		Heptathlon	4	5	7/6/2006	2006 AAU Region 3A Track & Field Meet			
					Total Points:	45.0						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place	е	
*I Ashley Fr	iedrichs (24)	11/6/1990	G				
6-00.00	1.82m	F	Pole Vault	10	1	6/25/2004	2004 AAU Southeastern Association
6-00.00	1.82m	F	Pole Vault	10	1	7/8/2004	2004 AAU Region 3A Track & Field Meet
			Total Points:	20.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event		Pts I	Place	•	
Chelsea Gai	ines (21) 3/4/	1994 G						
28-07.50	8.72m	F	Shot Put	4 k		9	6/30/2011	2011 AAU Area 5 National Qualifier
68-09.00	20.95m	F	Discus			6	6/19/2011	2011 AAU Southeastern District Qualifier
67-07.00	20.59m	F	Discus			10	6/30/2011	2011 AAU Area 5 National Qualifier
53-07.00	16.33m	F	Javelin			9	6/30/2011	2011 AAU Area 5 National Qualifier

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts	Place	•	
Abigail	Gantz	(14) 7/1/20	00 G						
15.36	NWI		Р	100m	Dash		12	6/28/2012	2012 AAU Area 6 Championships
15.47	NWI		F	100m	Dash		5	6/17/2012	2012 AAU Southeastern District Qualifier
32.38	NWI		F	200m	Dash		6	6/17/2012	2012 AAU Southeastern District Qualifier
33.62	NWI		Р	200m	Dash		24	6/28/2012	2012 AAU Area 6 Championships
1:11.24			F	400m	Dash		6	6/16/2013	2013 AAU Southeastern District Qualifier
1:13.60			F	400m	Dash		2	7/14/2012	2012 Volunteer Youth Invitational
38.00	NWI		F	200m	Hurdles		4	6/16/2013	2013 AAU Southeastern District Qualifier
12-00.00		3.65m	F		Long Jump		7	6/16/2013	2013 AAU Southeastern District Qualifier
3.32m		10-10.75	F		Long Jump		1	7/14/2012	2012 Volunteer Youth Invitational
10-06.75		3.21m	F		Long Jump		12	6/28/2012	2012 AAU Area 6 Championships
10-02.50		3.11m	F		Long Jump		2	6/17/2012	2012 AAU Southeastern District Qualifier
26-04.75		8.04m	F		Triple Jump		4	6/27/2013	2013 AAU Area 6 National Qualifier
25-01.50		7.65m	F		Triple Jump		3	6/16/2013	2013 AAU Southeastern District Qualifier
24-03.75	+0.5	7.41m	F		Triple Jump		21	7/27/2013	2013 AAU Junior Olympic Games

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Ashley Gi	ibson (37) 11/9/1977	G	
4:51.93	F	1500m Run	3 8/1/1993 1993 AAU Junior Olympic Games
5:02.57	F	1500m Run	1 7/9/1993 1993 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	Event P		Pts Place				
*I Vanessa Gibson (31) 1/28/1984 G										
30.86	NWI		F	200m	Dash	Heptathl			7/2/2002	2002 AAU Southeastern Multis
2:51.21			F	800m	Run		6	3	7/12/2002	2002 AAU Southeastern Association
2:46.47			F	800m	Run	Heptathl			7/2/2002	2002 AAU Southeastern Multis
21.41	NWI		F	100m	Hurdles	Heptathl			7/2/2002	2002 AAU Southeastern Multis
1.10m		3-07.25	F		High Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis
3.19m	NWI	10-05.75	F		Long Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis
7.67m		25-02.00	F		Shot Put	Heptathl			7/2/2002	2002 AAU Southeastern Multis
15.80m		51-10	F		Javelin		1	8	7/12/2002	2002 AAU Southeastern Association
18.16m		59-07	F		Javelin	Heptathl			7/2/2002	2002 AAU Southeastern Multis
2116			F		Heptathlon		5	4	7/2/2002	2002 AAU Southeastern Multis
					Total I	Points:	12.0			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Conv	ert F	≀nd	E	vent		Pts	Place)	
*I Jorda	n Gose	(18) 8	3/13/19	96	G						
33.28		. ,		Р	200m	Dash			11	6/29/2007	2007 AAU Southeastern District
1:13.29				F	400m	Dash		3	6	6/27/2008	2008 AAU Southeastern District
1:17.39				Р	400m	Dash			14	7/10/2008	2008 AAU Region 3A Track & Field
2:48.23				М	800m	Run				7/28/2007	2007 AAU Junior Olympic Games
2:57.83				М	800m	Run				7/26/2008	2008 AAU Junior Olympic Games
3:01.32				М	800m	Run		353		7/7/2007	2007 SEAAU District Multi-Event Championship
3:08.38				М	800m	Run		291			2008 AAU Region 3A Track & Field
15.97	+1.3			М	80m	Hurdles					2008 AAU Junior Olympic Games
16.06	1.4			М	80m	Hurdles		575			2008 AAU Region 3A Track & Field
17.59	0.5			М	80m	Hurdles		407		7/7/2007	2007 SEAAU District Multi-Event Championship
17.70	NWI			F	80m	Hurdles		8	2	7/10/2008	2008 AAU Region 3A Track & Field
17.70	NWI			F	80m	Hurdles		8	2		2008 AAU Southeastern District
18.66	NWI			F	80m	Hurdles			6	6/29/2007	2007 AAU Southeastern District
21.14	NWI			F	80m	Hurdles			34	7/28/2007	2007 AAU Junior Olympic Games
18.11	NWI			М	80m	Hurdles	Pentathl				2007 AAU Junior Olympic Games
1.31m		4-03.	.50	М		High Jump		419		7/10/2008	2008 AAU Region 3A Track & Field
4-02.00		1.27	7m	F		High Jump		5	4	7/10/2008	2008 AAU Region 3A Track & Field
1.25m		4-01.	.25	М		High Jump				7/26/2008	2008 AAU Junior Olympic Games
4-00.00		1.2	1m	F		High Jump			14	7/28/2007	2007 AAU Junior Olympic Games
3-10.00		1.16	3m	F		High Jump		4.5	4	6/27/2008	2008 AAU Southeastern District
1.15m		3-09.	.25	М		High Jump		266		7/7/2007	2007 SEAAU District Multi-Event Championship
3-08.00		1.1	1m	F		High Jump			6	6/29/2007	2007 AAU Southeastern District
3.75m	NWI	12-03.	.75	M		Long Jump				7/28/2007	2007 AAU Junior Olympic Games
3.61m	NWI	11-10.	.25	M		Long Jump				7/26/2008	2008 AAU Junior Olympic Games
3.49m	8.0	11-05.	.50	M		Long Jump		198		7/10/2008	2008 AAU Region 3A Track & Field
3.29m		10-09.	.50	M		Long Jump		159		7/7/2007	2007 SEAAU District Multi-Event Championship
6.98m		22-11.	.00	M		Shot Put				7/26/2008	2008 AAU Junior Olympic Games
6.73m		22-01.	.00	M		Shot Put		318		7/10/2008	2008 AAU Region 3A Track & Field
6.40m		21-00.	.00	M		Shot Put					2007 AAU Junior Olympic Games
5.32m		17-05.	.50	M		Shot Put		228		7/7/2007	2007 SEAAU District Multi-Event Championship
1889				F		Out Pent			19	7/26/2008	2008 AAU Junior Olympic Games
1801				F		Out Pent		8	2	7/10/2008	2008 AAU Region 3A Track & Field
1413				F		Out Pent			4	7/7/2007	2007 SEAAU District Multi-Event Championship
1388				F		Out Pent			23		2007 AAU Junior Olympic Games
						Total I	Points: 3	.250.5			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		(Convert	Rnd	E	vent	Pts	Plac	е	
Kaely G	ose	(17)	1/30/199	8 G						
33.19	NWI			M	200m	Dash			7/26/2008	2008 AAU Junior Olympic Games
33.56	-0.8			M	200m	Dash	263		7/10/2008	2008 AAU Region 3A Track & Field
33.62	NWI			F	200m	Dash		9	6/27/2008	2008 AAU Southeastern District
33.77	NWI			Р	200m	Dash		9	6/27/2008	2008 AAU Southeastern District
34.16	NWI			Р	200m	Dash		8	6/29/2007	2007 AAU Southeastern District
34.96	NWI			F	200m	Dash		8	6/29/2007	2007 AAU Southeastern District
2:53.24				М	800m	Run	430		7/9/2009	2009 AAU Area 5 National Qualifier
19.38	NWI			М	80m	Hurdles	244		7/9/2009	2009 AAU Area 5 National Qualifier
19.47	NWI			F	80m	Hurdles	8	2	6/26/2009	2009 AAU Southeastern Track & Field Champio
19.73	NWI			F	80m	Hurdles	6	3	7/9/2009	2009 AAU Area 5 National Qualifier
4-08.00			1.42m	F		High Jump	10	1	6/27/2010	2010 AAU Southeastern District Qualifier #3
4-06.00			1.37m	F		High Jump	8	2	7/8/2010	2010 AAU Area 5 National Qualifier
4-04.00			1.32m	F		High Jump	10	1	6/26/2009	2009 AAU Southeastern Track & Field Champio
4-02.00			1.27m	F		High Jump	10	1		2008 AAU Southeastern District
4-02.00			1.27m	F		High Jump		1	7/28/2007	2007 AAU Junior Olympic Games
1.27m			4-02.00	М		High Jump	379		7/10/2008	2008 AAU Region 3A Track & Field
1.25m			4-01.25	М		High Jump			7/26/2008	2008 AAU Junior Olympic Games
4-00.00			1.21m	F		High Jump		2	7/26/2008	2008 AAU Junior Olympic Games
4-00.00			1.21m	F		High Jump	10	1	7/10/2008	2008 AAU Region 3A Track & Field
3-10.00			1.16m	F		High Jump	10	1	7/9/2009	2009 AAU Area 5 National Qualifier
3-08.00			1.11m	F		High Jump		1	6/29/2007	2007 AAU Southeastern District
1.10m			3-07.25	M		High Jump	222		7/9/2009	2009 AAU Area 5 National Qualifier
3.72m	1.9		12-02.50	М		Long Jump	246		7/9/2009	2009 AAU Area 5 National Qualifier
11-11.50			3.64m	F		Long Jump	2	7	6/27/2010	2010 AAU Southeastern District Qualifier #3
11-04.00	-1.5		3.45m	F		Long Jump	8	2	7/9/2009	2009 AAU Area 5 National Qualifier
11-03.50	+0.0		3.44m	F		Long Jump	3	6	7/10/2008	2008 AAU Region 3A Track & Field
11-02.25			3.41m	F		Long Jump	8	2	6/26/2009	2009 AAU Southeastern Track & Field Champio
11-02.00			3.40m	F		Long Jump	5	4	6/27/2008	2008 AAU Southeastern District
8-11.50	NWI		2.73m	F		Long Jump		7	6/29/2007	2007 AAU Southeastern District
6.69m		:	21-11.50	М		Shot Put	315		7/9/2009	2009 AAU Area 5 National Qualifier
5.29m			17-04.25	М		Shot Put	226		7/10/2008	2008 AAU Region 3A Track & Field
4.65m			15-03.25	М		Shot Put				2008 AAU Junior Olympic Games
1457				F		Out Pent	6	3		2009 AAU Area 5 National Qualifier
868				F		Triathlon	10	1	7/10/2008	2008 AAU Region 3A Track & Field
828				F		Triathlon		14		2008 AAU Junior Olympic Games
						Total Poi	nts: 2,439.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Moreyan Cose 18 8 131 1996 C	Number of 10	p rime			_	_		_			
13.45 NW	Mark		Convert	Rnd	<u> </u>	vent		Pts	Place)	
13.71 NW	*I Morga	an Gose	(18) 8/13	/1996	G						
13.88 NWI	13.45	NWI		Р	100m	Dash			2	7/9/2009	2009 AAU Area 5 National Qualifier
14.09 2.1	13.71	NWI		F	100m	Dash		8	2	7/9/2009	2009 AAU Area 5 National Qualifier
14.15 NW	13.88	NWI		F	100m	Dash		10	1	6/26/2009	2009 AAU Southeastern Track & Field Champion
14.18 NW	14.09	2.1		F	100m	Dash		3	6	7/10/2008	2008 AAU Region 3A Track & Field
14.24 0.7	14.15	NWI		Q	100m	Dash			31	7/28/2007	2007 AAU Junior Olympic Games
14.25 NWI	14.18	NWI		Р	100m	Dash			2	6/27/2008	2008 AAU Southeastern District
14.42 NWI	14.24	0.7		Р	100m	Dash			7	7/10/2008	2008 AAU Region 3A Track & Field
1.447 NWI	14.25	NWI		Р	100m	Dash			1	6/29/2007	2007 AAU Southeastern District
2-44.79	14.32	NWI		F	100m	Dash			1	6/29/2007	2007 AAU Southeastern District
2-49.92	14.47	NWI		F	100m	Dash		8	2	6/27/2008	2008 AAU Southeastern District
2:49.92 M 800m Run 464 7/7/2007 2007 SEAAU District Multi-Event Championships 2:50.58 M 800m Run	2:44.79			M	800m	Run		519		7/9/2009	2009 AAU Area 5 National Qualifier
2:50.58	2:45.31			M	800m	Run				7/28/2007	2007 AAU Junior Olympic Games
2:50.98	2:49.92			М	800m	Run		464		7/7/2007	2007 SEAAU District Multi-Event Championships
13.88 -0.4 M 80m Hurdles 77.66/2008 2008 AAU Junior Olympic Games 7/10/2008 2008 AAU Junior Olympic Games 7/10/2008 2008 AAU Squinheastern District 14.90 NWI F 80m Hurdles 10 1 6/27/2008 2008 AAU Region 3A Track & Field 15.40 NWI F 80m Hurdles 14 7/28/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.79 NWI F 100m Hurdles 615 7/9/2009 2009 AAU Area 5 National Qualifier 16.83 NWI F 100m Hurdles 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 16.81 NWI F 200m Hurdles 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 18.80 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern District 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Southeastern District 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Southeastern District 1.40m 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 1.40m 1.32m	2:50.58			M	800m	Run		457		7/10/2008	2008 AAU Region 3A Track & Field
13.88 -0.4 M 80m Hurdles 77.66/2008 2008 AAU Junior Olympic Games 7/10/2008 2008 AAU Junior Olympic Games 7/10/2008 2008 AAU Squinheastern District 14.90 NWI F 80m Hurdles 10 1 6/27/2008 2008 AAU Region 3A Track & Field 15.40 NWI F 80m Hurdles 14 7/28/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.40 -1.3 M 80m Hurdles 1 6/29/2007 2007 AAU Junior Olympic Games 16.79 NWI F 100m Hurdles 615 7/9/2009 2009 AAU Area 5 National Qualifier 16.83 NWI F 100m Hurdles 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 16.81 NWI F 200m Hurdles 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 18.80 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern District 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Southeastern District 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Southeastern District 1.40m 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 1.40m 1.32m F High Jump 10 1 6/26/2009 2009 AAU Area 5 National Qualifier 1.40m 1.32m	2:50.98			М	800m	Run				7/26/2008	2008 AAU Junior Olympic Games
14.26 1.4	13.88	-0.4		М	80m	Hurdles					
14.90 NWI	14.26	1.4		М	80m	Hurdles		809			
14.90 NWI	14.90	NWI		F	80m	Hurdles		10	1		
16.25 NW	14.90	NWI		F	80m	Hurdles		10	1	7/10/2008	2008 AAU Region 3A Track & Field
16.25 NW	15.40	NWI		F	80m	Hurdles			14	7/28/2007	2007 AAU Junior Olympic Games
16.86 NWI	16.25	NWI		F	80m	Hurdles			1		
16.79 NWI	16.40	-1.3		M	80m	Hurdles		537		7/7/2007	2007 SEAAU District Multi-Event Championships
16.83 NW	16.86	NWI		M	80m	Hurdles	Pentathl			7/28/2007	2007 AAU Junior Olympic Games
16.83 NW	16.79	NWI		F	100m	Hurdles		10	1	7/9/2009	2009 AAU Area 5 National Qualifier
31.32 NW				М	100m	Hurdles		615		7/9/2009	2009 AAU Area 5 National Qualifier
31.32 NW	16.91	NWI		F	100m	Hurdles		10	1	6/26/2009	2009 AAU Southeastern Track & Field Champion
4-08.00 1.42m F High Jump 8 2 7/9/2009 2009 AAU Area 5 National Qualifier 4-08.00 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.40m 4-07.00 M High Jump 512 7/9/2009 2009 AAU Area 5 National Qualifier 1.36m 4-05.50 M High Jump 470 7/10/2008 2008 AAU Begion 3A Track & Field 1.35m 4-05.00 M High Jump 10 1 6/27/2008 2008 AAU Junior Olympic Games 4-04.00 1.32m F High Jump 8 2 7/10/2008 2008 AAU Southeastern District 4-04.00 1.32m F High Jump 8 2 7/10/2008 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 8 2 7/10/2008 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 8 2 7/10/200 2007 SEAAU District Multi-Event Championships	31.32	NWI		F	200m	Hurdles		10	1	7/9/2009	2009 AAU Area 5 National Qualifier
4-08.00 1.42m F High Jump 10 1 6/26/2009 2009 AAU Southeastern Track & Field Champion 1.40m 4-07.00 M High Jump 512 7/9/2009 2009 AAU Area 5 National Qualifier 1.36m 4-05.50 M High Jump 470 7/10/2008 2008 AAU Begion 3A Track & Field 1.35m 4-05.00 M High Jump	32.00	NWI		F	200m	Hurdles		10	1	6/26/2009	2009 AAU Southeastern Track & Field Champion
1.40m 4-07.00 M High Jump 512 7/9/2009 2009 AAU Area 5 National Qualifier 1.36m 4-05.50 M High Jump 470 7/10/2008 2008 AAU Region 3A Track & Field 1.35m 4-05.00 M High Jump 7/26/2008 2008 AAU Junior Olympic Games 4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 14 7/20/200 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M Long Jump	4-08.00		1.42m	F		High Jump		8	2	7/9/2009	2009 AAU Area 5 National Qualifier
1.36m 4-05.50 M High Jump 470 7/10/2008 2008 AAU Region 3A Track & Field 1.35m 4-05.00 M High Jump 7/26/2008 2008 AAU Junior Olympic Games 4-04.00 1.32m F High Jump 10 1 6/27/2008 2008 AAU Southeastern District 4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 8 2 7/10/2008 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 359 7/7/2007 2007 SEAAU District Multi-Event Championships 4-00.00 1.21m F High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 388 7/9/2009 2008 AAU Region 3A Track & Field 4.92m <td>4-08.00</td> <td></td> <td>1.42m</td> <td>F</td> <td></td> <td>High Jump</td> <td></td> <td>10</td> <td>1</td> <td>6/26/2009</td> <td>2009 AAU Southeastern Track & Field Champion</td>	4-08.00		1.42m	F		High Jump		10	1	6/26/2009	2009 AAU Southeastern Track & Field Champion
1.35m 4-05.00 M High Jump 7/26/2008 2008 AAU Junior Olympic Games 4-04.00 1.32m F High Jump 10 1 6/27/2008 2008 AAU Southeastern District 4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 8 2 7/10/2008 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 359 7/7/2007 2007 SEAAU District Multi-Event Championships 4-00.00 1.21m F High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M High Jump Pentathl 14 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Game	1.40m		4-07.00	M		High Jump		512		7/9/2009	2009 AAU Area 5 National Qualifier
4-04.00 1.32m F High Jump 10 1 6/27/2008 2008 AAU Southeastern District 4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 8 2 7/10/2008 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 359 7/7/2007 2007 SEAAU District Multi-Event Championships 4-00.00 1.21m F High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 416 7/10/2008 2008 AAU Region 3A Track & Field 4.34m 1.6 14-03.00 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/26/2008 2008 AAU Junior Olympic Game	1.36m		4-05.50	M		High Jump		470		7/10/2008	2008 AAU Region 3A Track & Field
4-04.00 1.32m F High Jump 2 6/29/2007 2007 AAU Southeastern District 4-04.00 1.32m F High Jump 8 2 7/10/2008 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 359 7/7/2007 2007 SEAAU District Multi-Event Championships 4-00.00 1.21m F High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M High Jump Pentathl 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 416 7/10/2008 2008 AAU Region 3A Track & Field 4.34m 1.6 14-03.00 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 8.52m 27-11.50 M Shot Put 433 7/	1.35m		4-05.00	M		High Jump				7/26/2008	2008 AAU Junior Olympic Games
4-04.00 1.32m F High Jump 8 2 7/10/2008 2008 AAU Region 3A Track & Field 1.25m 4-01.25 M High Jump 359 7/7/2007 2007 SEAAU District Multi-Event Championships 4-00.00 1.21m F High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M High Jump Pentathl 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 416 7/10/2008 2008 AAU Region 3A Track & Field 4.34m 1.6 14-03.00 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.90m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 8.52m 27-11.50 M Shot Put 433 7/9/2007 2007 SEAAU District Multi-Event Championships <	4-04.00		1.32m	F		High Jump		10	1	6/27/2008	2008 AAU Southeastern District
1.25m 4-01.25 M High Jump 359 7/7/2007 2007 SEAAU District Multi-Event Championships 4-00.00 1.21m F High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M High Jump Pentathl 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 416 7/10/2008 2008 AAU Region 3A Track & Field 4.34m 1.6 14-03.00 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.90m NWI 12-09.50 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games	4-04.00		1.32m	F		High Jump			2	6/29/2007	2007 AAU Southeastern District
4-00.00 1.21m F High Jump 14 7/28/2007 2007 AAU Junior Olympic Games 1.31m 4-03.50 M High Jump Pentathl 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 416 7/10/2008 2008 AAU Region 3A Track & Field 4.34m 1.6 14-03.00 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.90m NWI 12-09.50 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2007	4-04.00		1.32m	F		High Jump		8	2	7/10/2008	2008 AAU Region 3A Track & Field
1.31m 4-03.50 M High Jump Pentathl 7/28/2007 2007 AAU Junior Olympic Games 4.45m +0.0 14-07.25 M Long Jump 416 7/10/2008 2008 AAU Region 3A Track & Field 4.34m 1.6 14-03.00 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.90m NWI 12-09.50 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007	1.25m		4-01.25	M		High Jump		359		7/7/2007	2007 SEAAU District Multi-Event Championships
4.45m +0.0 14-07.25 M Long Jump 416 7/10/2008 2008 AAU Region 3A Track & Field 4.34m 1.6 14-03.00 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.90m NWI 12-09.50 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Juni	4-00.00		1.21m	F		High Jump			14	7/28/2007	2007 AAU Junior Olympic Games
4.34m 1.6 14-03.00 M Long Jump 388 7/9/2009 2009 AAU Area 5 National Qualifier 4.02m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.90m NWI 12-09.50 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	1.31m		4-03.50	M		High Jump	Pentathl			7/28/2007	2007 AAU Junior Olympic Games
4.02m NWI 13-02.25 M Long Jump 7/28/2007 2007 AAU Junior Olympic Games 3.90m NWI 12-09.50 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	4.45m	+0.0	14-07.25	M		Long Jump		416		7/10/2008	2008 AAU Region 3A Track & Field
3.90m NWI 12-09.50 M Long Jump 7/26/2008 2008 AAU Junior Olympic Games 3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	4.34m	1.6	14-03.00	M		Long Jump		388		7/9/2009	2009 AAU Area 5 National Qualifier
3.85m 12-07.75 M Long Jump 274 7/7/2007 2007 SEAAU District Multi-Event Championships 8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	4.02m	NWI	13-02.25	M		Long Jump				7/28/2007	2007 AAU Junior Olympic Games
8.52m 27-11.50 M Shot Put 433 7/9/2009 2009 AAU Area 5 National Qualifier 7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	3.90m	NWI	12-09.50	M		Long Jump				7/26/2008	2008 AAU Junior Olympic Games
7.69m 25-02.75 M Shot Put 7/26/2008 2008 AAU Junior Olympic Games 7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	3.85m		12-07.75	М		Long Jump		274		7/7/2007	2007 SEAAU District Multi-Event Championships
7.16m 23-06.00 M Shot Put 345 7/10/2008 2008 AAU Region 3A Track & Field 6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	8.52m		27-11.50	M		Shot Put		433		7/9/2009	2009 AAU Area 5 National Qualifier
6.59m 21-07.50 M Shot Put 309 7/7/2007 2007 SEAAU District Multi-Event Championships 6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	7.69m		25-02.75	M		Shot Put				7/26/2008	2008 AAU Junior Olympic Games
6.08m 19-11.50 M Shot Put 7/28/2007 2007 AAU Junior Olympic Games	7.16m		23-06.00	M		Shot Put		345		7/10/2008	2008 AAU Region 3A Track & Field
	6.59m		21-07.50	М		Shot Put		309		7/7/2007	2007 SEAAU District Multi-Event Championships
2497 F Out Pent 10 1 7/10/2008 2008 AAU Region 3A Track & Field	6.08m		19-11.50	M		Shot Put				7/28/2007	2007 AAU Junior Olympic Games
	2497			F		Out Pent		10	1	7/10/2008	2008 AAU Region 3A Track & Field

