



AAU SOUTHEASTERN DISTRICT CROSS-COUNTRY CHAMPIONSHIPS

November 15, 2014

Daniel Boone High School
Gray, Tennessee

The 2014 AAU Southeastern District Cross-Country Championships will be held on Saturday, November 15, 2014 at Daniel Boone High School in Gray, Tennessee.

AAU MEMBERSHIPS: All individuals and clubs must have current memberships. Memberships can be obtained online at www.aausports.org.

REGISTRATION INSTRUCTIONS

1. Join the AAU: Participants must be members of AAU. Athlete membership is \$14 and non-athlete membership is \$16.

Please note, all coaches will need a valid non-athlete membership. Non-athlete memberships are no longer instant due to background checks. BE PREPARED and register for non-athlete memberships early!

2. Register for the AAU Southeastern event - Online Event Registration and payment will be at www.coacho.com.

Entry Fee - \$15 per athlete

Entry Deadline - November 12, 2014 at 11:59 pm.

SCHEDULE:

Course walk: 8:30 - 9:45

DIVISIONS	BORN	DISTANCE	START TIME
17-18 Division (Men & Women)	1997 & 1996	5000 meters	10:00 am
15-16 Division (Boys & Girls)	1999 & 1998	5000 meters	10:00 am
13-14 Division (Boys & Girls)	2001 & 2000	4000 meters	10:30 am
11-12 Division(Boys & Girls)	2003 & 2002	3000 meters	11:15 am
9-10 Division (Boys & Girls)	2005 & 2004	3000 meters	11:45 am
Open Division (Non-AAU XC Race)		3000 meters	12:15 pm
7-8 Division (Boys & Girls)	2007 & 2006	2000 meters	12:45 pm
6 & Under Division	2008 & after	1000 meters	1:00 pm
Awards			1:20 pm
Open Division (Non-AAU Walk - Track)		3000 meters	1:45 pm

While boys & girls are running at the same time in each division they are competing and qualifying separately. The 17-18 & 15-16 divisions run together and can combine age groups for team competition.

AWARDS: Awards will