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	lac	е	
*I Morgan G	iose (18) 8/13	/1996	G				
2467		F	Out Pent	10	1	7/9/2009	2009 AAU Area 5 National Qualifier
2439		F	Out Pent		5	7/26/2008	2008 AAU Junior Olympic Games
2004		F	Out Pent		8	7/28/2007	2007 AAU Junior Olympic Games
1943		F	Out Pent		1	7/7/2007	2007 SEAAU District Multi-Event Championships
			Total Points	s: 7,052.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	9	
*I Analiese	Grace (38) 10	/2/1976	G				
2:32.13		F	800m Run		4	6/16/1994	1994 AAU Southeastern Association
2:33.00		F	800m Run		1	6/10/1994	1994 Tennessee Regional Sportsfest
2:34.00		F	800m Run		1	6/24/1994	1994 Tennessee State Sportsfest
5:20.00		F	1500m Run		1	6/24/1994	1994 Tennessee State Sportsfest
5:24.30		F	1500m Run		3	7/7/1994	1994 AAU Region 3 Track & Field
5:26.08		F	1500m Run		14	7/29/1994	1994 AAU Junior Olympic Games
5:27.20		F	1500m Run		2	6/16/1994	1994 AAU Southeastern Association
5:35.00		F	1500m Run		1	6/10/1994	1994 Tennessee Regional Sportsfest

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	ent		Pts	Place	•	
*I Morga	an Gran	t (25) 2/14	4/1990	G						
3:04.63			F	800m	Run	Pentathl			7/2/2002	2002 AAU Southeastern Multis
19.98	NWI		F	80m	Hurdles		3	6	7/12/2002	2002 AAU Southeastern Association
16.91	NWI		F	80m	Hurdles	Pentathl			7/2/2002	2002 AAU Southeastern Multis
1.35m		4-05.00	F		High Jump		8	2	7/12/2002	2002 AAU Southeastern Association
4-04.00		1.32m	F		High Jump			15	8/3/2002	2002 AAU Junior Olympic Games
1.30m		4-03.25	F		High Jump	Pentathl			7/2/2002	2002 AAU Southeastern Multis
3.78m		12-05.00	F		Long Jump		8	2	7/12/2002	2002 AAU Southeastern Association
11-05.00	NWI	3.48m	F		Long Jump			28	8/3/2002	2002 AAU Junior Olympic Games
3.77m	NWI	12-04.50	F		Long Jump	Pentathl			7/2/2002	2002 AAU Southeastern Multis
5.98m		19-07.50	F		Shot Put	Pentathl			7/2/2002	2002 AAU Southeastern Multis
1738			F		Out Pent		8	2	7/2/2002	2002 AAU Southeastern Multis
1661			F		Out Pent			28	8/3/2002	2002 AAU Junior Olympic Games
					Total I	Points:	27.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts P	lace	•				
*I Kately	*I Katelynn Greene (20) 3/12/1995 G										
21.13	-0.5	F	100m	Hurdles	4	5	7/10/2008	2008 AAU Region 3A Track & Field			
21.30	NWI	F	100m	Hurdles	6	3	6/27/2008	2008 AAU Southeastern District			
36.03	NWI	F	200m	Hurdles	8	2	6/27/2008	2008 AAU Southeastern District			
36.07	2.3	F	200m	Hurdles	4	5	7/10/2008	2008 AAU Region 3A Track & Field			
				Total Points:	22.0						

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place	е	
*I Monica G	reene (27) 4/1	2/1988	G				
12:35.20		F	3000m Run	4	5	6/20/2003	2003 Southeastern Association AAU
			Total	Points: 4.0			

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd		Event		Pts Place					
*I Shanna Greene (30) 2/5/1985 G										
20.51 NW	/I	Р	100m	Hurdles		9	6/23/2000	2000 AAU Southeastern Association		
3.92m	12-10.50	F		Long Jump		11	6/23/2000	2000 AAU Southeastern Association		
8.64m	28-04.25	F		Triple Jump	6	3	6/23/2000	2000 AAU Southeastern Association		
				Total Points:	6.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Event	vent Pts Place					
*I Melissa G	riswold (38)	12/16/19	976 G					
27.30 NWI	I	F	200m Dash			6/16/1994	1994 AAU Southeastern Association	
1:13.08		F	400m Hurdles		2	6/16/1994	1994 AAU Southeastern Association	
1:16.00		F	400m Hurdles		4	7/7/1994	1994 AAU Region 3 Track & Field	

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	•					
*I Beth Grunewald (31) 5/31/1983 G											
14-11.00	4.54m	F	Long Jump		8	7/9/1998	1998 AAU Region 3 Track & Field				
14-10.00	4.52m	F	Long Jump	4.5	4	6/26/1998	1998 AAU Southeastern Association				
33-01.25	10.09m	F	Triple Jump	8	2	6/26/1998	1998 AAU Southeastern Association				
30-08.25	9.35m	F	Triple Jump		10	7/9/1998	1998 AAU Region 3 Track & Field				
			Total Points:	12.5							

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Douglas Haa	ns (29) 11/12/1985	G	
14.47	Р	100m Dash	20 6/23/2000 2000 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Conve	rt Rnd		Event		Pts	Place)	
*I Kiana	Hagler	(25) 5/2	20/1990	G						
17.32	NWI		Р	100m	Dash			13	6/22/2001	2001 AAU Southeastern Association
3:22.18			F	800m	Run	Pentathl			7/2/2002	2002 AAU Southeastern Multis
17.94	NWI		F	80m	Hurdles	Pentathl			7/2/2002	2002 AAU Southeastern Multis
.95m		3-01.2	5 F		High Jump		4	5	6/22/2001	2001 AAU Southeastern Association
3.73m		12-03.00) F		Long Jump		5	4	7/12/2002	2002 AAU Southeastern Association
11-02.00	NWI	3.40n	ı F		Long Jump			29	8/3/2002	2002 AAU Junior Olympic Games
3.33m		10-11.2	5 F		Long Jump			16	7/5/2001	2001 AAU Region 3 Track & Field Meet
3.32m		10-10.7	5 F		Long Jump		4	5	6/22/2001	2001 AAU Southeastern Association
3.62m	NWI	11-10.50) F		Long Jump	Pentathl			7/2/2002	2002 AAU Southeastern Multis
6.83m		22-05.00) F		Shot Put		10	1	7/12/2002	2002 AAU Southeastern Association
20-02.75		6.16n	ı F		Shot Put			31	8/3/2002	2002 AAU Junior Olympic Games
6.65m		21-10.00) F		Shot Put	Pentathl			7/2/2002	2002 AAU Southeastern Multis
49-05.00		15.06n	ı F		Discus			21	8/3/2002	2002 AAU Junior Olympic Games
14.31m		46-1	l F		Discus		8	2	7/12/2002	2002 AAU Southeastern Association
1098			F		Out Pent		4	5	7/2/2002	2002 AAU Southeastern Multis
					Total	Points:	35.0			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Plac	е	
*I April Harri	s (27) 6/10/1	987 G						
5:34.07		F	1500m	Run		5	7/7/2005	2005 AAU Region 3A Championships
5:37.53		F	1500m	Run	8	2	6/24/2005	2005 AAU Southeastern District
5:48.57		F	1500m	Run	6	3	6/25/2004	2004 AAU Southeastern Association
5:52.25		F	1500m	Run	2	7	7/8/2004	2004 AAU Region 3A Track & Field Meet
6:04.5h	6:04.50	F	1500m	Run		7	2/24/2006	2006 AAU Southern Indoor Nationals
12:30.73		F	3000m	Run		1	7/7/2005	2005 AAU Region 3A Championships
12:35.85		F	3000m	Run		4	6/28/2005	2005 USATF Youth Nationals
12:36.71		F	3000m	Run		17	7/30/2005	2005 AAU Junior Olympic Games
12:43.37		F	3000m	Run		2	2/24/2006	2006 AAU Southern Indoor Nationals
12:44.53		F	3000m	Run	10	1	6/24/2005	2005 AAU Southeastern District
12:57.37		F	3000m	Run		14	7/31/2004	2004 AAU Junior Olympic Games
13:00.84		F	3000m	Run	8	2	6/25/2004	2004 AAU Southeastern Association
13:17.00		F	3000m	Run	6	3	7/8/2004	2004 AAU Region 3A Track & Field Meet
22:16.10		F	5000m	Run		3	11/20/2004	2004 AAU Southeastern Cross-Country
22:32.28		F	5000m	Run		37	12/3/2005	2005 AAU National Cross-Country
22:45.67		F	5000m	Run			11/19/2005	2005 AAU Southeastern Cross-Country
8:39.75		F	2000m	StplCh		10	7/30/2005	2005 AAU Junior Olympic Games
8:44.75		F	2000m	StplCh		1	7/7/2005	
8:51.58		F	2000m	StplCh		4	6/28/2005	2005 USATF Youth Nationals
				Total Points:	40.0			

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Slipstream Track & Field Club

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Cori Harris	(31) 4/19/1984 G		
22:13.60	F	5000m Run	42 12/1/2001 2001 AAU National Cross-Country
23:12.80	F	5000m Run	3 11/20/1999 1999 AAU Southeastern Cross-Country
23:12.80	F	5000m Run	3 11/20/1999 1999 AAU Southeastern Cross

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	lace	•	
*I Jennifer H	latcher (36) 3	/18/197	9 G					
1:07.14		F	400m	Dash		6	6/28/1996	1996 AAU Southeastern Association
1:23.47		F	400m	Hurdles		4	6/28/1996	1996 AAU Southeastern Association
22-05.50	6.84m	F		Shot Put		4	6/28/1996	1996 AAU Southeastern Association
37-03.00	11.35m	F		Javelin		5	6/28/1996	1996 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Ev	ent	Pts	Plac	е	
Halle Hausm	an (16) 3/18/1999	G					
2:41.12	F	800m F	Run		1	6/19/2011	2011 AAU Southeastern District Qualifier
2:41.87	F	800m F	Run		1	6/30/2011	2011 AAU Area 5 National Qualifier
2:59.12	F	800m F	Run	4	5	7/8/2010	2010 AAU Area 5 National Qualifier
3:05.22	F	800m F	Run	8	2	6/27/2010	2010 AAU Southeastern District Qualifier #3
5:55.12	F	1500m F	Run	10	1	7/8/2010	2010 AAU Area 5 National Qualifier
6:04.75	F	1500m F	Run	10	1	6/27/2010	2010 AAU Southeastern District Qualifier #3
11:39.81	F	3000m F	Run		1	6/19/2011	2011 AAU Southeastern District Qualifier
11:51.15	F	3000m F	Run		1	6/30/2011	2011 AAU Area 5 National Qualifier
12:07.00	F	3000m F	Run		13	11/27/2010	2010 Footlocker South Region
12:52.00	F	3000m F	Run		2	11/13/2010	2010 AAU Southeastern Cross-Country
13:01.44	F	3000m F	Run	10	1	7/8/2010	2010 AAU Area 5 National Qualifier
13:33.95	F	3000m F	Run	10	1	6/27/2010	2010 AAU Southeastern District Qualifier #3
			Total Points:	52.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Jeanie Hav	wkins (29) 1/13/1986 G		
25:54.20	F 5000	m Run	86 12/1/2001 2001 AAU National Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Kaitlyn Heidt	(19) 7/11/1995	G	
13:46.94	F	3000m Run	71 12/4/2004 2004 AAU National Cross-Country
14:10.70	F	3000m Run	4 11/20/2004 2004 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark Co		Convert	Rnd	Event	Pts I	Place	9	
		9/22/2007	G					
21.68	NWI		F	100m Dash		18	6/16/2014	2014 AAU Southeastern District Qualifier
7-09.25	NWI	2.36m	F	Long Jump		3	7/3/2014	2014 AAU Region 6 National Qualifier
6-10.50	NWI	2.09m	F	Long Jump		3	6/16/2014	2014 AAU Southeastern District Qualifier

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark Conver		Convert	Rnd	Event	Pts Place				
*I Brian	na Hill	(23) 11/9/1	991 G						
14.37	NWI		Р	100m Dash		27	6/29/2007	2007 AAU Southeastern District	
14-06.00	NWI	4.42m	F	Long Jump		13	6/29/2007	2007 AAU Southeastern District	
30-04.25	NWI	9.25m	F	Triple Jump			7/28/2007	2007 AAU Junior Olympic Games	
29-10.00	NWI	9.09m	F	Triple Jump		6	6/29/2007	2007 AAU Southeastern District	

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Edith Hill (24) 5/25/1991 G		
8.61	F	60m Dash	1/30/2009 2009 Niswonger/KTC HS Indoor Invitational
13.31 NWI	Р	100m Dash	14 6/29/2007 2007 AAU Southeastern District
27.25 NWI	Р	200m Dash	13 6/29/2007 2007 AAU Southeastern District
27.97	F	200m Dash	1/30/2009 2009 Niswonger/KTC HS Indoor Invitational

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event		Pts Place					
*I Rhonda H	Hinman (31) 9	/1/1983	G							
3:22.00		F	800m	Run		16	6/28/1996	1996 AAU Southeastern Association		
18.90 NW	/1	F	80m	Hurdles		4	6/24/1994	1994 Tennessee State Sportsfest		
26-02.75 NW	/I 7.99m	F		Triple Jump		2	6/28/1996	1996 AAU Southeastern Association		
42-09.00	13.03m	F		Discus		6	6/28/1996	1996 AAU Southeastern Association		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts P	lace	•	
*I Sondra Hi	nman (29) 5/20/1986	6 G				
4:03.80	F	800m Run		4	6/28/1996	1996 AAU Southeastern Association
11:21.91	F	1500m Walk		3	7/12/1996	1996 AAU Region 3 Track & Field
12:42.00	F	1500m Walk		1	6/28/1996	1996 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert		Event	Pts Place				
*I Tina Hite (35) 1/6/1980		G						
1:04.33		Р	400m Dash	2 6/16/1995 1995 AAU Southeastern Association				
1:05.67		F	400m Dash	6 6/16/1995 1995 AAU Southeastern Association				
18.82 N	IWI	Р	100m Hurdles	4 6/16/1995 1995 AAU Southeastern Association				
19.10 N	IWI	F	100m Hurdles	6 6/16/1995 1995 AAU Southeastern Association				
1:17.60		F	400m Hurdles	2 6/16/1995 1995 AAU Southeastern Association				
53-03.00	16.23m	F	Javelin	7 6/16/1995 1995 AAU Southeastern Association				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts I	Place	9	
*I Danielle Hounshell (28) 12/7/1986 G									
14.03			Р	100m	Dash		9	6/23/2000	2000 AAU Southeastern Association
14.14	NWI		F	100m	Dash		9	6/23/2000	2000 AAU Southeastern Association
30.76	NWI		Р	200m	Dash		20	6/23/2000	2000 AAU Southeastern Association
3.67m		12-00.50	F		Long Jump		14	6/23/2000	2000 AAU Southeastern Association
31-07.50	NWI	9.63m	F		Triple Jump		15	8/1/2000	2000 AAU Junior Olympic Games
27-10.00	NWI	8.48m	F		Triple Jump		4	7/6/2000	2000 AAU Region 3 Track & Field
7.45m		24-05.50	F		Triple Jump	6	3	6/23/2000	2000 AAU Southeastern Association
					Total Points:	6.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conve	rt Rnd	E۱	vent	Pts I	Place)	
*I Holly	Howard (19) 9/	29/1995	G					
15.77	NWI	Р	100m l	Dash		13	6/29/2007	2007 AAU Southeastern District
18.33	NWI	F	80m l	Hurdles		4	6/29/2007	2007 AAU Southeastern District
3-10.00	1.16n	n F	I	High Jump		3	6/29/2007	2007 AAU Southeastern District

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Place	9	
*I Stephanie H	*I Stephanie Howington (24) 8/10/1990 G							
30.55 NWI		Р	200m	Dash		16	6/24/2005	2005 AAU Southeastern District
1:08.03		Р	400m	Dash		10	6/24/2005	2005 AAU Southeastern District
2:33.52		F	800m	Run		3	7/7/2005	2005 AAU Region 3A Championships
2:42.51		F	800m	Run		38	7/30/2005	2005 AAU Junior Olympic Games
2:43.34		F	800m	Run	8	2	6/24/2005	2005 AAU Southeastern District
2:43.52		F	800m	Run	1	8	6/23/2006	2006 AAU Southeastern District
5:26.60		F	1500m	Run	5	4	7/6/2006	2006 AAU Region 3A Track & Field Meet
5:29.53		F	1500m	Run	6	3	6/23/2006	2006 AAU Southeastern District
5:35.93		F	1500m	Run		31	7/31/2006	2006 AAU Junior Olympic Games
5:41.08		F	1500m	Run		2	7/7/2005	2005 AAU Region 3A Championships
5:43.12		F	1500m	Run	8	2		2005 AAU Southeastern District
5:43.78		F	1500m	Run		25	7/30/2005	2005 AAU Junior Olympic Games
				Total Points:	28.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Plac	е	
Brittanie Hu	bbard (18) 9/	/18/1996	6 G					
2:56.05		F	800m	Run		2	6/20/2009	2009 Slipstream Track & Field Championships
6:14.94		F	1500m	Run		2	6/20/2009	2009 Slipstream Track & Field Championships
12:53.70		F	3000m	Run		56	12/6/2008	2008 AAU National Cross-Country
13:28.40		F	3000m	Run		8	11/22/2008	2008 AAU Southeastern Cross-Country
19:36.63		F	4000m	Run		8	11/21/2009	2009 AAU Southeastern Cross-Country
19:47.50		F	4000m	Run		73	12/5/2009	2009 AAU National Cross-Country

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Conver	t Rnd	E	vent		Pts	Place	•	
Kaitlen	Hubba	rd (18) 2/	28/1997	G						
13.54	NWI		Р	100m	Dash			17	6/27/2013	2013 AAU Area 6 National Qualifier
13.68			F	100m	Dash			7	6/16/2013	2013 AAU Southeastern District Qualifier
27.50	+0.5		М	200m	Dash				7/26/2014	2014 AAU Junior Olympic Games
28.02	NWI		М	200m	Dash		628		6/27/2013	2013 AAU Area 6 National Qualifier
28.36	-0.4		М	200m	Dash			6	7/3/2014	2014 AAU Region 6 National Qualifier
28.65	-1.1		М	200m	Dash			22	7/27/2013	2013 AAU Junior Olympic Games
2:43.59			М	800m	Run			6	7/3/2014	2014 AAU Region 6 National Qualifier
2:45.07			М	800m	Run				7/27/2013	2013 AAU Junior Olympic Games
2:47.60			М	800m	Run		489		6/27/2013	2013 AAU Area 6 National Qualifier
2:49.89			М	800m	Run				7/26/2014	2014 AAU Junior Olympic Games
17.85	+2.3		M	100m	Hurdles			3	7/3/2014	2014 AAU Region 6 National Qualifier
18.40	NWI		Р	100m	Hurdles			9	6/27/2013	2013 AAU Area 6 National Qualifier
18.49	-1.2		М	100m	Hurdles			32	7/26/2014	2014 AAU Junior Olympic Games
18.68	-1.1		М	100m	Hurdles			22	7/27/2013	2013 AAU Junior Olympic Games
18.68	NWI		М	100m	Hurdles		420		6/27/2013	2013 AAU Area 6 National Qualifier
18.89	NWI		F	100m	Hurdles			7	6/16/2013	2013 AAU Southeastern District Qualifier
1:13.91			F	400m	Hurdles			6	7/3/2014	2014 AAU Region 6 National Qualifier
1:14.41			Р	400m	Hurdles			55	7/26/2014	2014 AAU Junior Olympic Games
1:15.65			F	400m	Hurdles			1	6/16/2014	2014 AAU Southeastern District Qualifier
1:17.12			F	400m	Hurdles			6	6/27/2013	2013 AAU Area 6 National Qualifier
1:19.98			F	400m	Hurdles			2	6/16/2013	2013 AAU Southeastern District Qualifier
1.34m		4-04.75	М		High Jump			3	7/3/2014	2014 AAU Region 6 National Qualifier
1.32m		4-04.00	М		High Jump		429		6/27/2013	2013 AAU Area 6 National Qualifier
1.31m		4-03.50	М		High Jump			20	7/27/2013	2013 AAU Junior Olympic Games
1.30m		4-03.25	М		High Jump			33		2014 AAU Junior Olympic Games
4.06m	NWI	13-04.00	М		Long Jump					2014 AAU Junior Olympic Games
4.06m		13-04.00	М		Long Jump		322		6/27/2013	2013 AAU Area 6 National Qualifier
3.97m	NWI	13-00.25	М		Long Jump				7/27/2013	2013 AAU Junior Olympic Games
31-07.00		9.62m	F		Shot Put			4		2014 AAU Region 6 National Qualifier
9.50m		31-02.00	М		Shot Put			3		2014 AAU Junior Olympic Games
30-07.00		9.32m	М		Shot Put			1		2014 AAU Region 6 National Qualifier
29-09.50		9.08m	F		Shot Put			2		2014 AAU Southeastern District Qualifier
8.83m		28-11.75	М		Shot Put		453		6/27/2013	2013 AAU Area 6 National Qualifier
8.16m		26-09.25	М		Shot Put			11		2013 AAU Junior Olympic Games
22.02m		72-03	М		Javelin					2014 AAU Junior Olympic Games
70-07.00		21.51m	F		Javelin			3		2014 AAU Southeastern District Qualifier
20.44m		67-01	М		Javelin			-		2013 AAU Junior Olympic Games
19.95m		65-05	М		Javelin		288			2013 AAU Area 6 National Qualifier
19.91m		65-04	М		Javelin			3		2014 AAU Region 6 National Qualifier
73-11.00		22.53m	F		Javelin	600 a		23		2013 AAU Junior Olympic Games
67-06.00		20.57m	F		Javelin	600 a		5		2013 AAU Area 6 National Qualifier
56-02.00		17.12m	F		Javelin	600 a		3		2013 AAU Southeastern District Qualifier
3130			F		Heptathlon	4		31		2014 AAU Junior Olympic Games
2945			F		Heptathlon			٠.		2013 AAU Junior Olympic Games
3029			F		Heptathlon			4		2013 AAU Area 6 National Qualifier
2860			F		Heptathlon			4		2014 AAU Region 6 National Qualifier
2000			•		-	Dointe	3,029.0	7	1,0/2014	2011/1/10 Hogion o National Qualifer

Northeast Tennessee/Southwest Virginia

Individual Top Marks

01 G					
F 2000m	Run		55	12/5/2009	2009 AAU National Cross-Country
F 2000m	Run		2	11/21/2009	2009 AAU Southeastern Cross-Country
(01 G F 2000m Run F 2000m Run	F 2000m Run	F 2000m Run 55	F 2000m Run 55 12/5/2009

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Lauren Hubba	rd (24) 10/20/1990) G	
5:45.92	F 1	500m Run	12 6/25/2004 2004 AAU Southeastern Association
20:41.00	F 5	000m Run	73 11/24/2007 2007 Footlocker South Region

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts I	Place	•	
*I Jacquelin	e Hughes (29)) 4/21/	1986 G	ì				
16.66		Р	100m	Dash		10	6/26/1998	1998 AAU Southeastern Association
4-02.00	1.27m	F		High Jump	8	2	6/26/1998	1998 AAU Southeastern Association
				Total Points:	8.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conve	ert Rno	ı t	Event	Pts	Place	•	
*I Whitn	ey Hughes (32	2) 4/15/1	983 G					
20.01	NWI	Р	100m	Hurdles		10	7/8/1999	1999 AAU Region 3 Track & Field
20.30	NWI	Р	100m	Hurdles		7	6/25/1999	1999 AAU Southeastern Association
20.49	NWI	F	100m	Hurdles	3	6	6/25/1999	1999 AAU Southeastern Association
4-04.00	1.32	m F		High Jump	5	4	6/26/1998	1998 AAU Southeastern Association
12-04.75	3.77	m F		Long Jump		11	6/26/1998	1998 AAU Southeastern Association
30-08.75	9.36	m F		Triple Jump	5	4	6/25/1999	1999 AAU Southeastern Association
9.29m	30-05.7	75 F		Triple Jump		11	7/8/1999	1999 AAU Region 3 Track & Field
30-05.00	9.27	m F		Triple Jump	5	4	6/26/1998	1998 AAU Southeastern Association
				Total Points:	18.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place	е	
*I Morgan H	lyatt (31) 11/9	/1983 G					
12.10m	39-08.50	F	Shot Put	8	2	7/5/2001	2001 AAU Region 3 Track & Field Meet
11.88m	38-11.75	F	Shot Put	10	1	6/22/2001	2001 AAU Southeastern Association
37.36m	122-07	F	Discus	10	1	7/5/2001	2001 AAU Region 3 Track & Field Meet
36.89m	121-00	F	Discus	10	1	6/22/2001	2001 AAU Southeastern Association
30.66m	100-07	F	Javelin	10	1	6/22/2001	2001 AAU Southeastern Association
30.60m	100-05	F	Javelin	10	1	7/5/2001	2001 AAU Region 3 Track & Field Meet
			Total Points:	58.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	9	
*I Mandy Hy	de (22) 7/30/1	1992 G					
8-06.00	2.59m	F	Pole Vault		11	7/26/2008	2008 AAU Junior Olympic Games
8-00.00	2.43m	F	Pole Vault	8	2	6/27/2008	2008 AAU Southeastern District
7-00.00	2.13m	F	Pole Vault	10	1	7/10/2008	2008 AAU Region 3A Track & Field
			Total Points:	18.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Summer Ja	ackson (19) 7/20/199	95 G	
16.50 NWI	Р	100m Dash	12 6/27/2008 2008 AAU Southeastern District
35.02 NWI	Р	200m Dash	15 6/27/2008 2008 AAU Southeastern District

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Ashlee Jenks	(29) 9/23/1985	G 3000m Run	13 11/15/1997 1997 AAU Southeastern Cross-Country
10.10.00	•	oooon nun	10 1.7.10 Too. 100. And Countries Country

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Conver	t Rn	d E	Event	Pts	Pla	ce	
*I Kelli Je	essee	(32) 8/10	/1982	G					
13.49 N	١W١		Р	100m	Dash			6/16/1994	1994 AAU Southeastern Association
13.49 N	١W١		F	100m	Dash		4	7/7/1994	1994 AAU Region 3 Track & Field
13.49 N	١W١		Р	100m	Dash			7/7/1994	1994 AAU Region 3 Track & Field
13.67 N	١W١		F	100m	Dash		2	6/16/1994	1994 AAU Southeastern Association
13.81 N	١W١		F	100m	Dash		12	8/1/1993	1993 AAU Junior Olympic Games
14.15 N	١W١		Р	100m	Dash		2	7/9/1993	1993 AAU Southeastern Association
14.58 N	١W١		F	100m	Dash		2	7/9/1993	1993 AAU Southeastern Association
27.90 N	١W١		F	200m	Dash		2	6/16/1994	1994 AAU Southeastern Association
28.10 N	١W١		Р	200m	Dash			6/16/1994	1994 AAU Southeastern Association
28.20 N	١W١		Р	200m	Dash			7/7/1994	1994 AAU Region 3 Track & Field
28.38 N	١W١		F	200m	Dash		6	7/7/1994	1994 AAU Region 3 Track & Field
28.76 N	١W١		F	200m	Dash		14	8/1/1993	1993 AAU Junior Olympic Games
29.79 N	١W١		Р	200m	Dash		3	7/9/1993	1993 AAU Southeastern Association
30.85 N	١W١		F	200m	Dash		4	7/9/1993	1993 AAU Southeastern Association
1:04.43			Р	400m	Dash			7/7/1994	1994 AAU Region 3 Track & Field
1:06.10			F	400m	Dash		3	6/16/1994	1994 AAU Southeastern Association
1:06.40			F	400m	Dash		7	7/7/1994	1994 AAU Region 3 Track & Field
1:07.10			Р	400m	Dash			6/16/1994	1994 AAU Southeastern Association
1:07.25			F	400m	Dash		19	8/1/1993	1993 AAU Junior Olympic Games
1:08.75			F	400m	Dash		3	7/9/1993	1993 AAU Southeastern Association
1:10.52			Р	400m	Dash		3	7/9/1993	1993 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	е	
*I Kimberly	Johnson (24)	11/8/1990	G				
39-08.75	12.10m	F	Shot Put	5	4	7/10/2008	2008 AAU Region 3A Track & Field
38-11.75	11.88m	F	Shot Put	8	2	6/27/2008	2008 AAU Southeastern District
36-06.00	11.12m	F	Shot Put		19	7/26/2008	2008 AAU Junior Olympic Games
36-03.75	11.06m	F	Shot Put		7	1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
80-08.00	24.58m	F	Discus	2	7	7/10/2008	2008 AAU Region 3A Track & Field
75-05.00	22.98m	F	Discus	3	6	6/27/2008	2008 AAU Southeastern District
25-03.25	7.70m	F	Wght Thr 20 lb		14	1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
			Total Points:	18.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conv	ert Rn	ıd	Event	Pts Place					
*I Carrie Jones	(22)	1/1/1993	G							
23.39 NWI		Р	100m	Hurdles		9	6/27/2008	2008 AAU Southeastern District		
1:15.34		F	400m	Hurdles	3	6	7/10/2008	2008 AAU Region 3A Track & Field		
1:32.39		F	400m	Hurdles	5	4	6/27/2008	2008 AAU Southeastern District		
10:58.50		F	2000m	StplCh	10	1	6/27/2008	2008 AAU Southeastern District		
10:58.50		F	2000m	StplCh	10	1	7/10/2008	2008 AAU Region 3A Track & Field		
				Total Points:	28.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert R	₹nd	Εv	ent	Pts F	lace)	
*I Cassandr	ra Jones (33) 9/1	1/1981	G					
15.60 NW	/I	F 1	00m [ash		4	6/10/1994	1994 Tennessee Regional Sportsfest
1:19.40		F 4	100m [ash		4	6/10/1994	1994 Tennessee Regional Sportsfest

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rn		E	vent	Pts I	Place)	
*I Megan Jone	s (26) 1/26	/1989	G					
30.26 NWI		Р	200m	Dash		12	6/22/2001	2001 AAU Southeastern Association
4.23m	13-10.50	F		Long Jump		7	7/5/2001	2001 AAU Region 3 Track & Field Meet
3.87m	12-08.50	F		Long Jump	5	4	6/22/2001	2001 AAU Southeastern Association
				Total Points:	5.0			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Co	nvert	Rnd	E	ent	Pts	Place	9	
*I Traci Jone	s (25)	10/21/	1989	G					
32.84 NWI			Р	200m	Dash		13	6/23/2000	2000 AAU Southeastern Association
1:08.19			Р	400m	Dash		7	6/22/2001	2001 AAU Southeastern Association
1:13.12			F	400m	Dash	5	4	6/23/2000	2000 AAU Southeastern Association
1:14.44			Р	400m	Dash		6	6/23/2000	2000 AAU Southeastern Association
1:14.55			F	400m	Dash		18	7/6/2000	2000 AAU Region 3 Track & Field
2:35.00			F	800m	Run	8	2	7/5/2001	2001 AAU Region 3 Track & Field Meet
2:39.39			F	800m	Run	10	1	6/22/2001	2001 AAU Southeastern Association
2:44.00			F	800m	Run		12	7/12/2002	2002 AAU Southeastern Association
2:46.63			F	800m	Run		27	8/1/2001	2001 AAU Junior Olympic Games
2:53.85			F	800m	Run		8	7/6/2000	2000 AAU Region 3 Track & Field
3:04.64			F	800m	Run	3	6	6/23/2000	2000 AAU Southeastern Association
5:38.60			F	1500m	Run		10	7/12/2002	2002 AAU Southeastern Association
13-02.00	4	1.01m	F		Shot Put	1	6	7/9/1998	1998 AAU Region 3 Track & Field
9-01.25	2	2.77m	F		Shot Put	6	3	6/26/1998	1998 AAU Southeastern Association
17.12m		56-02	F		Discus		10	7/12/2002	2002 AAU Southeastern Association
					Total Points:	33.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert R	nd I	Event	Pts I	Place	•	
*I Katy Kar	ter (36) 12/31/197	8 G					
27.80 NV	/	200m	Dash		5	6/24/1994	1994 Tennessee State Sportsfest
28.00 NV	/	200m	Dash		14	6/16/1995	1995 AAU Southeastern Association
29.00 NV	/	200m	Dash		1	6/10/1994	1994 Tennessee Regional Sportsfest
1:03.70	1	400m	Dash		1	6/10/1994	1994 Tennessee Regional Sportsfest
1:03.90	1	400m	Dash		5	6/24/1994	1994 Tennessee State Sportsfest
2:37.15	1	800m	Run		5	6/16/1994	1994 AAU Southeastern Association
2:43.00	1	800m	Run		5	6/24/1994	1994 Tennessee State Sportsfest
2:46.30	!	800m	Run		1	6/10/1994	1994 Tennessee Regional Sportsfest

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	E	Event	Pts F	Place)	
*I Chelsea I	Keith (31) 4/7/1984	G					
18.92	F	100m	Hurdles	5	4	6/26/1998	1998 AAU Southeastern Association
18.96	Р	100m	Hurdles		5	6/26/1998	1998 AAU Southeastern Association
32.34	F	200m	Hurdles	5	4	6/26/1998	1998 AAU Southeastern Association
			Total Points:	10.0			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	Event	Pts I	Place	•	
*I Emile	e Ketr	on (23) 8/3/	1991 G					
5-00.00		1.52m	F	High Jump		17	7/26/2008	2008 AAU Junior Olympic Games
4-10.00		1.47m	F	High Jump		7	1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
4-10.00		1.47m	F	High Jump	8	2	6/27/2008	2008 AAU Southeastern District
4-10.00		1.47m	F	High Jump	6	3	7/10/2008	2008 AAU Region 3A Track & Field
16-11.25	1.4	5.16m	F	Long Jump	3	6	7/10/2008	2008 AAU Region 3A Track & Field
16-05.25		5.01m	F	Long Jump	4	5	6/27/2008	2008 AAU Southeastern District
16-00.00	NWI	4.87m	F	Long Jump		30	7/28/2007	2007 AAU Junior Olympic Games
15-07.25	NWI	4.75m	F	Long Jump		2	6/29/2007	2007 AAU Southeastern District
14-01.75		4.31m	F	Long Jump			1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
34-10.25	NWI	10.62m	F	Triple Jump		15	7/28/2007	2007 AAU Junior Olympic Games
34-08.00		10.56m	F	Triple Jump	8	2	6/27/2008	2008 AAU Southeastern District
34-05.75	2.6	10.50m	F	Triple Jump	4	5	7/10/2008	2008 AAU Region 3A Track & Field
32-11.25		10.03m	F	Triple Jump		8	1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
32-11.00		10.03m	F	Triple Jump	5	4	6/23/2006	2006 AAU Southeastern District
31-01.50	NWI	9.48m	F	Triple Jump		4	6/29/2007	2007 AAU Southeastern District
31-00.00	4.0	9.44m	F	Triple Jump	1	8	7/6/2006	2006 AAU Region 3A Track & Field Meet
				Total Points:	39.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place	9	
*I Jenny Kno	opp (31) 9/18	/1983	G				
2.04m	6-08.25	F	Pole Vault	6	3	6/23/2000	2000 AAU Southeastern Association
5-06.00	1.67m	F	Pole Vault	10	1	6/25/1999	1999 AAU Southeastern Association
1.67m	5-05.75	F	Pole Vault	10	1	7/8/1999	1999 AAU Region 3 Track & Field
28-00.00	8.53m	F	Triple Jump	2	7	6/25/1999	1999 AAU Southeastern Association
			Total Points:	28.0			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts	Plac	е	
*I Kayla	Kuzio	la (23) 3/17	7/1992	G					
28.41		` '	М	200m	Dash			7/26/2008	2008 AAU Junior Olympic Games
28.45	0.3		М	200m	Dash	595		7/7/2007	2007 SEAAU District Multi-Event Championship
28.64	0.5		М	200m	Dash	581		7/10/2008	2008 AAU Region 3A Track & Field
1:03.57			F	400m	Dash		36	1/22/2010	2010 Niswonger/KTC HS Indoor Invitational
1:03.74			F	400m	Dash			1/18/2008	2008 Niswonger/KTC HS Indoor Invitational
1:03.89			F	400m	Dash		27	2/23/2008	2008 Kentucky High School Invitational
1:04.65			F	400m	Dash			1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
2:23.46			М	800m	Run	777		7/10/2008	2008 AAU Region 3A Track & Field
2:24.05			F	800m	Run		18	7/28/2007	2007 AAU Junior Olympic Games
2:25.18			F	800m	Run		2	6/29/2007	2007 AAU Southeastern District
2:25.44			М	800m	Run			7/26/2008	2008 AAU Junior Olympic Games
2:27.68			М	800m	Run	722			2007 SEAAU District Multi-Event Championship
5:10.68			F	1500m	Run		21	7/28/2007	2007 AAU Junior Olympic Games
5:11.86			F	1500m	Run		4		2007 AAU Southeastern District
12:43.10			F	3000m			74		2004 AAU National Cross-Country
12:43.30			F	3000m	Run	2	2		2004 AAU Southeastern Cross-Country
19:56.00			F	5000m	Run		118	11/24/2007	2007 Footlocker South Region
5:47.86			F		Mile Run		32	2/23/2008	2008 Kentucky High School Invitational
5:49.88			F	1	Mile Run		3		2008 Niswonger/KTC HS Indoor Invitational
6:05.40			F	1	Mile Run			1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
17.77	1.2		М	100m	Hurdles	511			2008 AAU Region 3A Track & Field
17.80	NWI		М	100m	Hurdles	508			2007 SEAAU District Multi-Event Championship
17.99	-1.2		М	100m	Hurdles			7/26/2008	2008 AAU Junior Olympic Games
1.50m		4-11.00	М		High Jump	621			2007 SEAAU District Multi-Event Championship
4-07.75		1.41m	F		High Jump		2	1/18/2008	2008 Niswonger/KTC HS Indoor Invitational
1.32m		4-04.00	М		High Jump	429			2008 AAU Region 3A Track & Field
1.25m		4-01.25	М		High Jump			7/26/2008	2008 AAU Junior Olympic Games
4.49m	NWI	14-08.75	М		Long Jump			7/26/2008	2008 AAU Junior Olympic Games
4.32m	1.1	14-02.25	М		Long Jump	384		7/10/2008	2008 AAU Region 3A Track & Field
4.17m		13-08.25	М		Long Jump	347		7/7/2007	2007 SEAAU District Multi-Event Championship
8.54m		28-00.25	М		Shot Put	434		7/10/2008	2008 AAU Region 3A Track & Field
8.17m		26-09.75	М		Shot Put				2008 AAU Junior Olympic Games
7.04m		23-01.25	М		Shot Put	338		7/7/2007	2007 SEAAU District Multi-Event Championship
22.10m		72-06	М		Javelin	328		7/10/2008	2008 AAU Region 3A Track & Field
20.60m		67-07	М		Javelin			7/26/2008	2008 AAU Junior Olympic Games
14.77m		48-05	М		Javelin	192		7/7/2007	2007 SEAAU District Multi-Event Championship
3444			F		Heptathlon	10	1		2008 AAU Region 3A Track & Field
3334			F		Heptathlon		7		2008 AAU Junior Olympic Games
3323			F		Heptathlon		3		2007 SEAAU District Multi-Event Championship
					•	nts: 3,779.0			·

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place
Addie Leonar	d (16) 2/3/1	999 G		
5:40.64		F	1500m Run	1 6/16/2014 2014 AAU Southeastern District Qualifier
5:44.21		F	1500m Run	3 6/27/2013 2013 AAU Area 6 National Qualifier
5:55.86		F	1500m Run	1 6/16/2013 2013 AAU Southeastern District Qualifier
12:05.30		F	3000m Run	1 6/16/2014 2014 AAU Southeastern District Qualifier
12:12.18		F	3000m Run	1 6/16/2013 2013 AAU Southeastern District Qualifier
12:13.57		F	3000m Run	3 6/27/2013 2013 AAU Area 6 National Qualifier
19:44.00		F	5000m Run	16 11/30/2013 2013 Footlocker South Region

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Sarah Leste	er (27) 7/30/1987	G	
19:40.00	F	5000m Run	1 11/20/2004 2004 AAU Southeastern Cross-Country
20:53.10	F	5000m Run	19 12/4/2004 2004 AAU National Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd		Event	Pts Place						
Bailie Light	(19) 12/24/19	95 G								
1:08.22		F	400m Dash		7	6/16/2013 2013 AAU Southeastern District Qualifier				
2:50.85		F	800m Run		5	6/16/2013 2013 AAU Southeastern District Qualifier				
15-01.50	4.61m	F	Long Jump		5	6/16/2013 2013 AAU Southeastern District Qualifier				
31-01.50	9.48m	F	Triple Jump		3	6/16/2013 2013 AAU Southeastern District Qualifier				
30-06.00	9.29m	F	Triple Jump		10	6/27/2013 2013 AAU Area 6 National Qualifier				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place						
*I Brittany L	inkous (23) 1	1/6/1991	G							
7-06.00	2.28m	F	Pole Vault	2	7	6/27/2008	2008 AAU Southeastern District			
7-00.00	2.13m	F	Pole Vault	3	6	7/10/2008	2008 AAU Region 3A Track & Field			
			Total Points:	5.0						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Plac	е	
*I Amanda L	oughlin (23)	4/18/19	992 G					
11:48.37		F	3000m	Run		8	1/18/2008	2008 Niswonger/KTC HS Indoor Invitational
14:14.31		F	3000m	Run		155	12/4/2004	2004 AAU National Cross-Country
14:59.10		F	3000m	Run	9	11	11/20/2004	2004 AAU Southeastern Cross-Country
17:46.11		F	4000m	Run		64	12/2/2006	2006 AAU National Cross-Country
19:02.80		F	4000m	Run		3	11/18/2006	2006 AAU Southeastern Cross-Country
21:06.00		F	5000m	Run		94	11/25/2006	2006 Footlocker South Region
12:21.80	6:10.90	F	2	Mile Run		19	2/23/2008	2008 Kentucky High School Invitational
				Total Points:	9.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Plac	е	
*I Laura Lov	eless (23) 10)/25/19	91 G					
10:43.27		F	3000m	Run		2	1/18/2008	2008 Niswonger/KTC HS Indoor Invitational
19:56.00		F	5000m	Run		131	11/28/2009	2009 Footlocker South Region
5:11.54		F	1	Mile Run		7	2/23/2008	2008 Kentucky High School Invitational
11:24.18	5:42.09	F	2	Mile Run			2/23/2008	2008 Kentucky High School Invitational

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert F	Rnd	E	vent	Pts P	ace	Э	
Landry Lovi	ing (21) 12/3/19	93 G	ì					
22:54.00		F	5000m	Run		1	11/13/2010	2010 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event		Pts Pla	ace	
Kayla Martin	(15) 1/11/200	0 G					
14-06.00	4.42m	F	Shot Put	6 lbs		8	6/30/2011 2011 AAU Area 5 National Qualifier

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert F	nvert Rnd		Event		Pts Place						
*I Laura Ma	tlock (15) 9/8/19	999	G									
3:37.77		F	800m	Run		2	7	7/9/2009	2009 AAU Area 5 National Qualifier			
3:38.90		F	800m	Run			2	6/20/2009	2009 Slipstream Track & Field Championships			
7:04.92		F	1500m	Run		4	5	7/9/2009	2009 AAU Area 5 National Qualifier			
7:56.94		F	1500m	Run			2	6/20/2009	2009 Slipstream Track & Field Championships			
				Tot	tal Points:	6.0						

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert Rnd		Rnd Event		Pts Place						
Katie May	(19)	11/21/1995	5 G									
9.01 NV	WI		F	60m	Dash			47	1/27/2012	2012 Niswonger/KTC HS Indoor Invitational		
29.03 NV	WI		F	200m	Dash			8	6/19/2011	2011 AAU Southeastern District Qualifier		
1:07.78			F	400m	Dash			2	7/16/2011	2011 Volunteer Youth Invitational		
1:12.09			F	400m	Dash		ļ	59	1/27/2012	2012 Niswonger/KTC HS Indoor Invitational		
11.14 NV	WI		F	60m	Hurdles			14	1/27/2012	2012 Niswonger/KTC HS Indoor Invitational		
19.06 NV	WI		Р	100m	Hurdles			12	6/30/2011	2011 AAU Area 5 National Qualifier		
21.07 NV	WI		F	100m	Hurdles			2	7/16/2011	2011 Volunteer Youth Invitational		
27.47 NV	WI		F	100m	Hurdles			7	6/25/2011	2011 AAU Southeastern District Qualifier		
1:13.51			F	400m	Hurdles			8	6/28/2012	2012 AAU Area 6 Championships		
1:17.96			F	400m	Hurdles			12	6/30/2011	2011 AAU Area 5 National Qualifier		
1:18.27			F	400m	Hurdles			4	6/17/2012	2012 AAU Southeastern District Qualifier		
1:18.94			F	400m	Hurdles			6	6/25/2011	2011 AAU Southeastern District Qualifier		
31-02.50		9.51m	F		Triple Jump			2	6/17/2012	2012 AAU Southeastern District Qualifier		
29-06.75		9.01m	F		Triple Jump			8	6/28/2012	2012 AAU Area 6 Championships		
26-07.00 NV	WΙ	8.10m	F		Triple Jump			1	7/16/2011	2011 Volunteer Youth Invitational		
22-04.00		6.80m	F		Triple Jump			4	6/25/2011	2011 AAU Southeastern District Qualifier		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark Convert Rnd Event				Pts F	Place	•	
*I April McCa	arley (32) 4/2	25/1983	G				
34.05 NWI		F	200m Hurdles		2	6/28/1996	1996 AAU Southeastern Association
34.76 NWI		F	200m Hurdles		7	7/12/1996	1996 AAU Region 3 Track & Field
5-01.00	1.54m	F	High Jump		8	7/28/1997	1997 AAU Junior Olympic Games
4-10.00	1.47m	F	High Jump		7	8/4/1996	1996 AAU Junior Olympic Games
4-10.00	1.47m	F	High Jump		2	7/12/1996	1996 AAU Region 3 Track & Field
4-10.00	1.47m	F	High Jump		3	6/27/1997	1997 AAU Southeastern Association
4-08.00	1.42m	F	High Jump		3	6/28/1996	1996 AAU Southeastern Association
4-06.00	1.37m	F	High Jump		1	6/16/1995	1995 AAU Southeastern Association
4-03.00	1.29m	F	High Jump		1	6/10/1994	1994 Tennessee Regional Sportsfest
4-02.00	1.27m	F	High Jump		2	6/24/1994	1994 Tennessee State Sportsfest

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	(Convert	Rnd	E	ent		Pts	Place)	
*I Robin	McCarle	y (32) 4	4/25/1983	G						
3:00.71			F	800m	Run			10	6/28/1996	1996 AAU Southeastern Association
3:11.70			F	800m	Run			6	6/10/1994	1994 Tennessee Regional Sportsfest
3:20.10			F	800m	Run	Pentathl			8/1/1995	1995 AAU Junior Olympic Games
18.18	NWI		F	80m	Hurdles	Pentathl			8/1/1995	1995 AAU Junior Olympic Games
4-04.00		1.32m	F		High Jump			7	6/28/1996	1996 AAU Southeastern Association
3-09.00		1.14m	F		High Jump			3	6/10/1994	1994 Tennessee Regional Sportsfest
3-06.00		1.06m	F		High Jump			8	6/24/1994	1994 Tennessee State Sportsfest
1.16m		3-09.50	F		High Jump	Pentathl			8/1/1995	1995 AAU Junior Olympic Games
3.60m	NWI	11-09.75	F		Long Jump	Pentathl			8/1/1995	1995 AAU Junior Olympic Games
5.67m		18-07.25	F		Shot Put	Pentathl			8/1/1995	1995 AAU Junior Olympic Games
1246			F		Out Pent				8/1/1995	1995 AAU Junior Olympic Games
1240			•		Out i ent				0/1/1993	1995 AAO Junior Olympic dames

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts F	lace	
*I Katelyn M	lcCarty (29) 11/8/1985 G	i			
3258	F	Heptathlon	3	6	7/8/2004 2004 AAU Region 3A Track & Field Meet
		Total Points:	3.0		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts F	Place	ce	
*I Lauren M	lcGuire (31) 1/	12/1984	G				
2.04m	6-08.25	F	Pole Vault	6	3	8 6/23/2000 2000 AAU Southeastern Association	
			Total Points:	6.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

		Event		Place	7	
inney (28)	12/17/1986	6 G				
	F 100	Jm Dash		5	6/28/1996	1996 AAU Southeastern Association
	P 100	Jm Dash		8	6/28/1996	1996 AAU Southeastern Association
	P 200	ეm Dash		11	6/28/1996	1996 AAU Southeastern Association
	inney (28)	F 100 P 100	inney (28) 12/17/1986 G F 100m Dash P 100m Dash P 200m Dash	F 100m Dash P 100m Dash	F 100m Dash 5 P 100m Dash 8	F 100m Dash 5 6/28/1996 P 100m Dash 8 6/28/1996

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Times: All AG

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Mark	Convert	Rnd	E	Event	Pts	Plac	е	
Maddison M	elchionna (1	9) 7/25	/1995	G				
2:26.61		F	800m	Run		3	1/18/2013	2013 Niswonger/KTC HS Invitational
19:41.00		F	5000m	Run		19	11/24/2012	2012 Footlocker South Region
19:47.56		F	5000m	Run		6	12/1/2012	2012 AAU National Cross-Country
20:57.30		F	5000m	Run		1	11/10/2012	2012 AAU Southeastern District Championships
5:39.21		F	1	Mile Run		12	1/18/2013	2013 Niswonger/KTC HS Invitational

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts P	lace)	
*I Kreshanna	a Melton (38)	8/26/1	976 G					
13:35.00		F	3000m	Run		1	6/24/1994	1994 Tennessee State Sportsfest
13:39.60		F	3000m	Run		1	6/10/1994	1994 Tennessee Regional Sportsfest
14:38.21		F	3000m	Run		7	6/16/1994	1994 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert F	Rnd	E	vent	Pts I	Place)	
*I Makeya M	Miller (31) 8/28/19	983	G					
2:25.53		F	800m	Run		1	7/6/2000	2000 AAU Region 3 Track & Field
2:25.96		F	800m	Run	10	1	6/23/2000	2000 AAU Southeastern Association
2:32.63		F	800m	Run		22	8/1/2000	2000 AAU Junior Olympic Games
				Total Points:	10.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	C	Convert	Rnd	Event		Pts	Place)	
*I Alexis	Miranda	(17) 2/2	7/1998	G					
17.02	NWI		F	100m	Dash		8	6/29/2007	2007 AAU Southeastern District
17.04	NWI		Р	100m	Dash		8	6/29/2007	2007 AAU Southeastern District
35.66	0.6		М	200m	Dash	161		7/7/2007	2007 SEAAU District Multi-Event Championships
36.14	NWI		Р	200m	Dash		13	6/27/2008	2008 AAU Southeastern District
36.24	NWI		Р	200m	Dash		12	6/29/2007	2007 AAU Southeastern District
.90m		2-11.50	М		High Jump	71		7/7/2007	2007 SEAAU District Multi-Event Championships
10-10.50		3.31m	F		Long Jump	3	6	6/27/2008	2008 AAU Southeastern District
8-09.00	NWI	2.66m	F		Long Jump		8	6/29/2007	2007 AAU Southeastern District
3.39m		11-01.50	М		Shot Put	109		7/7/2007	2007 SEAAU District Multi-Event Championships
341			F		Triathlon		2	7/7/2007	2007 SEAAU District Multi-Event Championships
					Total Points:	344.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts P	lace	•	
*I Stephanie	Miranda (22)	5/18/1993	G				
5-10.00	1.77m	F	Pole Vault		1	6/29/2007	2007 AAU Southeastern District
12-00.25 NWI	3.66m	F	Long Jump		6	6/29/2007	2007 AAU Southeastern District
24-10.25 NWI	7.57m	F	Triple Jump		4	6/29/2007	2007 AAU Southeastern District

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	J	Even	t	Pts	Plac	е	
*I Casey Mo	dzelewski (22	2) 8/24	/1992	G					
14:07.26		F	3000m	Run			151	12/4/2004	2004 AAU National Cross-Country
15:05.30		F	3000m	Run		10	12	11/20/2004	2004 AAU Southeastern Cross-Country
					Total Points:	10.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Plac	е	
*I Emma Mora	an (30) 5/9/	1985	G					
2:51.04		F	800m	Run		5	6/28/1996	1996 AAU Southeastern Association
2:51.96		F	800m	Run		1	6/16/1995	1995 AAU Southeastern Association
5:46.50		F	1500m	Run		5	6/28/1996	1996 AAU Southeastern Association
5:49.25		F	1500m	Run		4	6/16/1995	1995 AAU Southeastern Association
12:12.00		F	3000m	Run		19	12/2/1995	1995 AAU National Cross-Country
12:29.80		F	3000m	Run		72	12/3/1994	1994 AAU National Cross-Country
12:43.00		F	3000m	Run		1	11/18/1995	1995 AAU Southeastern Association
13:01.60		F	3000m	Run		2	11/15/1997	1997 AAU Southeastern Cross-Country
13:35.80		F	3000m	Run		91	12/6/1997	1997 AAU National Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Pts Place				
*I Emily Moi	rin (25) 12/21/	1989 G							
9-06.00	2.89m	F	Pole Vault		10	7/26/2008	2008 AAU Junior Olympic Games		
9-00.00	2.74m	F	Pole Vault	4.5	4	6/27/2008	2008 AAU Southeastern District		
9-00.00	2.74m	F	Pole Vault	5	4	7/10/2008	2008 AAU Region 3A Track & Field		
			Total Points:	9.5					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Rachel Mo	orley (40) 11/4/1974	G	
1:07.95	F	400m Hurdles	2 7/9/1993 1993 AAU Southeastern Association
1:09.78	F	400m Hurdles	10 8/1/1993 1993 AAU Junior Olympic Games

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Even	t	Pts F	Place)	
*I Abby Much	ha (29) 4/11/1986	G					
2:44.99	F	800m Run			9	6/25/1999	1999 AAU Southeastern Association
5:26.79	F	1500m Run		6	3	6/25/1999	1999 AAU Southeastern Association
5:38.08	F	1500m Run			10	7/8/1999	1999 AAU Region 3 Track & Field
			Total Points:	6.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Plac	е	
*I Caitlin Mu	unal (27) 6/16	/1987 G					
9.41m	30-10.50	F	Shot Put	5	4	6/23/2000	2000 AAU Southeastern Association
30-07.50	9.33m	F	Shot Put		6	7/6/2000	2000 AAU Region 3 Track & Field
78-07.00	23.95m	F	Discus		4	7/6/2000	2000 AAU Region 3 Track & Field
22.67m	74-04	F	Discus	8	2	6/23/2000	2000 AAU Southeastern Association
70-04.00	21.43m	F	Discus		20	8/1/2000	2000 AAU Junior Olympic Games
17.25m	56-07	F	Javelin	6	3	6/23/2000	2000 AAU Southeastern Association
55-06.00	16.91m	F	Javelin		5	7/6/2000	2000 AAU Region 3 Track & Field
			Total Points:	19.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	е	
*I Bobbie Neal	(31) 5/8/19	984 G					
32.00 NWI		Р	200m Dash		29	6/25/1999	1999 AAU Southeastern Association
1:12.30		Р	400m Dash		22	6/25/1999	1999 AAU Southeastern Association
4-10.00	1.47m	F	High Jump		5	7/6/2000	2000 AAU Region 3 Track & Field
1.47m	4-09.75	F	High Jump	6	3	6/22/2001	2001 AAU Southeastern Association
1.45m	4-09.00	F	High Jump	5	3	7/5/2001	2001 AAU Region 3 Track & Field Meet
4-08.00	1.42m	F	High Jump		18	8/1/2001	2001 AAU Junior Olympic Games
1.42m	4-07.75	F	High Jump	5.5	3	6/23/2000	2000 AAU Southeastern Association
1.35m	4-05.00	F	High Jump	2	7	7/12/2002	2002 AAU Southeastern Association
6-06.00	1.98m	F	Pole Vault		2	7/6/2000	2000 AAU Region 3 Track & Field
1.50m	4-11.00	F	Pole Vault	5	4	6/23/2000	2000 AAU Southeastern Association
13-04.00	4.06m	F	Long Jump		10	6/25/1999	1999 AAU Southeastern Association
19.70m	64-07	F	Javelin	5	4	7/12/2002	2002 AAU Southeastern Association
			Total Points:	28.5			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Е	vent	Pts I	Place	•	
*I Tara Nethe	erland (37) 4/6/1978	8 G					
13.17 NWI	l F	100m	Dash		13	6/16/1995	1995 AAU Southeastern Association
27.52 NWI	I F	200m	Dash		11	6/16/1995	1995 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	Event		Pts F	Place)	
*I Crysta	al New	land (29) 2	2/6/1986	G						
30.27	NWI		F	200m	Dash	Heptathl			7/2/2002	2002 AAU Southeastern Multis
3:01.10			F	800m	Run	Heptathl			7/2/2002	2002 AAU Southeastern Multis
20.96	NWI		F	100m	Hurdles	Heptathl			7/2/2002	2002 AAU Southeastern Multis
1.45m		4-09.00	F		High Jump		2	7	7/12/2002	2002 AAU Southeastern Association
1.45m		4-09.00	F		High Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis
3.78m	NWI	12-05.00	F		Long Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis
6.15m		20-02.25	F		Shot Put	Heptathl			7/2/2002	2002 AAU Southeastern Multis
20.39m		66-11	F		Javelin		2	7	7/12/2002	2002 AAU Southeastern Association
21.26m		69-09	F		Javelin	Heptathl			7/2/2002	2002 AAU Southeastern Multis
2463			F		Heptathlon		1	8	7/2/2002	2002 AAU Southeastern Multis
					Total I	Points:	5.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place	
*I Heather Ne	wman (40) 4/22/1	975 G		
19.64 NWI	Р	100m Hurdles	9	7/9/1993 1993 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mork	ур тинс					Event	Dto	D	lace		
Mark				Rnd		Event	PIS		lace		
Jessica		(21)	1/16/			Darah	404			0/00/0044	Oodd AALLAwaa F. National Overline
30.01	INVVI			M		Dash	481				2011 AAU Area 5 National Qualifier
3:13.88				M	800m		247				2011 AAU Area 5 National Qualifier
3:16.72				M	800m						2008 AAU Junior Olympic Games
3:31.92				M	800m		126				2008 AAU Region 3A Track & Field
17.32				M		Hurdles	560				2008 AAU Region 3A Track & Field
17.54				F		Hurdles			-		2010 AAU Southeastern District Qualifier #3
17.60				M		Hurdles					2008 AAU Junior Olympic Games
17.85				Р		Hurdles					2011 AAU Area 5 National Qualifier
17.96				M		Hurdles	493				2011 AAU Area 5 National Qualifier
18.31				Р	100m	Hurdles					2008 AAU Region 3A Track & Field
18.32				F	100m	Hurdles			27	7/28/2007	2007 AAU Junior Olympic Games
20.59	NWI			F	100m	Hurdles			6	6/29/2007	2007 AAU Southeastern District
21.18	NWI			F	100m	Hurdles	3		6	6/27/2008	2008 AAU Southeastern District
5-00.00		1.	52m	F		High Jump			4	1/22/2010	2010 Niswonger/KTC HS Indoor Invitational
1.50m		4-1	1.00	M		High Jump				7/26/2008	2008 AAU Junior Olympic Games
4-10.00		1.	47m	F		High Jump	8		2	6/27/2010	2010 AAU Southeastern District Qualifier #3
4-10.00		1.	47m	F		High Jump			1	6/29/2007	2007 AAU Southeastern District
4-10.00		1.	47m	F		High Jump			20	2/20/2010	2010 Kentucky High School Invitational
4-10.00		1.	47m	F		High Jump			6	6/30/2011	2011 AAU Area 5 National Qualifier
1.47m		4-0	9.75	M		High Jump	588			6/30/2011	2011 AAU Area 5 National Qualifier
1.47m		4-0	9.75	M		High Jump	588			7/10/2008	2008 AAU Region 3A Track & Field
4-08.00		1.	42m	F		High Jump	4		5	7/8/2010	2010 AAU Area 5 National Qualifier
4-08.00		1.	42m	F		High Jump			15	7/28/2007	2007 AAU Junior Olympic Games
4-08.00		1.	42m	F		High Jump	5				2008 AAU Southeastern District
4-06.00		1.	37m	F		High Jump			2	6/20/2009	2009 Slipstream Track & Field Championships
4-06.00		1.	37m	F		High Jump	3.5				2008 AAU Region 3A Track & Field
4-06.00		1.	37m	F		High Jump			11	1/30/2009	2009 Niswonger/KTC HS Indoor Invitational
15-04.00		4.	67m	F		Long Jump			10	6/30/2011	2011 AAU Area 5 National Qualifier
4.57m	NWI	15-0	0.00	F		Long Jump			12	1/27/2012	2012 Niswonger/KTC HS Indoor Invitational
14-11.00		4.	54m	F		Long Jump					2009 Slipstream Track & Field Championships
4.53m		14-1	0.50	М		Long Jump	436				2011 AAU Area 5 National Qualifier
4.43m	+0.0	14-0	6.50	М		Long Jump	411			7/10/2008	2008 AAU Region 3A Track & Field
14-06.25		4.	42m	F		Long Jump					2007 AAU Southeastern District
14-05.75			41m	F		Long Jump					2007 AAU Junior Olympic Games
14-03.00			34m	F		Long Jump	2				2008 AAU Region 3A Track & Field
14-00.25			27m	F		Long Jump	5				2008 AAU Southeastern District
4.23m	NWI	13-1	0.50	М		Long Jump					2008 AAU Junior Olympic Games
35-09.50			90m	F		Triple Jump			1		2009 Slipstream Track & Field Championships
35-05.50			80m	F		Triple Jump					2011 AAU Area 5 National Qualifier
34-08.25			57m	F		Triple Jump	6		3		2010 AAU Area 5 National Qualifier
34-06.50			52m	F		Triple Jump	8				2010 AAU Southeastern District Qualifier #3
34-00.50			37m	F		Triple Jump					2010 Kentucky High School Invitational
33-11.25			34m	F		Triple Jump					2010 Niswonger/KTC HS Indoor Invitational
33-09.25	NWI		29m	F		Triple Jump					2007 AAU Junior Olympic Games
33-05.00			18m	F		Triple Jump	8				2008 AAU Southeastern District
10.03m	NWI		1.00	F		Triple Jump					2012 Niswonger/KTC HS Indoor Invitational
32-05.25	. 4 4 4 1		88m	F		Triple Jump					2009 Kentucky High School Invitational
32-05.23	±0 0		88m	F		Triple Jump	6				2008 AAU Region 3A Track & Field
32-03.00	+0.0		86m	F		Triple Jump					2009 Niswonger/KTC HS Indoor Invitational
	NIMI			F							_
32-03.50	IVVVI	9.	84m	Г		Triple Jump			14	1/20/2008	2008 AAU Junior Olympic Games

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts I	Place	9	
Jessica Nori	ris (21) 1/16/	1994 G					
31-02.00 NWI	9.50m	F	Triple Jump		2	6/29/2007	2007 AAU Southeastern District
8.01m	26-03.50	M	Shot Put			7/26/2008	2008 AAU Junior Olympic Games
7.82m	25-08.00	M	Shot Put	388		6/30/2011	2011 AAU Area 5 National Qualifier
6.69m	21-11.50	M	Shot Put	315		7/10/2008	2008 AAU Region 3A Track & Field
19.45m	63-10	M	Javelin	279		6/30/2011	2011 AAU Area 5 National Qualifier
2912		F	Heptathlon		6	6/30/2011	2011 AAU Area 5 National Qualifier
2138		F	Out Pent		22	7/26/2008	2008 AAU Junior Olympic Games
2000		F	Out Pent	8	2	7/10/2008	2008 AAU Region 3A Track & Field
			Total Poin	ts: 1,978.5			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	E	Event	Pts I	Plac	е	
*I Mary Kate	e Ontaneda (21) 4/1	5/1994	G				
5:24.49	F	1500m	Run		32	7/28/2007	2007 AAU Junior Olympic Games
5:26.21	F	1500m	Run	6	3	7/10/2008	2008 AAU Region 3A Track & Field
5:27.85	F	1500m	Run	8	2	6/27/2008	2008 AAU Southeastern District
5:34.35	F	1500m	Run		4	6/29/2007	2007 AAU Southeastern District
11:23.38	F	3000m	Run		11	7/26/2008	2008 AAU Junior Olympic Games
11:35.00	F	3000m	Run		5	11/24/2007	2007 Footlocker South Region
11:38.08	F	3000m	Run		22	7/28/2007	2007 AAU Junior Olympic Games
11:47.32	F	3000m	Run	10	1	7/10/2008	2008 AAU Region 3A Track & Field
11:47.98	F	3000m	Run		4	6/29/2007	2007 AAU Southeastern District
12:08.92	F	3000m	Run	10	1	6/27/2008	2008 AAU Southeastern District
15:31.90	F	4000m	Run		20	12/1/2007	2007 AAU National Cross-Country
16:10.90	F	4000m	Run		4	11/17/2007	2007 AAU Southeastern Cross-Country
			Total Points:	34.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Times: All AG

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Mark	Convert Rnd		rk Conver		lark Convert R		Event	Pts F	lace)	
*I Heather C	Sborne (37)	1/30/1978	G								
30-03.75	9.23m	F	Shot Put		2	6/16/1995	1995 AAU Southeastern Association				
80-06.00	24.53m	F	Discus		3	6/16/1995	1995 AAU Southeastern Association				
74-04.00	22.65m	F	Javelin		1	6/16/1995	1995 AAU Southeastern Association				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts P	lace)	
*I Katie Payne	(26) 5/26/1	989 G						
1:30.73		F	400m	Dash		7	6/27/1997	1997 AAU Southeastern Association
1:31.08		Р	400m	Dash			6/27/1997	1997 AAU Southeastern Association
8-05.25 NWI	2.57m	F	1	Long Jump			6/27/1997	1997 AAU Southeastern Association
9-08.50	2.95m	F	;	Shot Put		6	6/27/1997	1997 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Charity Pe	eery (35) 2/22/1980	G	
25:58.60	F	5000m Run	82 12/6/1997 1997 AAU National Cross-Country
34:54.00	F	5000m Run	3 11/15/1997 1997 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd		E	Event	Pts P	lace	•	
*I Erika Persin	ger (32) 9/	11/1982	G					
2:43.00		F	800m	Run	2	7	7/8/1999	1999 AAU Region 3 Track & Field
2:51.13		F	800m	Run	3	6	6/25/1999	1999 AAU Southeastern Association
28-10.00	8.78m	F		Triple Jump		9	6/25/1999	1999 AAU Southeastern Association
22-10.00	6.96m	F		Shot Put	1	8	6/25/1999	1999 AAU Southeastern Association
				Total Points:	6.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	C	onver	t Rnd	E	vent		Pts	Place	•	
*I Keshi	a Phillips	(25) 2	/28/1990	G						
7.93		(, -	F		Dash			31	2/13/2005	2005 Volunteer Indoor Classic
29.54	NWI		Р	200m				14	6/24/2005	2005 AAU Southeastern District
29.64			М	200m	Dash		507		7/6/2006	2006 AAU Region 3A Track & Field Meet
28.91			F	200m	Dash	Heptathl		24		2005 AAU Junior Olympic Games
30.68			F	200m	Dash	Heptathl				2005 AAU Region 3A Championships
3:11.62			M	800m	Run		265			2006 AAU Region 3A Track & Field Meet
3:04.02			F	800m	Run	Heptathl				2005 AAU Region 3A Championships
3:07.36			F	800m	Run	Heptathl		29	7/30/2005	2005 AAU Junior Olympic Games
3:06.36			F	800m	Run	Pentathl			6/26/2003	2003 AAU Region III T&F Championships
3:09.33			F	800m	Run	Pentathl				2002 AAU Southeastern Multis
9.34			F	55m	Hurdles			7	2/26/2005	2005 AAU Southern Indoor Nationals
9.42			Р	55m	Hurdles			4	2/24/2006	2006 AAU Southern Indoor Nationals
9.52			Р	55m	Hurdles			7	2/26/2005	2005 AAU Southern Indoor Nationals
9.54			Р	55m	Hurdles			11	2/24/2007	2007 AAU Southern Indoor Nationals
9.62			F	55m	Hurdles			17	2/11/2006	2006 Volunteer Indoor Track Classic
9.68			F	55m	Hurdles			5	2/24/2006	2006 AAU Southern Indoor Nationals
9.75			F	55m	Hurdles			12	2/13/2005	2005 Volunteer Indoor Classic
14.65	NWI		F	80m	Hurdles		8	2	7/12/2002	2002 AAU Southeastern Association
15.68	NWI		F	80m	Hurdles			26	8/3/2002	2002 AAU Junior Olympic Games
14.63	NWI		F	80m	Hurdles	Pentathl			7/2/2002	2002 AAU Southeastern Multis
16.12	NWI		Р	100m	Hurdles			23	7/31/2006	2006 AAU Junior Olympic Games
16.37	NWI		Р	100m	Hurdles			4	6/23/2006	2006 AAU Southeastern District
16.61	NWI		Р	100m	Hurdles			7	6/29/2007	2007 AAU Southeastern District
16.61	0.7		F	100m	Hurdles		5	4	7/6/2006	2006 AAU Region 3A Track & Field Meet
16.64	NWI		F	100m	Hurdles			4	7/7/2005	2005 AAU Region 3A Championships
16.66	NWI		Р	100m	Hurdles			29	7/30/2005	2005 AAU Junior Olympic Games
16.72	1.3		Р	100m	Hurdles			7		2004 AAU Region 3A Track & Field Meet
16.91	NWI		F	100m	Hurdles		5	4	6/23/2006	2006 AAU Southeastern District
17.11	0.8		F	100m	Hurdles		3	6	7/8/2004	2004 AAU Region 3A Track & Field Meet
17.19	NWI		F	100m	Hurdles		8	2	6/24/2005	2005 AAU Southeastern District
17.20	NWI		F	100m	Hurdles			7	6/29/2007	2007 AAU Southeastern District
17.60	-1.5		M	100m	Hurdles		530		7/6/2006	2006 AAU Region 3A Track & Field Meet
18.33	NWI		F	100m	Hurdles		6	3	6/25/2004	2004 AAU Southeastern Association
19.05	NWI		Р	100m	Hurdles			5	6/20/2003	2003 Southeastern Association AAU
19.08	NWI		F	100m	Hurdles		4	5	6/20/2003	2003 Southeastern Association AAU
19.37	NWI		Р	100m	Hurdles			10	6/26/2003	2003 AAU Region III T&F Championships
16.76	NWI		F		Hurdles	Heptathl		7	7/30/2005	2005 AAU Junior Olympic Games
17.17	NWI		F	100m	Hurdles	Heptathl			7/7/2005	2005 AAU Region 3A Championships
5-00.00		1.52m	F		High Jump		10	1	6/24/2005	2005 AAU Southeastern District
1.47m		4-09.75	Р		High Jump			2	2/24/2007	2007 AAU Southern Indoor Nationals
4-09.00		1.44m	F		High Jump		5	4	6/26/2003	2003 AAU Region III T&F Championships
4-08.00		1.42m	F		High Jump			22	7/30/2005	2005 AAU Junior Olympic Games
4-08.00		1.42m	F		High Jump		3	6	6/23/2006	2006 AAU Southeastern District
4-08.00		1.42m	F		High Jump		3.5	5		2006 AAU Region 3A Track & Field Meet
1.42m		4-07.75	F		High Jump		5	4		2003 Southeastern Association AAU
4-07.75		1.41m	F		High Jump			1		2005 AAU Region 3A Championships
1.40m		4-07.00	М		High Jump		512			2006 AAU Region 3A Track & Field Meet
4-06.00		1.37m	F		High Jump			7		2002 AAU Junior Olympic Games
4-06.00		1.37m	F		High Jump			12		2005 Volunteer Indoor Classic
1.35m		4-05.00	F		High Jump		6	3	7/12/2002	2002 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

		Convert	Rnd	Event		Pts	Place	•	
*I Keshia	a Phill	lips (25) 2/2	28/1990	G					
1.47m		4-09.75	F	High Jump	Heptathl			7/7/2005	2005 AAU Region 3A Championships
1.41m		4-07.50	F	High Jump	Heptathl		11	7/30/2005	2005 AAU Junior Olympic Games
1.37m		4-06.00	F	High Jump	Pentathl			6/26/2003	2003 AAU Region III T&F Championships
1.30m		4-03.25	F	High Jump	Pentathl			7/2/2002	2002 AAU Southeastern Multis
15-02.00	NWI	4.62m	F	Long Jump)		5	6/29/2007	2007 AAU Southeastern District
15-00.00	NWI	4.57m	F	Long Jump)		39	7/28/2007	2007 AAU Junior Olympic Games
4.27m	-2.3	14-00.25	М	Long Jump)	371		7/6/2006	2006 AAU Region 3A Track & Field Meet
3.87m		12-08.50	F	Long Jump)	3	6	6/20/2003	2003 Southeastern Association AAU
12-06.00	NWI	3.81m	F	Long Jump)		23	8/3/2002	2002 AAU Junior Olympic Games
3.74m		12-03.25	F	Long Jump)	6	3	7/12/2002	2002 AAU Southeastern Association
3.35m		11-00.00	F	Long Jump)		10	6/26/2003	2003 AAU Region III T&F Championships
4.52m	NWI	14-10.00	F	Long Jump	Heptathl		15	7/30/2005	2005 AAU Junior Olympic Games
4.44m	NWI	14-07.00	F	Long Jump	Heptathl			7/7/2005	2005 AAU Region 3A Championships
3.79m	NWI	12-05.25	F	Long Jump					2002 AAU Southeastern Multis
3.69m	NWI	12-01.25	F	Long Jump				6/26/2003	2003 AAU Region III T&F Championships
37-08.50	NWI	11.49m	Р	Triple Jum	р		4	7/31/2006	2006 AAU Junior Olympic Games
36-01.50	NWI	11.01m	F	Triple Jum	р		12	7/28/2007	2007 AAU Junior Olympic Games
36-01.50	NWI	11.01m	F	Triple Jum	р		2	7/7/2005	2005 AAU Region 3A Championships
36-00.50	NWI	10.98m	F	Triple Jum	p		2	6/29/2007	2007 AAU Southeastern District
35-07.50	1.6	10.85m	F	Triple Jum	р	8	2	7/6/2006	2006 AAU Region 3A Track & Field Meet
35-06.50		10.83m	F	Triple Jum	р		1	2/24/2006	2006 AAU Southern Indoor Nationals
10.78m		35-04.50	Р	Triple Jum	р		4	2/24/2007	2007 AAU Southern Indoor Nationals
35-02.50		10.73m	F	Triple Jum	р	10	1	6/24/2005	2005 AAU Southeastern District
34-10.50		10.63m	F	Triple Jum	р	8	2	6/23/2006	2006 AAU Southeastern District
33-07.75	NWI	10.25m	F	Triple Jum	р		24	7/30/2005	2005 AAU Junior Olympic Games
33-01.25		10.09m	F	Triple Jum	р		6	2/11/2006	2006 Volunteer Indoor Track Classic
32-03.25		9.83m	F	Triple Jum	р		1	2/26/2005	2005 AAU Southern Indoor Nationals
6.73m		22-01.00	M	Shot Put		318		7/6/2006	2006 AAU Region 3A Track & Field Meet
6.71m		22-00.25	F	Shot Put	Heptathl		20	7/30/2005	2005 AAU Junior Olympic Games
5.58m		18-03.75	F	Shot Put	Heptathl			7/7/2005	2005 AAU Region 3A Championships
7.54m		24-09.00	F	Shot Put	Pentathl			6/26/2003	2003 AAU Region III T&F Championships
7.01m		23-00.00	F	Shot Put	Pentathl			7/2/2002	2002 AAU Southeastern Multis
96-02.00		29.31m	F	Javelin		8	2	7/6/2006	2006 AAU Region 3A Track & Field Meet
86-08.00		26.41m	F	Javelin			4	6/29/2007	2007 AAU Southeastern District
82-00.00		24.99m	Р	Javelin			16	7/31/2006	2006 AAU Junior Olympic Games
24.65m		80-10	M	Javelin		376		7/6/2006	2006 AAU Region 3A Track & Field Meet
75-09.00		23.08m	F	Javelin			28	7/28/2007	2007 AAU Junior Olympic Games
73-10.00		22.50m	F	Javelin		8	2	6/23/2006	2006 AAU Southeastern District
22.35m		73-04	F	Javelin	Heptathl		5	7/30/2005	2005 AAU Junior Olympic Games
15.65m		51-04	F	Javelin	Heptathl			7/7/2005	2005 AAU Region 3A Championships
3090			F	Heptathlon	l		18	7/30/2005	2005 AAU Junior Olympic Games
2879			F	Heptathlon	l	2	7		2006 AAU Region 3A Track & Field Meet
2010			F	Heptathlon	l		2	7/7/2005	2005 AAU Region 3A Championships
2791			F	Out Pent		10	1	7/2/2002	2002 AAU Southeastern Multis
2791			F	Out Pent			12	8/3/2002	2002 AAU Junior Olympic Games
2791 2047						4	12 5		2002 AAU Junior Olympic Games 2004 AAU Region 3A Track & Field Meet

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	С	onvert	Rnd	E	ent		Pts F	Place	9	
*I Tessa	Powers	(28) 4/8/	1987	G						
35.07	NWI		F	200m	Dash	Triathlon			7/28/1997	1997 AAU Junior Olympic Games
1.15m		3-09.25	F		High Jump	Triathlon			7/28/1997	1997 AAU Junior Olympic Games
6.00m	1	9-08.25	F		Shot Put	Triathlon			7/28/1997	1997 AAU Junior Olympic Games
781			F		Triathlon			10	7/28/1997	1997 AAU Junior Olympic Games

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rn	d I	Event	Pts I	Place)	
*I Wanda Pro	ofitt (39) 5/5/1976	G					
6:01.80	F	1500m	Run		6	6/16/1994	1994 AAU Southeastern Association
13:35.98	F	3000m	Run		6	6/16/1994	1994 AAU Southeastern Association
21:55.74	F	5000m	Run		62	12/3/1994	1994 AAU National Cross-Country

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	nvert Rnd Event				Pts Place						
*I Valne	ssha F	Redd (28) 4	/16/1987	7 G									
13.47	NWI		Р	100m	Dash			12	6/22/2001	2001 AAU Southeastern Association			
26.81	NWI		F	200m	Dash	Heptathl			7/2/2002	2002 AAU Southeastern Multis			
2:54.83			F	800m	Run	Heptathl			7/2/2002	2002 AAU Southeastern Multis			
19.19	NWI		F	100m	Hurdles	Heptathl			7/2/2002	2002 AAU Southeastern Multis			
1.45m		4-09.00	F		High Jump		3.5	5	7/12/2002	2002 AAU Southeastern Association			
1.40m		4-07.00	F		High Jump			10	7/5/2001	2001 AAU Region 3 Track & Field Meet			
1.37m		4-06.00	F		High Jump		4	5	6/22/2001	2001 AAU Southeastern Association			
1.60m		5-03.00	F		High Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis			
17-11.50	NWI	5.47m	F		Long Jump			3	8/3/2002	2002 AAU Junior Olympic Games			
5.08m		16-08.00	F		Long Jump		10	1	7/12/2002	2002 AAU Southeastern Association			
4.99m	NWI	16-04.50	F		Long Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis			
34-07.75	NWI	10.56m	F		Triple Jump			14	8/3/2002	2002 AAU Junior Olympic Games			
10.50m		34-05.50	F		Triple Jump		8	2	7/12/2002	2002 AAU Southeastern Association			
10.12m		33-02.50	F		Shot Put		2	5	7/5/2001	2001 AAU Region 3 Track & Field Meet			
9.63m		31-07.25	F		Shot Put		6	3	6/22/2001	2001 AAU Southeastern Association			
8.50m		27-10.75	F		Shot Put	Heptathl			7/2/2002	2002 AAU Southeastern Multis			
22.26m		73-00	F		Discus		8	2	6/22/2001	2001 AAU Southeastern Association			
19.02m		62-05	F		Discus			12	7/5/2001	2001 AAU Region 3 Track & Field Meet			
20.54m		67-05	F		Javelin	Heptathl			7/2/2002	2002 AAU Southeastern Multis			
3540			F		Heptathlon		8	2	7/2/2002	2002 AAU Southeastern Multis			
2359			F		Out Pent			7	7/5/2001	2001 AAU Region 3 Track & Field Meet			
					Total I	Points:	49.5						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conv	ert Rnd	E	Event	Pts	Place)	
*I Jasmi	ine Redford (2	6) 6/13/198	8 G					
12.58	NWI	F	100m	Dash		19	6/28/2005	2005 USATF Youth Nationals
12.74	NWI	Р	100m	Dash		3	7/12/2002	2002 AAU Southeastern Association
12.94	NWI	F	100m	Dash	4	5	7/12/2002	2002 AAU Southeastern Association
12.99	NWI	Р	100m	Dash		8	6/26/2003	2003 AAU Region III T&F Championships
13.00	NWI	F	100m	Dash	2	7	6/26/2003	2003 AAU Region III T&F Championships
13.09	NWI	Р	100m	Dash		2	6/20/2003	2003 Southeastern Association AAU
13.12	NWI	F	100m	Dash	8	2	6/20/2003	2003 Southeastern Association AAU
26.17	NWI	F	200m	Dash	6	3	6/26/2003	2003 AAU Region III T&F Championships
26.22	NWI	F	200m	Dash		27	8/3/2002	2002 AAU Junior Olympic Games
26.28	NWI	Р	200m	Dash		3	7/12/2002	2002 AAU Southeastern Association
26.39	NWI	F	200m	Dash	5	4	7/12/2002	2002 AAU Southeastern Association
26.41	NWI	F	200m	Dash		28	6/28/2005	2005 USATF Youth Nationals
26.48	NWI	Р	200m	Dash		33	7/23/2003	2003 AAU Junior Olympic Games
26.49	NWI	F	200m	Dash	10	1	6/20/2003	2003 Southeastern Association AAU
26.51	NWI	Р	200m	Dash		5	6/26/2003	2003 AAU Region III T&F Championships
27.28	NWI	Р	200m	Dash		6	6/20/2003	2003 Southeastern Association AAU
				Total Points:	35.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Pl	Pts Place						
Anna Reed	(14) 3/20/200°	1 G									
3:15.59		M	800m Run	234		6/28/2012 2012 AAU Area 6 Championships					
17.57 NW	/I	M	80m Hurdles	410		6/28/2012 2012 AAU Area 6 Championships					
1.27m	4-02.00	M	High Jump	379		6/28/2012 2012 AAU Area 6 Championships					
3.59m	11-09.50	M	Long Jump	218		6/28/2012 2012 AAU Area 6 Championships					
5.49m	18-00.25	M	Shot Put	239		6/28/2012 2012 AAU Area 6 Championships					
1480		F	Out Pent		1	6/28/2012 2012 AAU Area 6 Championships					
			Total Point	s: 1,480.0							

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	Event		Pts Place						
*I Haley	Reed	(17) 9/5/199	97 G									
3:54.97			M	800m	Run		28		7/10/2008	2008 AAU Region 3A Track & Field		
19.00	NWI		F	80m	Hurdles		4	5	7/9/2009	2009 AAU Area 5 National Qualifier		
19.23	NWI		F	80m	Hurdles		4	5	6/26/2009	2009 AAU Southeastern Track & Field Champion		
20.81	0.3		M	80m	Hurdles		142		7/10/2008	2008 AAU Region 3A Track & Field		
1.01m		3-03.75	M		High Jump		149		7/10/2008	2008 AAU Region 3A Track & Field		
11-02.00	1.7	3.40m	F		Long Jump		2	7	7/9/2009	2009 AAU Area 5 National Qualifier		
9-10.00		2.99m	F		Long Jump		4	5	6/26/2009	2009 AAU Southeastern Track & Field Champion		
2.85m	+0.0	9-04.25	M		Long Jump		83		7/10/2008	2008 AAU Region 3A Track & Field		
5.10m		16-08.75	M		Shot Put		215		7/10/2008	2008 AAU Region 3A Track & Field		
24-04.50		7.42m	F		Shot Put	6 lbs	10	1	7/9/2009	2009 AAU Area 5 National Qualifier		
24-03.00		7.39m	F		Shot Put	6 lbs	8	2	6/26/2009	2009 AAU Southeastern Track & Field Champion		
617			F		Out Pent		3	6	7/10/2008	2008 AAU Region 3A Track & Field		
					Total	Points:	652.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts P	lace	•	
Stacey I	Reed (17) 9/22/19	97 G						
29.80	NWI		M	200m	Dash	496		6/28/2012	2012 AAU Area 6 Championships
3:02.24			M	800m	Run	345		6/28/2012	2012 AAU Area 6 Championships
19.80	NWI		М	100m	Hurdles	319		6/28/2012	2012 AAU Area 6 Championships
1.32m		4-04.00	M		High Jump	429		6/28/2012	2012 AAU Area 6 Championships
4.47m		14-08.00	M		Long Jump	421		6/28/2012	2012 AAU Area 6 Championships
8.83m		28-11.75	M		Shot Put	453		6/28/2012	2012 AAU Area 6 Championships
13.40m		43-11	М		Javelin	167		6/28/2012	2012 AAU Area 6 Championships
2630			F		Heptathlon		8	6/28/2012	2012 AAU Area 6 Championships
					Total Poin	ts: 2,630.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place
*I Ashley Renta	z (28) 2/27/1 11-05.00	1987 G	Long Jump	17 6/23/2000 2000 AAU Southeastern Association
0.40111	11 03.00	•	Long dump	17 0/20/2000 2000 AAO OOUTHCASTOTT ASSOCIATION

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Tim	es: All AG	r							
Mark	Convert	Rnd	E	vent	F	Pts	Plac	е	
Hannah Rhode	es (19) 8/3	1/1995	G						
1:10.25		Р	400m	Dash			8	6/27/2008	2008 AAU Southeastern District
1:14.69		F	400m	Dash			9	6/27/2008	2008 AAU Southeastern District
2:30.11		F	800m	Run			6	1/18/2013	2013 Niswonger/KTC HS Invitational
2:36.17		F	800m	Run		8	2		2009 AAU Area 5 National Qualifier
2:36.26		F	800m	Run		5	4	7/10/2008	2008 AAU Region 3A Track & Field
2:36.64		F	800m	Run			28		2008 AAU Junior Olympic Games
2:41.71		F	800m	Run			25		2007 AAU Junior Olympic Games
2:42.77		F	800m	Run		5	4		2008 AAU Southeastern District
2:44.75		F	800m	Run		4	5	6/27/2010	2010 AAU Southeastern District Qualifier #3
2:45.35		F	800m				2	6/29/2007	2007 AAU Southeastern District
2:46.32		F	800m	Run			1	6/20/2009	2009 Slipstream Track & Field Championships
5:04.55		F	1500m	Run			9		2012 AAU Junior Olympic Games
5:05.12		F	1500m	Run			10		2013 AAU Junior Olympic Games
5:14.95		F	1500m	Run			2		2013 AAU Area 6 National Qualifier
5:15.75		F	1500m	Run			1	6/17/2012	2012 AAU Southeastern District Qualifier
5:17.85		F	1500m	Run			1	6/28/2012	2012 AAU Area 6 Championships
5:21.67		F	1500m	Run		2	7	7/8/2010	2010 AAU Area 5 National Qualifier
5:22.30		F	1500m	Run			20	7/26/2008	2008 AAU Junior Olympic Games
5:22.72		F	1500m	Run			2		2011 AAU Area 5 National Qualifier
5:24.83		F	1500m	Run			2	6/16/2013	2013 AAU Southeastern District Qualifier
5:28.97		F	1500m	Run		8	2	7/10/2008	2008 AAU Region 3A Track & Field
5:34.11		F	1500m	Run		10	1	7/9/2009	2009 AAU Area 5 National Qualifier
5:43.06		F	1500m	Run			3	6/29/2007	2007 AAU Southeastern District
5:43.41		F	1500m	Run		6	3	6/27/2010	2010 AAU Southeastern District Qualifier #3
5:45.15		F	1500m	Run		6	3	6/27/2008	2008 AAU Southeastern District
5:46.79		F	1500m	Run			30	7/28/2007	2007 AAU Junior Olympic Games
5:54.45		F	1500m	Run			1	6/20/2009	2009 Slipstream Track & Field Championships
11:12.21		F	3000m	Run			4	7/28/2012	2012 AAU Junior Olympic Games
11:22.70		F	3000m	Run			9	7/27/2013	2013 AAU Junior Olympic Games
11:30.50		F	3000m	Run			1	6/17/2012	2012 AAU Southeastern District Qualifier
11:36.31		F	3000m	Run			1	6/19/2011	2011 AAU Southeastern District Qualifier
11:36.92		F	3000m	Run			1	6/16/2013	2013 AAU Southeastern District Qualifier
11:39.51		F	3000m	Run			1	6/27/2013	2013 AAU Area 6 National Qualifier
11:40.60		F	3000m	Run		8	2	7/8/2010	2010 AAU Area 5 National Qualifier
11:41.03		F	3000m	Run			1	6/30/2011	2011 AAU Area 5 National Qualifier
11:52.29		F	3000m	Run			18	7/31/2010	2010 AAU Junior Olympic Games
11:55.10		F	3000m	Run			1	6/28/2012	2012 AAU Area 6 Championships
12:02.00		F	3000m	Run			26	12/1/2007	2007 AAU National Cross-Country
12:11.97		F	3000m	Run		10	1	6/27/2010	2010 AAU Southeastern District Qualifier #3
12:17.04		F	3000m	Run			7	1/27/2012	2012 Niswonger/KTC HS Indoor Invitational
14:19.30		F	3000m	Run			4	11/17/2007	2007 AAU Southeastern Cross-Country
19:52.00		F	5000m	Run			33	11/24/2012	2012 Footlocker South Region
19:59.00		F	5000m	Run			48	11/30/2013	2013 Footlocker South Region
21:25.70		F	5000m	Run			2	11/10/2012	2012 AAU Southeastern District Championships
5:35.63		F	1	Mile Run			9	1/18/2013	2013 Niswonger/KTC HS Invitational
7:45.53		F	2000m	StplCh			1	7/3/2014	2014 AAU Region 6 National Qualifier
7:50.94		F	2000m				2		2014 AAU Junior Olympic Games
7:54.55		F	2000m	•			3		2012 AAU Junior Olympic Games
8:05.25		F		StplCh			4		2013 AAU Junior Olympic Games
8:21.30		F	2000m	StplCh			1	6/28/2012	2012 AAU Area 6 Championships

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	Place	9	
Hannah Rh	odes (19) 8/3 ⁻	1/1995	G					
8:26.94		F	2000m	StplCh		1	6/27/2013	2013 AAU Area 6 National Qualifier
8:39.86		F	2000m	StplCh		2	6/30/2011	2011 AAU Area 5 National Qualifier
74-04.00	22.65m	F		Javelin		4	6/30/2011	2011 AAU Area 5 National Qualifier
64-08.00	19.71m	F		Javelin	4	5	7/8/2010	2010 AAU Area 5 National Qualifier
64-00.00	19.50m	F		Javelin	8	2	6/27/2010	2010 AAU Southeastern District Qualifier #3
62-01.00	18.92m	F		Javelin	10	1	7/9/2009	2009 AAU Area 5 National Qualifier
57-02.00	17.42m	F		Javelin		1	6/20/2009	2009 Slipstream Track & Field Championships
				Total Points:	94.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts I	Plac	е	
*I Sarah Ric	hardson (30)	9/1/1984	G				
14-06.75	4.43m	F	Long Jump	3	6	6/26/1998	1998 AAU Southeastern Association
12-01.75	3.70m	F	Long Jump		15	7/9/1998	1998 AAU Region 3 Track & Field
84-02.00	25.65m	F	Javelin		12	8/1/1998	1998 AAU Junior Olympic Games
80-08.00	24.58m	F	Javelin	10	1	6/26/1998	1998 AAU Southeastern Association
2-01.75	.65m	F	Javelin	8	2	7/9/1998	1998 AAU Region 3 Track & Field
			Total Points:	21.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

nvert Rnd	Event	Pts Place	e	
7) 7/18/1977 G				
F	100m Dash	16	7/9/1993	1993 AAU Southeastern Association
F	800m Run	5	6/16/1995	1995 AAU Southeastern Association
	onvert Rnd 7) 7/18/1977 G F F	7) 7/18/1977 G F 100m Dash	7) 7/18/1977 G F 100m Dash 16	7) 7/18/1977 G F 100m Dash 16 7/9/1993

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent		Pts	Place	е	
*I Jessic	ca Rollei	r (30) 5/2/	1985	G						
29.11	NWI		Р	200m	Dash			21	6/23/2000	2000 AAU Southeastern Association
28.05	NWI		F	200m	Dash	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
1:03.56			F	400m	Dash		4	5	6/22/2001	2001 AAU Southeastern Association
1:05.05			Р	400m	Dash			8	6/22/2001	2001 AAU Southeastern Association
1:05.41			Р	400m	Dash			18	7/5/2001	2001 AAU Region 3 Track & Field Meet
1:08.23			Р	400m	Dash			14	6/26/1998	1998 AAU Southeastern Association
2:37.53			F	800m	Run	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
20.22	NWI		F	100m	Hurdles	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
1.50m		4-11.00	F		High Jump		2	5	7/5/2001	2001 AAU Region 3 Track & Field Meet
4-08.00		1.42m	F		High Jump		8	2	6/26/1998	1998 AAU Southeastern Association
1.42m		4-07.75	F		High Jump		5	4	6/22/2001	2001 AAU Southeastern Association
1.42m		4-07.75	F		High Jump		4	5	6/23/2000	2000 AAU Southeastern Association
4-06.00		1.37m	F		High Jump			9	7/6/2000	2000 AAU Region 3 Track & Field
4-05.00		1.34m	F		High Jump	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
14-05.00	NWI	4.39m	F		Long Jump	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
22-01.00		6.73m	F		Shot Put	Heptathl			8/1/2000	2000 AAU Junior Olympic Games
46-07.00		14.19m	F		Javelin	Heptathl			8/1/2000	
2875			F		Heptathlon			19	8/1/2000	2000 AAU Junior Olympic Games
2860			F		Heptathlon			4	7/6/2000	
					Total I	Points:	23.0			-

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	Event	Pts	Place	е	
Chloe R	ose (1	4) 2/14/200	1 G					
19.70	NWI		F	100m Dash		12	6/27/2010	2010 AAU Southeastern District Qualifier #3
19.83	NWI		Р	100m Dash		20	7/8/2010	2010 AAU Area 5 National Qualifier
20.13	NWI		F	100m Dash		1	6/20/2009	2009 Slipstream Track & Field Championships
20.86	NWI		Р	100m Dash		14	7/9/2009	2009 AAU Area 5 National Qualifier
41.34	NWI		F	200m Dash		9	6/27/2010	2010 AAU Southeastern District Qualifier #3
41.66	NWI		Р	200m Dash		19	7/8/2010	2010 AAU Area 5 National Qualifier
43.58	NWI		Р	200m Dash		17	7/9/2009	2009 AAU Area 5 National Qualifier
44.80	NWI		F	200m Dash		2	6/20/2009	2009 Slipstream Track & Field Championships
7-06.50		2.29m	F	Long Jump	4	5	6/27/2010	2010 AAU Southeastern District Qualifier #3
7-04.00	+0.0	2.23m	F	Long Jump		13	7/8/2010	2010 AAU Area 5 National Qualifier
7-00.00		2.13m	F	Long Jump		1	6/20/2009	2009 Slipstream Track & Field Championships
5-10.50	-0.6	1.79m	F	Long Jump		9	7/9/2009	2009 AAU Area 5 National Qualifier
				Total Points	s: 4.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Jennifer Ros	e (27) 3/22/1988 G		
569	F	Triathlon	8 7/9/1998 1998 AAU Region 3 Track & Field

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert I	Rnd	Event	Pts Place
*I Kristin Ro	senbaum (34)	12/1/19	980 G	
27.31		Р	200m Dash	11 6/26/1998 1998 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Con	vert	Rnd	E	Event	Pts	s I	Place)	
Harper	Russell	(14)	11/17	/2000	G						
35.81				F		Dash		3	6	6/27/2008	2008 AAU Southeastern District
35.83	8.0			Р	200m	Dash	-		9	7/10/2008	2008 AAU Region 3A Track & Field
36.88	NWI			Р	200m	Dash	-		6	6/27/2008	2008 AAU Southeastern District
1:16.50				F	400m	Dash	-		22	7/26/2008	2008 AAU Junior Olympic Games
1:17.73				F	400m	Dash	1	0	1	7/10/2008	2008 AAU Region 3A Track & Field
1:17.89				F	400m	Dash	1	0	1		2008 AAU Southeastern District
1:18.84				Р	400m	Dash	_		1		2008 AAU Region 3A Track & Field
1:20.86				Р	400m	Dash	_		1		2008 AAU Southeastern District
1:21.95				F	400m	Dash	_		1	6/20/2009	2009 Slipstream Track & Field Championships
2:19.04				F	800m	Run	-		5		2014 AAU Junior Olympic Games
2:21.21				F	800m		_		9		2013 AAU Junior Olympic Games
2:21.53				Р	800m		_		8		2014 AAU Junior Olympic Games
2:25.58				P	800m		_		11		2013 AAU Junior Olympic Games
2:26.44				F	800m		_		1		2013 AAU Area 6 National Qualifier
2:27.58				F	800m		_		1		2014 AAU Region 6 National Qualifier
2:28.52				F	800m				1		2013 AAU Southeastern District Qualifier
2:29.58				F	800m				1		2014 AAU Southeastern District Qualifier
2:33.67				F	800m				1		2012 AAU Southeastern District Qualifier
2:35.58				F	800m				1		2012 AAU Area 6 Championships
2:37.83				F	800m				21		2011 AAU Junior Olympic Games
2:40.06				F	800m				1		2011 AAU Southeastern District Qualifier
2:40.86				F	800m	-			1		2011 AAU Area 5 National Qualifier
2:41.15				F	800m				3		2009 AAU Junior Olympic Games
2:41.70				F	800m				11		2010 AAU Junior Olympic Games
2:44.52				, F	800m			0	1		2010 AAU Area 5 National Qualifier
2:45.70				F	800m			0	1		2010 AAU Southeastern District Qualifier #3
2:48.38				F	800m			0	1		2009 AAU Area 5 National Qualifier
2:48.61				, F	800m				4		2008 AAU Junior Olympic Games
2:52.85				F	800m			0	1		2009 AAU Southeastern Track & Field Champi
2:54.73				F	800m			0	1		•
2:59.88				F	800m			0	1		2008 AAU Region 3A Track & Field 2008 AAU Southeastern District
3:03.03				F	800m				1		2009 Slipstream Track & Field Championships
				F	1500m						2009 Slipstream Track & Field Championships 2014 AAU Junior Olympic Games
4:51.72				F	1500m	-			1		, ,
4:56.73				F	1500m				1 2		2013 AAU Junior Olympic Games
5:02.80				F							2012 AAU South costors District Qualifier
5:03.19				F	1500m		-		1		2013 AAU Area C National Constitut
5:05.82				•	1500m		-		1		2013 AAU Area 6 National Qualifier
5:06.08				F	1500m				1		2014 AAU Region 6 National Qualifier
5:08.19				F	1500m				1		2012 AAU Area 6 Championships
5:12.35				F	1500m				1		2014 AAU Southeastern District Qualifier
5:17.85				F	1500m				1		2012 AAU Southeastern District Qualifier
5:24.32				F	1500m				1		2011 AAU Area 5 National Qualifier
5:25.08				F	1500m				8		2011 AAU Junior Olympic Games
5:28.32				F	1500m				2		2009 AAU Junior Olympic Games
5:32.50				F	1500m				7		2010 AAU Junior Olympic Games
5:33.59				F	1500m			0	1		2009 AAU Area 5 National Qualifier
5:34.41				F	1500m			0	1		2010 AAU Area 5 National Qualifier
5:39.66				F	1500m			0	1		2010 AAU Southeastern District Qualifier #3
5:51.00				F	1500m		1	0	1		2009 AAU Southeastern Track & Field Champi
6:20.13				F	1500m	Run	-		1	6/20/2009	2009 Slipstream Track & Field Championships

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts I	Place	е	
Harper Russell	(14) 11/17	7/2000	G					
10:57.32		F	3000m	Run		2	7/27/2013	2013 AAU Junior Olympic Games
10:58.57		F	3000m	Run		9	12/1/2012	2012 AAU National Cross-Country
11:14.21		F	3000m	Run		1	7/3/2014	2014 AAU Region 6 National Qualifier
11:17.62		F	3000m	Run		6	7/26/2014	2014 AAU Junior Olympic Games
11:19.72		F	3000m	Run		1	6/16/2013	2013 AAU Southeastern District Qualifier
11:24.52		F	3000m	Run		1	6/28/2012	2012 AAU Area 6 Championships
11:27.70		F	3000m	Run		1	6/17/2012	2012 AAU Southeastern District Qualifier
11:27.81		F	3000m	Run		7	7/28/2012	2012 AAU Junior Olympic Games
11:28.87		F	3000m	Run		1	6/27/2013	2013 AAU Area 6 National Qualifier
11:29.00		F	3000m	Run		2	11/24/2012	2012 Footlocker South Region
11:30.21		F	3000m	Run		1	6/30/2011	2011 AAU Area 5 National Qualifier
11:38.00		F	3000m	Run		18	11/30/2013	2013 Footlocker South Region
11:40.07		F	3000m	Run		1	6/16/2014	2014 AAU Southeastern District Qualifier
11:42.58		F	3000m	Run		5	7/30/2011	2011 AAU Junior Olympic Games
11:54.06		F	3000m	Run		1	6/19/2011	2011 AAU Southeastern District Qualifier
12:42.00		F	3000m	Run		1	11/10/2012	2012 AAU Southeastern District Championships
				Total Points:	123.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts P	lace	9	
*I Kylie Russel	I (20) 5/6/1	995 6	à					
3:01.05		F	800m	Run		9	6/27/2008	2008 AAU Southeastern District
5:57.39		F	1500m	Run	8	2	6/26/2009	2009 AAU Southeastern Track & Field Champion
6:01.49		F	1500m	Run	6	3	7/9/2009	2009 AAU Area 5 National Qualifier
6:05.43		F	1500m	Run	2	7	7/10/2008	2008 AAU Region 3A Track & Field
6:07.55		F	1500m	Run	1	8	6/27/2008	2008 AAU Southeastern District
13:25.24		F	3000m	Run	8	2	7/9/2009	2009 AAU Area 5 National Qualifier
13:29.56		F	3000m	Run	8	2	6/26/2009	2009 AAU Southeastern Track & Field Champion
				Total Points:	33.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts	Place	•	
*I Stacy Rut	therford (22)	1/11/199	3 G					
41.58 NW	/ I	Р	200m	Dash		10	6/23/2000	2000 AAU Southeastern Association
1:18.94		Р	400m	Dash		4	7/12/2002	2002 AAU Southeastern Association
1:22.69		F	400m	Dash	4	5	7/12/2002	2002 AAU Southeastern Association
4:01.11		F	800m	Run		14	7/6/2000	2000 AAU Region 3 Track & Field
4:23.00		F	800m	Run	5	4	6/23/2000	2000 AAU Southeastern Association
1.05m	3-05.25	F		High Jump	8	2	7/12/2002	2002 AAU Southeastern Association
2.60m	8-06.50	F		Long Jump	2	7	7/12/2002	2002 AAU Southeastern Association
2.36m	7-09.00	F		Long Jump	6	3	6/23/2000	2000 AAU Southeastern Association
6-08.00 NW	/I 2.03m	F		Long Jump		13	7/6/2000	2000 AAU Region 3 Track & Field
				Total Points:	25.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	Event	Pts	Place	•	
Morgan	Salyers	s (16) 1/1/	1999	G				
29.06	NWI		F	200m Dash		18	6/16/2014	2014 AAU Southeastern District Qualifier
14-00.50	NWI	4.28m	F	Long Jump		16	7/3/2014	2014 AAU Region 6 National Qualifier
13-08.75	NWI	4.18m	F	Long Jump		7	6/16/2014	2014 AAU Southeastern District Qualifier
33-03.75	-0.4	10.15m	F	Triple Jump		36	7/26/2014	2014 AAU Junior Olympic Games
31-06.75	NWI	9.62m	F	Triple Jump		1	6/16/2014	2014 AAU Southeastern District Qualifier
30-03.50	NWI	9.23m	F	Triple Jump		4	7/3/2014	2014 AAU Region 6 National Qualifier

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	lace)	
*I Holly San	som (33) 11/6	6/1981	G					
2:42.68		F	800m	Run	4	5	7/8/1999	1999 AAU Region 3 Track & Field
2:47.43		F	800m	Run	4	5	6/25/1999	1999 AAU Southeastern Association
25-06.00	7.77m	F		Shot Put	2	7	6/25/1999	1999 AAU Southeastern Association
				Total Points:	10.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place	
*I Alexia Sch	miedt (39) 9/14/1975	G		
5:50.00	F 1	500m Run	7/9/1993	1993 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Times: All AG

Licensed To: Slipstream Track & Field Club

Mark	Convert	Rnd	Event	Pts	Place	9				
*I Emily Scott (26) 4/10/1989 G										
12:56.76		F	1500m Walk	4	5	6/22/2001	2001 AAU Southeastern Association			
8.86m	29-01.00	F	Shot Put	3	6	7/12/2002	2002 AAU Southeastern Association			
28-07.00	8.71m	F	Shot Put		10	2/17/2007	2007 Kentucky High School Invitational			
28-02.25	8.59m	F	Shot Put		9	2/11/2006	2006 Volunteer Indoor Track Classic			
26-05.00	8.05m	F	Shot Put		3	2/26/2005	2005 AAU Southern Indoor Nationals			
7.94m	26-00.75	F	Shot Put		9	2/10/2007	2007 Volunteer Indoor Track Classic			
26-00.00	7.92m	F	Shot Put		6	2/27/2004	2004 AAU Southern Indoor Nationals			
6.53m	21-05.25	F	Shot Put	3	6	6/22/2001	2001 AAU Southeastern Association			
6.41m	21-00.50	F	Shot Put		18	7/5/2001	2001 AAU Region 3 Track & Field Meet			
18.10m	59-04	F	Discus	1	8	7/12/2002	2002 AAU Southeastern Association			
14.49m	47-06	F	Discus		11	7/5/2001	2001 AAU Region 3 Track & Field Meet			
13.14m	43-01	F	Discus	5	4	6/22/2001	2001 AAU Southeastern Association			
11.75m	38-06	F	Javelin	3	6	7/12/2002	2002 AAU Southeastern Association			
			Total Points:	19.0						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	ent	Pts	Place	•	
*I Kendrea	Scott (23) 5/2	6/1992	G					
11:38.62		F	1500m	Walk		14	8/3/2002	2002 AAU Junior Olympic Games
12:17.94		F	1500m	Walk		1	7/12/2002	2002 AAU Southeastern Association
.90m	2-11.50	F		High Jump	8	2	7/12/2002	2002 AAU Southeastern Association
.76m	2-06.00	F		High Jump	5	4	6/22/2001	2001 AAU Southeastern Association
23-10.75	7.28m	F		Shot Put	5		2/24/2006	2006 AAU Southern Indoor Nationals
19-01.00	5.81m	F		Shot Put		5	2/27/2004	2004 AAU Southern Indoor Nationals
5.35m	17-06.75	F		Shot Put	6	3	7/5/2001	2001 AAU Region 3 Track & Field Meet
5.29m	17-04.25	F		Shot Put	4	5	7/12/2002	2002 AAU Southeastern Association
15-06.00	4.72m	F		Shot Put		12	8/1/2001	2001 AAU Junior Olympic Games
4.58m	15-00.50	F		Shot Put	8	2	6/22/2001	2001 AAU Southeastern Association
				Total Points:	36.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

		Event	Pts Place
*I Julia Seward (28) 1	2/14/1986	G	
21:17.30	F	5000m Run	23 12/4/2004 2004 AAU National Cross-Country
21:27.90	F	5000m Run	2 11/20/2004 2004 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conv	ert Rn	d l	Event	Pts	Place	9	
*I Monica	a Shade (35)	7/19/19	79 G					
13.52	NWI	Р	100m	Dash			6/25/1993	1993 Tennessee State Sportsfest
13.60	NWI	F	100m	Dash		10	7/9/1993	1993 AAU Southeastern Association
13.80	NWI	F	100m	Dash		3	6/12/1993	1993 Tennessee Regional Sportsfest
28.51	NWI	F	200m	Dash		7	7/9/1993	1993 AAU Southeastern Association
28.70	NWI	F	200m	Dash		1	6/12/1993	1993 Tennessee Regional Sportsfest
29.19	NWI	Р	200m	Dash			6/25/1993	1993 Tennessee State Sportsfest

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts I	Place	9	
*I McKenzie S	harpe (30)	11/14/1	984 G					
27.79 NWI		Р	200m	Dash		11	6/23/2000	2000 AAU Southeastern Association
1:01.49		Р	400m	Dash		7	7/12/2002	2002 AAU Southeastern Association
1:01.68		Р	400m	Dash		9	7/5/2001	2001 AAU Region 3 Track & Field Meet
1:02.18		F	400m	Dash	3	6	7/12/2002	2002 AAU Southeastern Association
1:02.71		F	400m	Dash	5	4	6/22/2001	2001 AAU Southeastern Association
1:04.19		Р	400m	Dash		8	6/22/2001	2001 AAU Southeastern Association
2558		F		Heptathlon		8	7/6/2000	2000 AAU Region 3 Track & Field
				Total Points:	8.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Courtney Sha	aw (29) 9/21/1985	G	
34.87 NWI	Р	200m Dash	14 6/28/1996 1996 AAU Southeastern Association
1:20.45	Р	400m Dash	6 6/28/1996 1996 AAU Southeastern Association
1:20.52	F	400m Dash	7 6/28/1996 1996 AAU Southeastern Association

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts	Pla	ace)	
Maci Shell (16	3/30/1999	G							
5:18.27		F	1500m	Run		2	25	7/26/2014	2014 AAU Junior Olympic Games
5:33.46		F	1500m	Run			1	7/3/2014	2014 AAU Region 6 National Qualifier
5:35.26		F	1500m	Run		3	4	7/27/2013	2013 AAU Junior Olympic Games
5:44.83		F	1500m	Run			2	6/16/2014	2014 AAU Southeastern District Qualifier
5:47.07		F	1500m	Run			4	6/27/2013	2013 AAU Area 6 National Qualifier
6:09.50		F	1500m	Run			2	6/16/2013	2013 AAU Southeastern District Qualifier
11:29.40		F	3000m	Run		- 1	6	7/27/2013	2013 AAU Junior Olympic Games
11:47.00		F	3000m	Run		2	4	11/30/2013	2013 Footlocker South Region
11:53.74		F	3000m	Run			1	7/3/2014	2014 AAU Region 6 National Qualifier
11:54.00		F	3000m	Run		2	1	11/24/2012	2012 Footlocker South Region
11:56.64		F	3000m	Run		- 1	8	7/26/2014	2014 AAU Junior Olympic Games
12:08.38		F	3000m	Run			2	6/16/2014	2014 AAU Southeastern District Qualifier
12:26.77		F	3000m	Run			2	6/16/2013	2013 AAU Southeastern District Qualifier
12:34.43		F	3000m	Run			4	6/27/2013	2013 AAU Area 6 National Qualifier
15:36.30		F	4000m	Run		2	20	12/1/2012	2012 AAU National Cross-Country
16:20.52		F	4000m	Run			2	11/16/2013	2013 AAU Southeastern District Championships
16:23.93		F	4000m	Run		- 1	6	12/7/2013	2013 AAU National Cross=Country
17:20.00		F	4000m	Run			2	11/10/2012	2012 AAU Southeastern District Championships
8:19.05		F	2000m	StplCh			9	7/26/2014	2014 AAU Junior Olympic Games
8:40.09		F	2000m	StplCh			2		2014 AAU Region 6 National Qualifier

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	Event		Pts	Place	•	
*I Kriste	n Shipl	ey (34) 3	/20/1981	G						
27.97	NWI		F	200m	Dash	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
2:42.19			F	800m	Run	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
17.03			F	100m	Hurdles		1	8	6/26/1998	1998 AAU Southeastern Association
17.30			Р	100m	Hurdles			7	6/26/1998	1998 AAU Southeastern Association
16.42	NWI		F	100m	Hurdles	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
4-10.00		1.47m	F		High Jump		2	7	6/26/1998	1998 AAU Southeastern Association
1.57m		5-01.75	F		High Jump	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
16-08.25		5.08m	F		Long Jump		2	5	7/9/1998	1998 AAU Region 3 Track & Field
15-10.50		4.83m	F		Long Jump		4	5	6/26/1998	1998 AAU Southeastern Association
4.72m	NWI	15-06.00	F		Long Jump	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
8.90m		29-02.50	F		Shot Put	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
16.97m		55-08	F		Javelin	Heptathl			7/9/1998	1998 AAU Region 3 Track & Field
3722			F		Heptathlon		4	4	7/9/1998	1998 AAU Region 3 Track & Field
					Total	Points:	13.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd Event					Pts P	lace)	
Kenned	y Simmons (1	2) 2/8/2003	G						
19.39	NWI	F	100m	Dash			5	6/16/2013	2013 AAU Southeastern District Qualifier
41.81	NWI	F	200m	Dash			3	6/16/2013	2013 AAU Southeastern District Qualifier
12-02.50	3.72	m F		Shot Put	6 lbs		1	6/16/2013	2013 AAU Southeastern District Qualifier

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Co	nvert	Rnd	E	vent	Pts	Place	•	
*I Brian	a Simpson	(19) 3	/22/1996	G					
8.76			Р	55m	Dash		22	2/24/2007	2007 AAU Southern Indoor Nationals
14.28	NWI		O	100m	Dash		34	7/28/2007	2007 AAU Junior Olympic Games
14.45	NWI		F	100m	Dash		3	6/29/2007	2007 AAU Southeastern District
14.60	NWI		Р	100m	Dash		2	6/29/2007	2007 AAU Southeastern District
30.69	NWI		Р	200m	Dash		3	6/29/2007	2007 AAU Southeastern District
30.76	NWI		F	200m	Dash		3	6/29/2007	2007 AAU Southeastern District
31.29	NWI		Q	200m	Dash		49	7/28/2007	2007 AAU Junior Olympic Games
32.80			Р	200m	Dash		31	2/24/2007	2007 AAU Southern Indoor Nationals
10-08.75	NWI	3.27m	F		Long Jump		8	6/29/2007	2007 AAU Southeastern District
10-08.75	INVVI	3.∠/III	Г		Long Jump		8	0/29/2007	2007 AAU Southeastern district

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts P	lace	е
*I Taylor Sla	aughter (18) 6/15/19	96 G			
6:01.77	F	1500m Run	5	4	6/26/2009 2009 AAU Southeastern Track & Field Champion
14:12.76	F	3000m Run		2	6/20/2009 2009 Slipstream Track & Field Championships
		Total Points	: 5.0		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark Convert Rnd		Rnd	Event	Pts Place						
*I Courtney Smith (32) 1/1/1983 G										
17.00	NWI		F	80m Hurdles		3	6/24/1994	1994 Tennessee State Sportsfest		
3-06.00		1.06m	F	High Jump		6	6/10/1994	1994 Tennessee Regional Sportsfest		
10-03.00	NWI	3.12m	F	Long Jump		5	6/10/1994	1994 Tennessee Regional Sportsfest		
30-07.00	NWI	9.32m	F	Triple Jump		16	8/4/1996	1996 AAU Junior Olympic Games		
29-06.50	NWI	9.00m	F	Triple Jump		1	6/28/1996	1996 AAU Southeastern Association		
29-03.00	NWI	8.91m	F	Triple Jump		3	7/12/1996	1996 AAU Region 3 Track & Field		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts Place						
*I Molly Smit	th (20) 3/9/19	95 G									
2:38.14		F	800m	Run	10	1	6/27/2008	2008 AAU Southeastern District			
2:56.14		F	800m	Run		11	7/10/2008	2008 AAU Region 3A Track & Field			
5:48.68		F	1500m	Run	5	4	6/27/2008	2008 AAU Southeastern District			
				Total Points:	15.0						

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	ent		Pts	Plac	е	
Amy Sokol ((14) 5/12/200 ⁻	1 G							
41.05 NWI		F	200m	Dash			1	6/20/2009	2009 Slipstream Track & Field Championships
43.18 NWI		Р	200m	Dash			16	7/9/2009	2009 AAU Area 5 National Qualifier
43.88 NWI		Р	200m	Dash			13	6/26/2009	2009 AAU Southeastern Track & Field Champio
1:37.34		F	400m	Dash			1	6/20/2009	2009 Slipstream Track & Field Championships
1:40.84		Р	400m	Dash			11	6/27/2008	2008 AAU Southeastern District
1:42.00		Р	400m	Dash			19	7/9/2009	2009 AAU Area 5 National Qualifier
3:05.55		F	800m	Run			8	6/30/2011	2011 AAU Area 5 National Qualifier
3:16.44		F	800m	Run			3	6/19/2011	2011 AAU Southeastern District Qualifier
3:16.58		F	800m	Run			2	6/17/2012	2012 AAU Southeastern District Qualifier
3:24.44		F	800m	Run			14	6/28/2012	2012 AAU Area 6 Championships
3:28.38		F	800m	Run		5	4	7/9/2009	2009 AAU Area 5 National Qualifier
3:31.76		F	800m	Run		8	2	6/12/2010	2010 AAU Southeastern District Qualifier #1
3:33.09		F	800m	Run		5	4	6/26/2009	2009 AAU Southeastern Track & Field Champio
3:33.14		F	800m	Run		1	8	7/10/2008	2008 AAU Region 3A Track & Field
3:35.81		F	800m	Run			1	6/20/2009	2009 Slipstream Track & Field Championships
3:38.87		F	800m	Run		5	4	6/27/2008	2008 AAU Southeastern District
3:38.93		F	800m	Run		2	7	7/8/2010	2010 AAU Area 5 National Qualifier
6:21.82		F	1500m	Run			5	6/30/2011	2011 AAU Area 5 National Qualifier
6:43.22		F	1500m	Run			8	6/28/2012	2012 AAU Area 6 Championships
6:56.29		F	1500m	Run			2	6/17/2012	2012 AAU Southeastern District Qualifier
7:00.13		F	1500m	Run		6	3	7/8/2010	2010 AAU Area 5 National Qualifier
7:17.97		F	1500m	Run		10	1	6/12/2010	2010 AAU Southeastern District Qualifier #1
14:31.51		F	3000m	Run			36	12/4/2010	2010 AAU National Cross-Country
14:45.00		F	3000m	Run			10	11/27/2010	2010 Footlocker South Region
15:01.00		F	3000m	Run			1	11/13/2010	2010 AAU Southeastern Cross-Country
3.49m	11-05.50	F		Shot Put	6 lbs	8	2	6/12/2010	2010 AAU Southeastern District Qualifier #1
10-10.25	3.30m	F		Shot Put	6 lbs	2	7	7/8/2010	2010 AAU Area 5 National Qualifier
				Total	Points:	52.0			

11/13/2010 2010 AAU Southeastern Cross-Country

7/9/2009 2009 AAU Area 5 National Qualifier

7/8/2010 2010 AAU Area 5 National Qualifier

11/18/2006 2006 AAU Southeastern Cross-Country

6/12/2010 2010 AAU Southeastern District Qualifier #1

6/20/2009 2009 Slipstream Track & Field Championships

6/26/2009 2009 AAU Southeastern Track & Field Champion

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Times: All AG

F

F

F

F

F

F

F

12:57.00

13:10.38

13:17.90

13:38.86

13:41.03

13:44.80

17:08.20

3000m Run

3000m Run

3000m Run

3000m Run

3000m Run

3000m Run

Run

Total Points:

3000m

Pts Place Mark Convert Rnd **Event** Hannah Sokol (16) 11/3/1998 G 6/27/2008 2008 AAU Southeastern District 3:17.02 F 800m Run 11 F 3:19.49 800m Run 8 6/29/2007 2007 AAU Southeastern District F 5:26.00 1500m Run 6/17/2012 2012 AAU Southeastern District Qualifier F 5:30.52 1500m Run 6/28/2012 2012 AAU Area 6 Championships F 7 5:41.83 1500m Run 6/30/2011 2011 AAU Area 5 National Qualifier ---F 6:07.03 1500m Run 10 1 6/12/2010 2010 AAU Southeastern District Qualifier #1 F 6:11.87 1500m Run 5 7/9/2009 2009 AAU Area 5 National Qualifier F 6:15.79 1500m Run 8 7/8/2010 2010 AAU Area 5 National Qualifier F 6:18.39 1500m Run 8 2 6/26/2009 2009 AAU Southeastern Track & Field Champion F 6:18.73 1500m Run 2 7 7/10/2008 2008 AAU Region 3A Track & Field 6:24.47 F 1500m Run 4 5 6/27/2008 2008 AAU Southeastern District F 6:26.15 1500m Run 6/29/2007 2007 AAU Southeastern District F 1500m Run 29 7/28/2007 2007 AAU Junior Olympic Games 6:27.64 F 1500m Run 6/20/2009 2009 Slipstream Track & Field Championships 6:36.18 ---F 11:49.68 3000m Run 6/17/2012 2012 AAU Southeastern District Qualifier F 11:52.55 3000m Run 6/28/2012 2012 AAU Area 6 Championships F 6/30/2011 2011 AAU Area 5 National Qualifier 5 12:15.36 3000m Run F 2011 AAU Southeastern District Qualifier 12:29.82 3000m Run 4 6/19/2011 F 12:39.00 3000m Run 11/27/2010 2010 Footlocker South Region F 12/4/2010 2010 AAU National Cross-Country 12:40.11 3000m Run

8

10

6

10

71.0

2

1

3

1

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Plac	е	
*I Kendra Sok	ol (23) 11/2	25/1991	G					
2:39.20		F	800m	Run		17	6/29/2007	2007 AAU Southeastern District
2:51.42		F	800m	Run	1	8	6/24/2005	2005 AAU Southeastern District
2:51.87		F	800m	Run		11	6/23/2006	2006 AAU Southeastern District
5:15.77		F	1500m	Run		5	6/29/2007	2007 AAU Southeastern District
5:28.97		F	1500m	Run	4	5	7/6/2006	2006 AAU Region 3A Track & Field Meet
5:30.28		F	1500m	Run	10	1	6/24/2005	2005 AAU Southeastern District
5:32.95		F	1500m	Run	5	4	6/23/2006	2006 AAU Southeastern District
5:35.86		F	1500m	Run		4	7/7/2005	2005 AAU Region 3A Championships
10:59.60		F	3000m	Run		9	7/28/2007	2007 AAU Junior Olympic Games
11:07.36		F	3000m	Run		3	6/29/2007	2007 AAU Southeastern District
11:30.80		F	3000m	Run	10	1	7/6/2006	2006 AAU Region 3A Track & Field Meet
11:42.80		F	3000m	Run		11	7/31/2006	2006 AAU Junior Olympic Games
11:45.65		F	3000m	Run	10	1	6/23/2006	2006 AAU Southeastern District
11:50.78		F	3000m	Run		1	7/7/2005	2005 AAU Region 3A Championships
12:02.41		F	3000m	Run	10	1	6/24/2005	2005 AAU Southeastern District
16:41.76		F	4000m	Run		97	12/3/2005	2005 AAU National Cross-Country
16:51.50		F	4000m	Run		6	11/20/2004	2004 AAU Southeastern Cross-Country
16:55.70		F	4000m	Run		107	12/4/2004	2004 AAU National Cross-Country
18:44.56		F	4000m	Run		3	11/19/2005	2005 AAU Southeastern Cross-Country
19:26.00		F	5000m	Run		17	11/24/2007	2007 Footlocker South Region
20:09.00		F	5000m	Run		139	11/28/2009	2009 Footlocker South Region
20:59.60		F	5000m	Run		61	12/2/2006	2006 AAU National Cross-Country
22:32.50		F	5000m	Run		2	11/18/2006	2006 AAU Southeastern Cross-Country
12:05.27	6:02.64	F	2	Mile Run		12	2/23/2008	2008 Kentucky High School Invitational
				Total Points:	50.0			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	vent	Pts	Place)	
Tiara So	okol (1 ⁻	1) 9/2/2003	G						
24.60	NWI		F	100m	Dash		12	6/12/2010	2010 AAU Southeastern District Qualifier #1
26.56	NWI		F	100m	Dash		2	6/20/2009	2009 Slipstream Track & Field Championships
27.90	NWI		Р	100m	Dash		15	7/9/2009	2009 AAU Area 5 National Qualifier
53.62	NWI		Р	200m	Dash		27	7/8/2010	2010 AAU Area 5 National Qualifier
55.51	NWI		F	200m	Dash		13	6/12/2010	2010 AAU Southeastern District Qualifier #1
57.25	NWI		F	200m	Dash		3	6/20/2009	2009 Slipstream Track & Field Championships
1:04.51	NWI		Р	200m	Dash		19	7/9/2009	2009 AAU Area 5 National Qualifier
1.50m		4-11.25	F		Long Jump	4	5	6/12/2010	2010 AAU Southeastern District Qualifier #1
4-07.50	0.7	1.41m	F		Long Jump		12	7/9/2009	2009 AAU Area 5 National Qualifier
4-01.50	-1.9	1.25m	F		Long Jump		13	7/8/2010	2010 AAU Area 5 National Qualifier
3-05.00		1.04m	F		Long Jump		2	6/20/2009	2009 Slipstream Track & Field Championships
					Total Points:	4.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts P	lace)
*I Cassandra	a St John (22) 10/28/1992	? G			
1059		F	Out Pent	1	8	7/8/2004 2004 AAU Region 3A Track & Field Meet
			Total Points:	1.0		

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Place)	
*I Caitlin St Lo	ouis (32) 7/	/13/1982	G					
1:10.22		Р	400m	Dash		13	6/25/1999	1999 AAU Southeastern Association
19.15 NWI		F	100m	Hurdles	5	4	6/23/2000	2000 AAU Southeastern Association
22.25		F	100m	Hurdles	3	6	6/26/1998	1998 AAU Southeastern Association
1:14.24		F	400m	Hurdles	5	4	6/25/1999	1999 AAU Southeastern Association
1:14.32		Р	400m	Hurdles		8	7/8/1999	1999 AAU Region 3 Track & Field
1:14.99		F	400m	Hurdles	6	3	6/23/2000	2000 AAU Southeastern Association
1:15.41		F	400m	Hurdles	3	6	7/8/1999	1999 AAU Region 3 Track & Field
1:18.97		F	400m	Hurdles	8	2	6/26/1998	1998 AAU Southeastern Association
1:20.38		F	400m	Hurdles		7	7/9/1998	1998 AAU Region 3 Track & Field
1.35m	4-05.00	F		High Jump	2	7	7/8/1999	1999 AAU Region 3 Track & Field
4-02.00	1.27m	F		High Jump	4	5	6/25/1999	1999 AAU Southeastern Association
				Total Points:	36.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Number of Top Times: All AG

 Mark
 Convert
 Rnd
 Event
 Pts
 Place

 *I Amanda Stewart
 (34) 6/21/1980
 G

 24:55.20
 F
 5000m
 Run
 -- 1 11/15/1997
 1997 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts F	lace)	
*I Erin Stinnet	t (30) 1/28/1985 G					
18.47 NWI	F	100m Hurdles	6	3	6/25/1999	1999 AAU Southeastern Association
19.31 NWI	Р	100m Hurdles		4	6/25/1999	1999 AAU Southeastern Association
35.15 NWI	F	200m Hurdles	6	3	6/25/1999	1999 AAU Southeastern Association
		Total Points:	12.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event	Pts	Place	Э			
*I Emily Stone (21) 8/6/1993 G										
1:07.76		Р	400m	Dash		6	6/23/2006	2006 AAU Southeastern District		
1:08.08		F	400m	Dash	3	6	6/23/2006	2006 AAU Southeastern District		
1:09.09		Р	400m	Dash		10	7/6/2006	2006 AAU Region 3A Track & Field Meet		
2:46.77		F	800m	Run	2	7	6/23/2006	2006 AAU Southeastern District		
5:33.43		F	1500m	Run	6	3	6/23/2006	2006 AAU Southeastern District		
5:41.21		F	1500m	Run	3	6	7/6/2006	2006 AAU Region 3A Track & Field Meet		
3-10.00	1.16m	F		High Jump	5	4	6/23/2006	2006 AAU Southeastern District		
3-10.00	1.16m	F		High Jump	2	7	7/6/2006	2006 AAU Region 3A Track & Field Meet		
				Total Points:	21.0			-		

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	(Convert	Rnd	E	ent	Pts	Plac	е	
Erica Sto	ne (17)	2/16/199	8 G						
16.15 N	IWI		F	100m	Dash	1	8	7/9/2009	2009 AAU Area 5 National Qualifier
16.18 N	IWI		F	100m	Dash		4	6/20/2009	2009 Slipstream Track & Field Championships
16.43 N	IWI		F	100m	Dash	5	4	6/26/2009	2009 AAU Southeastern Track & Field Champion
32.67 N	1WI		F	200m	Dash	3	6	7/9/2009	2009 AAU Area 5 National Qualifier
33.68 N	1WI		F	200m	Dash		2	6/20/2009	2009 Slipstream Track & Field Championships
34.09 N	IWI		F	200m	Dash	8	2	6/26/2009	2009 AAU Southeastern Track & Field Champion
1:36.45			Р	400m	Dash		14	6/29/2007	2007 AAU Southeastern District
3:25.79			F	800m	Run		12	6/27/2008	2008 AAU Southeastern District
3:39.61			F	800m	Run		10	6/29/2007	2007 AAU Southeastern District
6:35.37			F	1500m	Run		9	7/10/2008	2008 AAU Region 3A Track & Field
6:38.84			F	1500m	Run	2	7	6/27/2008	2008 AAU Southeastern District
12:39.00			F	3000m	Run		20	11/27/2010	2010 Footlocker South Region
12:39.78			F	3000m	Run		46	12/4/2010	2010 AAU National Cross-Country
13:08.00			F	3000m	Run		3	11/13/2010	2010 AAU Southeastern Cross-Country
10-06.00		3.20m	F		Long Jump	3	6	6/26/2009	2009 AAU Southeastern Track & Field Champion
10-03.00		3.12m	F		Long Jump		2	6/20/2009	2009 Slipstream Track & Field Championships
9-05.25 -	1.5	2.87m	F		Long Jump		10	7/9/2009	2009 AAU Area 5 National Qualifier
7-10.75 N	IWI	2.40m	F		Long Jump		9	6/29/2007	2007 AAU Southeastern District
13-04.50		4.07m	F		Shot Put	4	5	6/27/2008	2008 AAU Southeastern District
13-04.50		4.07m	F		Shot Put	3	6	7/10/2008	2008 AAU Region 3A Track & Field
					Total Points:	29.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts Place						
*I Jorie	Sullivan (24) 5/2	0/1991	G								
14.10	NWI	F	100m	Dash	3	6	6/24/2005	2005 AAU Southeastern District			
14.12	NWI	F	100m	Dash		12	7/7/2005	2005 AAU Region 3A Championships			
2:53.06		F	800m	Run		9	6/24/2005	2005 AAU Southeastern District			
33.80	NWI	F	200m	Hurdles	10	1	6/24/2005	2005 AAU Southeastern District			
34.14	NWI	F	200m	Hurdles		3	7/7/2005	2005 AAU Region 3A Championships			
35.50	1.2	Р	200m	Hurdles		10	7/8/2004	2004 AAU Region 3A Track & Field Meet			
37.72	NWI	F	200m	Hurdles	3	6	6/25/2004	2004 AAU Southeastern Association			
				Total Points:	16.0						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Event	Pts Place					
*I Lena Sun	nmers (35) 4/2	28/1980	G					
98-00.00	29.87m	F	Discus	6	3	6/26/1998	1998 AAU Southeastern Association	
			Total Points:	6.0				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd		it	Pts Place					
*I Jacklyn T	albert (28) 11/18/198	6 G							
6:00.42	F	1500m Run			9	6/23/2000	2000 AAU Southeastern Association		
13:32.53	F	3000m Run		3	6	6/23/2000	2000 AAU Southeastern Association		
13:42.38	F	3000m Run			7	7/6/2000	2000 AAU Region 3 Track & Field		
			Total Points:	3.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event		Pts	Plac	е	
*I Audrey Te	empleton (22)	7/30/1	1992 G						
14:06.49		F	3000m	Run			150	12/4/2004	2004 AAU National Cross-Country
14:10.40		F	3000m	Run		6	8	11/20/2004	2004 AAU Southeastern Cross-Country
				Т	otal Points:	6.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts P	lace	•	
*I Christy Th	ompson (32)	1/19/1	983 G				
1:10.16		Р	400m Dash		7	6/28/1996	1996 AAU Southeastern Association
1:11.04		F	400m Dash		7	6/28/1996	1996 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts I	Place	•	
*I Jessica Th	ompson (29)	11/13/	1985 G				
17.68 NWI		Р	100m Dash		16	6/28/1996	1996 AAU Southeastern Association
43.26 NWI		Р	200m Dash		17	6/28/1996	1996 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place
*I Kelsey Th	nompson (30)	5/22/1	985 G	
14:54.90		F	3000m Run	185 12/6/1997 1997 AAU National Cross-Country
15:44.80		F	3000m Run	15 11/15/1997 1997 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conver	t Rnd	nd Event		Pts	Place	•	
*I Gabrie	ella Vella (20) 1	30/1995	G					
17.21	NWI	F	80m	Hurdles		37	7/28/2007	2007 AAU Junior Olympic Games
18.51	NWI	F	80m	Hurdles		5	6/29/2007	2007 AAU Southeastern District
17.54	NWI	F	100m	Hurdles		2	6/20/2009	2009 Slipstream Track & Field Championships
17.67	NWI	F	100m	Hurdles	6	3	7/9/2009	2009 AAU Area 5 National Qualifier
17.76	NWI	F	100m	Hurdles	8	2	6/12/2009	2009 Memphis Track & Field Championships
19.44	NWI	F	100m	Hurdles	8	2	6/27/2008	2008 AAU Southeastern District
36.30	NWI	F	200m	Hurdles	8	2	6/12/2009	2009 Memphis Track & Field Championships
37.69	NWI	F	200m	Hurdles	6	3	6/27/2008	2008 AAU Southeastern District
				Total Points:	36.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Place	е	
*I April Vittet	oe (27) 8/18	/1987	G				
2:57.12		F	800m Run		11	6/20/2003	2003 Southeastern Association AAU
4-11.75	1.51m	F	High Jump	6	3	7/8/2004	2004 AAU Region 3A Track & Field Meet
4-10.00	1.47m	F	High Jump		15	7/31/2004	2004 AAU Junior Olympic Games
4-08.00	1.42m	F	High Jump	3.5	5	6/26/2003	2003 AAU Region III T&F Championships
1.42m	4-07.75	F	High Jump	6	3	6/20/2003	2003 Southeastern Association AAU
4-06.00	1.37m	F	High Jump	6	3	6/25/2004	2004 AAU Southeastern Association
			Total Points:	21.5			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert	Rnd	E	ent		Pts	Place	е	
*I Britta	ny Vogt	(29) 3/13/	/1986	G						
31.55	-	` ,	F		Dash	Heptathl			7/2/2002	2002 AAU Southeastern Multis
1:09.34			Р	400m	Dash			15	6/23/2000	2000 AAU Southeastern Association
3:02.64			F	800m	Run	Heptathl			7/2/2002	2002 AAU Southeastern Multis
21.19	NWI		F	100m	Hurdles	Heptathl			7/2/2002	2002 AAU Southeastern Multis
1.25m		4-01.25	F		High Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis
2.44m		8-00.00	F		Pole Vault		6	3	7/5/2001	2001 AAU Region 3 Track & Field Meet
8-00.00		2.43m	F		Pole Vault			17	8/3/2002	2002 AAU Junior Olympic Games
8-00.00		2.43m	F		Pole Vault			14	8/1/2001	2001 AAU Junior Olympic Games
2.28m		7-05.75	F		Pole Vault		6	3	6/22/2001	2001 AAU Southeastern Association
7-00.00		2.13m	F		Pole Vault			9	8/1/2000	2000 AAU Junior Olympic Games
1.75m		5-08.75	F		Pole Vault		8	2	6/23/2000	2000 AAU Southeastern Association
5-06.00		1.67m	F		Pole Vault			2	7/6/2000	2000 AAU Region 3 Track & Field
4.73m		15-06.25	F		Long Jump			9	6/22/2001	2001 AAU Southeastern Association
4.35m		14-03.25	F		Long Jump		3	6	7/12/2002	2002 AAU Southeastern Association
4.09m		13-05.00	F		Long Jump		2	7	6/23/2000	2000 AAU Southeastern Association
4.47m	NWI	14-08.00	F		Long Jump	Heptathl			7/2/2002	2002 AAU Southeastern Multis
9.20m		30-02.25	F		Triple Jump		4	5	7/12/2002	2002 AAU Southeastern Association
9.18m		30-01.50	F		Triple Jump		3	6	6/22/2001	2001 AAU Southeastern Association
8.96m		29-04.75	F		Triple Jump			13	7/5/2001	2001 AAU Region 3 Track & Field Meet
5.73m		18-09.75	F		Shot Put	Heptathl			7/2/2002	2002 AAU Southeastern Multis
15.92m		52-03	F		Javelin	Heptathl			7/2/2002	2002 AAU Southeastern Multis
2421			F		Heptathlon			15	7/5/2001	2001 AAU Region 3 Track & Field Meet
2179			F		Heptathlon			11	7/2/2002	2002 AAU Southeastern Multis
					Total I	Points:	32.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd		Event	Pts Place					
*I Jennif	er Von	derfecht (3	35) 1/1/1980	G					
16-11.50	NWI	5.16m	F	Long Jump		1	6/27/1997	1997 AAU Southeastern Association	
16-03.00	NWI	4.95m	F	Long Jump		21	7/28/1997	1997 AAU Junior Olympic Games	
35-04.50	NWI	10.78m	F	Triple Jump		18	7/28/1997	1997 AAU Junior Olympic Games	
35-04.00	NWI	10.77m	F	Triple Jump		1	6/27/1997	1997 AAU Southeastern Association	
31-07.50		9.63m	F	Triple Jump	0.5	6	7/9/1998	1998 AAU Region 3 Track & Field	
				Total Points:	0.5				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd		Event		Pts Place					
*I Amanda Wa	alker (26)	1/28/1989	G							
17.57 NWI		Р	100m	Dash		12	6/25/1999	1999 AAU Southeastern Association		
2-11.00	.88m	ı F		High Jump	4	5	6/25/1999	1999 AAU Southeastern Association		
7-05.50	2.27m	ı F		Long Jump		10	6/25/1999	1999 AAU Southeastern Association		
				Total Points:	4.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts Place						
Lana Ward (11) 5/15/2004	G								
20.46 NWI		F	100m Dash	10 7/16/2011 2011 Volunteer Youth Invitational						
5-01.50	1.56m	F	Long Jump	8 6/19/2011 2011 AAU Southeastern District Qualifier						

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Ashley Wa	atson (35) 3/2/1980	G	
20:10.00	F	5000m Run	22 12/6/1997 1997 AAU National Cross-Country
34:55.80	F	5000m Run	4 11/15/1997 1997 AAU Southeastern Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts I	Place	ļ	
*I Tracy Watson	(37) 7/8/1977 G	i				
2:30.20	F	800m Run		14	8/1/1993	1993 AAU Junior Olympic Games
2:30.53	F	800m Run		3	7/9/1993	1993 AAU Southeastern Association

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Casey Wh	nitman (27) 2/2/1988	G	
2:56.62	F	800m Run	18 7/12/2002 2002 AAU Southeastern Association
20:30.30	F	4000m Run	183 12/1/2001 2001 AAU National Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Sylvia Wh	itman (30) 11/10/1984 G		
22:40.00	F 5000	m Run	46 12/1/2001 2001 AAU National Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert R	nd	Event	Pts F	Place	е	
*I Haley Wh	itson (30) 1/15/19	985 G					
2:43.71		= 800m	n Run	6	3	6/23/2000	2000 AAU Southeastern Association
2:46.12	ſ	= 800m	n Run		9	7/6/2000	2000 AAU Region 3 Track & Field
			Total Points:	6.0			-

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert F		E	vent	Pts	Place	•	
*I Summ	er Wiggs (27) 7	7/15/1987	G					
13.55	NWI	Р	100m	Dash		10	7/12/2002	2002 AAU Southeastern Association
16.80	NWI	F	100m	Hurdles	8	2	6/22/2001	2001 AAU Southeastern Association
17.09	NWI	Р	100m	Hurdles		4	6/22/2001	2001 AAU Southeastern Association
17.58	NWI	Р	100m	Hurdles		5	7/12/2002	2002 AAU Southeastern Association
17.64	NWI	Р	100m	Hurdles		10	7/5/2001	2001 AAU Region 3 Track & Field Meet
18.08	NWI	F	100m	Hurdles	4	5	7/12/2002	2002 AAU Southeastern Association
33.31	NWI	F	200m	Hurdles		13	7/5/2001	2001 AAU Region 3 Track & Field Meet
33.35	NWI	F	200m	Hurdles	4	5	6/22/2001	2001 AAU Southeastern Association
3.81m	12-06.00	F		Long Jump		17	6/22/2001	2001 AAU Southeastern Association
				Total Points:	16.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Mark Convert Rnd Event				Pts Place						
*I Bethany Williams (31) 12/25/1983 G											
31.48	NWI	Р	200m Dash		20	6/28/1996	1996 AAU Southeastern Association				
1:18.00		F	400m Dash		5	6/10/1994	1994 Tennessee Regional Sportsfest				
15.70	NWI	F	80m Hurdles		2	6/24/1994	1994 Tennessee State Sportsfest				
4-02.00	1.27m	F	High Jump		3	6/24/1994	1994 Tennessee State Sportsfest				
3-09.00	1.14m	F	High Jump		3	6/10/1994	1994 Tennessee Regional Sportsfest				
57-00.00	17.37m	F	Javelin		2	6/28/1996	1996 AAU Southeastern Association				

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark Convert Rnd Event Pts Place										
*I Elizabeth Williams (34) 6/9/1980 G										
	F	800m	Run		4	6/12/1993	1993 Tennessee Regional Sportsfest			
	F	1500m	Run		2	6/12/1993	1993 Tennessee Regional Sportsfest			
	F	1500m	Run		9	7/9/1993	1993 AAU Southeastern Association			
	F	3000m	Run		5	7/9/1993	1993 AAU Southeastern Association			
			Williams (34) 6/9/1980 G F 800m F 1500m F 1500m		Williams (34) 6/9/1980 G F 800m Run F 1500m Run F 1500m Run	F 800m Run 4 F 1500m Run 2 F 1500m Run 9	Williams (34) 6/9/1980 G F 800m Run 4 6/12/1993 F 1500m Run 2 6/12/1993 F 1500m Run 9 7/9/1993			

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark Convert Rnd Even				vent	ent Pts Place						
*I Haley	Williams	(27) 11	/7/1987	G							
1:38.89			F	400m	Dash	1	8	6/26/1998	1998 AAU Southeastern Association		
3:22.84			F	800m	Run		11	7/8/1999	1999 AAU Region 3 Track & Field		
3:28.07			F	800m	Run	4	5	6/25/1999	1999 AAU Southeastern Association		
19.86	NWI		F	100m	Hurdles	1	8	6/22/2001	2001 AAU Southeastern Association		
19.98	NWI		Р	100m	Hurdles		8	6/22/2001	2001 AAU Southeastern Association		
1:22.89			F	400m	Hurdles	3	6	7/12/2002	2002 AAU Southeastern Association		
1.22m		4-00.00	F		High Jump		9	6/22/2001	2001 AAU Southeastern Association		
3.94m		12-11.25	F		Long Jump		11	7/12/2002	2002 AAU Southeastern Association		
3.89m		12-09.25	F		Long Jump		14	6/22/2001	2001 AAU Southeastern Association		
3.50m		11-05.75	F		Long Jump		16	6/23/2000	2000 AAU Southeastern Association		
3.16m		10-04.50	F		Long Jump		20	7/8/1999	1999 AAU Region 3 Track & Field		
9-09.00		2.97m	F		Long Jump	4	5	6/25/1999	1999 AAU Southeastern Association		
8-11.00		2.71m	F		Long Jump	2	7	6/26/1998	1998 AAU Southeastern Association		
9.13m		29-11.50	F		Triple Jump	6	3	6/22/2001	2001 AAU Southeastern Association		
8.83m		28-11.75	F		Triple Jump		9	7/12/2002	2002 AAU Southeastern Association		
8.67m		28-05.50	F		Triple Jump		10	7/5/2001	2001 AAU Region 3 Track & Field Meet		
27-08.25	NWI	8.43m	F		Triple Jump		5	7/6/2000	2000 AAU Region 3 Track & Field		
7.69m		25-02.75	F		Triple Jump	8	2	6/23/2000	2000 AAU Southeastern Association		
16-06.00		5.02m	F		Shot Put	4	5	6/25/1999	1999 AAU Southeastern Association		
16-04.00		4.97m	F		Shot Put	2	7	6/26/1998	1998 AAU Southeastern Association		
1288			F		Out Pent			7/5/2001	2001 AAU Region 3 Track & Field Meet		
					Total Points:	35.0					

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Conv	ert	Rnd	E	Event		Pts I	Place)	
*I Katie Willia	ms (29)	10/5	/1985	G						
2:36.45			F	800m	Run			11	7/5/2001	2001 AAU Region 3 Track & Field Meet
2:41.23			F	800m	Run		4	5	6/22/2001	2001 AAU Southeastern Association
5:16.99			F	1500m	Run		2	5	7/5/2001	2001 AAU Region 3 Track & Field Meet
5:30.39			F	1500m	Run		4	5	7/12/2002	2002 AAU Southeastern Association
5:30.90			F	1500m	Run		4	5	6/22/2001	2001 AAU Southeastern Association
11:27.14			F	3000m	Run		8	2	7/12/2002	2002 AAU Southeastern Association
11:46.87			F	3000m	Run		6	3	7/5/2001	2001 AAU Region 3 Track & Field Meet
11:55.41			F	3000m	Run		10	1	6/22/2001	2001 AAU Southeastern Association
12:07.87			F	3000m	Run			21	8/1/2001	2001 AAU Junior Olympic Games
21:42.00			F	5000m	Run			46	12/1/2001	2001 AAU National Cross-Country
					Total	l Points:	38.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts P	lace)	
*I Lea Williams	(29) 1/28/	1986 (à					
1:26.94		F	400m	Dash		5	6/28/1996	1996 AAU Southeastern Association
17-11.50	5.47m	F		Shot Put		2	6/28/1996	1996 AAU Southeastern Association

Slipstream Track & Field Club Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Cor	nvert	Rnd	E	vent	Pts	Place	е	
*I Mallo	rie Williams	(31)	6/5/1983	G					
1:06.02			Р	400m	Dash		9	6/22/2001	2001 AAU Southeastern Association
1:06.36			Р	400m	Dash		19	6/25/1999	1999 AAU Southeastern Association
1:07.37			F	400m	Dash		10	2/23/2001	2001 AAU Indoor Nationals
2:33.07			F	800m	Run		9	7/5/2001	2001 AAU Region 3 Track & Field Meet
2:38.16			F	800m	Run	6	3	6/22/2001	2001 AAU Southeastern Association
2:48.84			F	800m	Run		11	2/23/2001	2001 AAU Indoor Nationals
6:33.14			F	1500m	Run	1	8	6/26/1998	1998 AAU Southeastern Association
15-10.00	4	.82m	F		Long Jump	6	3	6/25/1999	1999 AAU Southeastern Association
4.78m	15-0	08.25	F		Long Jump	3	6	6/23/2000	2000 AAU Southeastern Association
14-09.75	4	.51m	F		Long Jump	3	6	6/26/1998	1998 AAU Southeastern Association
14-05.75	NWI 4	.41m	F		Long Jump		15	7/6/2000	2000 AAU Region 3 Track & Field
14-01.50	4	.30m	F		Long Jump		14	7/9/1998	
13-06.00	4	.11m	F		Long Jump		8	2/23/2001	2001 AAU Indoor Nationals
32-11.50	10	.04m	F		Triple Jump	6	3	6/25/1999	1999 AAU Southeastern Association
9.79m	32-0	01.50	F		Triple Jump	2	7	7/8/1999	1999 AAU Region 3 Track & Field
9.73m	31-	11.25	F		Triple Jump	2	7	6/23/2000	2000 AAU Southeastern Association
30-11.25	9	.43m	F		Triple Jump		2	2/23/2001	2001 AAU Indoor Nationals
2934			F		Heptathlon		7	7/6/2000	2000 AAU Region 3 Track & Field
					Total Points:	29.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	Place	•	
*I Meg Williams	(33) 4/20	/1982	G					
15.20 NWI		F	100m	Dash		6	6/10/1994	1994 Tennessee Regional Sportsfest
1:13.50		F	400m	Dash		6	6/24/1994	1994 Tennessee State Sportsfest
1:14.00		F	400m	Dash		1	6/10/1994	1994 Tennessee Regional Sportsfest
3-09.00	1.14m	F		High Jump		3	6/10/1994	1994 Tennessee Regional Sportsfest
3-08.00	1.11m	F		High Jump		5	6/24/1994	1994 Tennessee State Sportsfest

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	Event	Pts	Plac	е	
*I Carrie Wil	lis (34) 11/30	/1980	G				
6:01.77		F	1500m Run		4	6/28/1996	1996 AAU Southeastern Association
13:41.04		F	3000m Run		2	6/28/1996	1996 AAU Southeastern Association
14:10.00		F	3000m Run		4	7/12/1996	1996 AAU Region 3 Track & Field
23:52.00		F	5000m Run		73	12/6/1997	1997 AAU National Cross-Country
26:02.50		F	5000m Run		2	11/15/1997	1997 AAU Southeastern Cross-Country
76-04.00	23.26m	F	Javelin		2	6/28/1996	1996 AAU Southeastern Association
72-02.00	21.99m	F	Javelin		2	7/12/1996	1996 AAU Region 3 Track & Field
67-01.00	20.44m	F	Javelin		18	8/4/1996	1996 AAU Junior Olympic Games

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rn	d	Event	Pts	Place	е	
*I Carrie Wils	son (30) 8/24/198	4 G					
17.54	Р	100m	Dash		21	6/23/2000	2000 AAU Southeastern Association
25:53.68	F	3000m	Walk	10	1	6/23/2000	2000 AAU Southeastern Association
			Total Points:	10.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark		Convert Rnd		onvert Rnd Event		Pts	Place	Э	
*I Alaina	Wood	(19) 5/9/1	996 G						
18.58	NWI		Р	100m	Dash		9	6/23/2006	2006 AAU Southeastern District
39.02	NWI		М	200m	Dash	47		7/6/2006	2006 AAU Region 3A Track & Field Meet
39.23	NWI		Р	200m	Dash		12	6/23/2006	2006 AAU Southeastern District
18.99	0.5		М	80m	Hurdles	275		7/7/2007	2007 SEAAU District Multi-Event Championships
20.52	NWI		F	80m	Hurdles		7	6/29/2007	2007 AAU Southeastern District
4-00.00		1.21m	F		High Jump		5	6/29/2007	2007 AAU Southeastern District
1.20m		3-11.25	М		High Jump	312		7/7/2007	2007 SEAAU District Multi-Event Championships
3-10.00		1.16m	F		High Jump		25	7/28/2007	2007 AAU Junior Olympic Games
1.02m		3-04.00	М		High Jump	156		7/6/2006	2006 AAU Region 3A Track & Field Meet
3.78m		12-05.00	М		Long Jump	259		7/7/2007	2007 SEAAU District Multi-Event Championships
10-01.25	NWI	3.08m	F		Long Jump		10	6/29/2007	2007 AAU Southeastern District
4.53m		14-10.50	М		Shot Put	179		7/7/2007	2007 SEAAU District Multi-Event Championships
4.21m		13-09.75	М		Shot Put	159		7/6/2006	2006 AAU Region 3A Track & Field Meet
1025			F		Out Pent		7	7/7/2007	2007 SEAAU District Multi-Event Championships
362			F		Triathlon	14	5	7/6/2006	2006 AAU Region 3A Track & Field Meet
					Total Poir	nts: 1,401.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts	Place)	
*I Madelyn W	ood (16) 1/4	4/1999	G					
39.70 NWI		Р	200m	Dash		19	6/29/2007	2007 AAU Southeastern District
43.51 NWI		Р	200m	Dash		10	6/23/2006	2006 AAU Southeastern District
1:28.46		Р	400m	Dash		3	6/29/2007	2007 AAU Southeastern District
1:31.14		F	400m	Dash		8	6/29/2007	2007 AAU Southeastern District
1:35.80		F	400m	Dash	3	6	6/23/2006	2006 AAU Southeastern District
1:44.99		Р	400m	Dash		12	7/6/2006	2006 AAU Region 3A Track & Field Meet
9-08.75 NWI	2.96m	F		Long Jump		22	7/28/2007	2007 AAU Junior Olympic Games
8-08.25 NWI	2.64m	F		Long Jump		5	6/29/2007	2007 AAU Southeastern District
7-10.50	2.40m	F		Long Jump	5	4	6/23/2006	2006 AAU Southeastern District
6-06.50 -0.6	1.99m	F		Long Jump		11	7/6/2006	2006 AAU Region 3A Track & Field Meet
				Total Points:	8.0			

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert Rnd	Event	Pts Place
*I Rachael W	right (22) 9/16/199	2 G	
14.43 NWI	Р	100m Dash	28 6/29/2007 2007 AAU Southeastern District
30.24 NWI	Р	200m Dash	34 6/29/2007 2007 AAU Southeastern District

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts F	Place	ce
*I Andrea Wy	/koff (16) 11	/22/1998	G				
24.43 NWI		F	80m	Hurdles	5	4	7/9/2009 2009 AAU Area 5 National Qualifier
				Total Points:	5.0		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark (Convert Rn	nd E	Event	Pts Place
*I Rhiannon You	ngblood (38)	1/7/1977	G	
25:20.00	F	5000m	Run	3 11/18/1995 1995 AAU Southeastern Association
25:58.00	F	5000m	Run	47 12/2/1995 1995 AAU National Cross-Country

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	vent	Pts Place					
*I Renee 2	Zeno (34) 12/17/	1980	G							
12.53 N	1MI	Р	100m l	Dash		6	7/8/1999	1999 AAU Region 3 Track & Field		
12.58 N	1WI	Р	100m l	Dash		2	6/25/1999	1999 AAU Southeastern Association		
12.67 N	1WI	F	100m l	Dash	2	7	7/8/1999	1999 AAU Region 3 Track & Field		
12.67 N	1WI	F	100m l	Dash	8	2	6/25/1999	1999 AAU Southeastern Association		
25.90 N	1WI	Р	200m l	Dash		3	6/25/1999	1999 AAU Southeastern Association		
26.11 N	IWI	Р	200m l	Dash		7	7/8/1999	1999 AAU Region 3 Track & Field		
26.51 N	IWI	F	200m l	Dash	6	3	6/25/1999	1999 AAU Southeastern Association		
26.59 N	IWI	F	200m l	Dash	3	6	7/8/1999	1999 AAU Region 3 Track & Field		
				Total Points:	19.0			-		

Northeast Tennessee/Southwest Virginia

Individual Top Marks

Mark	Convert	Rnd	E	Event		Pts	Plac	е	
Alexa Zimmo	erman (18) 6	5/10/199	96 G						
1:23.91	, ,	Р		Dash			1	6/25/2004	2004 AAU Southeastern Association
1:25.36		F	400m	Dash		10	1	6/25/2004	2004 AAU Southeastern Association
1:26.18		Р	400m	Dash			6	7/8/2004	2004 AAU Region 3A Track & Field Meet
1:26.56		F	400m	Dash		2	7	7/8/2004	2004 AAU Region 3A Track & Field Meet
2:39.23		F	800m	Run			5		2013 AAU Area 6 National Qualifier
2:41.96		F	800m	Run			3		2013 AAU Southeastern District Qualifier
2:44.99		F	800m	Run		5	4	6/27/2008	2008 AAU Southeastern District
2:50.43		F	800m	Run		6	3	7/6/2006	2006 AAU Region 3A Track & Field Meet
2:50.93		F	800m	Run			31		2006 AAU Junior Olympic Games
2:55.00		F	800m	Run		10	1		2006 AAU Southeastern District
3:01.77		F	800m	Run			11		2006 AAU Southern Indoor Nationals
3:09.86		F	800m	Run			22	7/31/2004	2004 AAU Junior Olympic Games
3:13.82		F	800m	Run		5	4	7/8/2004	2004 AAU Region 3A Track & Field Meet
3:20.58		F	800m	Run		8	2		2004 AAU Southeastern Association
5:18.17		F	1500m	Run		8	2	6/26/2009	2009 AAU Southeastern Track & Field Champio
5:18.71		F	1500m	Run		10	1	6/27/2010	2010 AAU Southeastern District Qualifier #3
5:20.44		F	1500m	Run		6	3	7/9/2009	2009 AAU Area 5 National Qualifier
5:30.01		F	1500m	Run		5	4	7/10/2008	2008 AAU Region 3A Track & Field
5:31.07		F	1500m	Run		10	1		2008 AAU Southeastern District
5:35.29		F	1500m	Run			1	6/20/2009	2009 Slipstream Track & Field Championships
5:41.36		F	1500m	Run			20		2007 AAU Junior Olympic Games
5:44.85		F	1500m	Run			4	6/29/2007	2007 AAU Southeastern District
5:49.66		F	1500m	Run			21	7/31/2006	2006 AAU Junior Olympic Games
5:49.75		F	1500m	Run		8	2		2006 AAU Region 3A Track & Field Meet
5:55.22		F	1500m	Run			10	2/24/2007	2007 AAU Southern Indoor Nationals
5:57.00		F	1500m	Run		8	2	6/23/2006	2006 AAU Southeastern District
6:02.83		F	1500m	Run			6	2/24/2006	2006 AAU Southern Indoor Nationals
11:19.00		F	3000m	Run			8	7/26/2008	2008 AAU Junior Olympic Games
11:37.71		F	3000m	Run		8	2	6/26/2009	2009 AAU Southeastern Track & Field Champio
11:39.02		F	3000m	Run		6	3	7/9/2009	2009 AAU Area 5 National Qualifier
11:44.14		F	3000m	Run		8	2	7/10/2008	2008 AAU Region 3A Track & Field
11:49.31		F	3000m	Run			2	6/16/2013	2013 AAU Southeastern District Qualifier
11:49.34		F	3000m	Run			2	6/27/2013	2013 AAU Area 6 National Qualifier
11:51.32		F	3000m	Run		10	1	6/27/2008	2008 AAU Southeastern District
11:55.45		F	3000m	Run		10	1	6/27/2010	2010 AAU Southeastern District Qualifier #3
12:01.00		F	3000m	Run			1	6/20/2009	2009 Slipstream Track & Field Championships
12:12.15		F	3000m	Run			3	6/29/2007	2007 AAU Southeastern District
12:17.13		F	3000m	Run			12	7/28/2007	2007 AAU Junior Olympic Games
12:27.20		F	3000m	Run			3	2/24/2007	2007 AAU Southern Indoor Nationals
17:24.89		F	4000m	Run			4	11/21/2009	2009 AAU Southeastern Cross-Country
20:16.00		F	5000m	Run			8	11/28/2009	2009 Footlocker South Region
				7	Total Points:	143.0			-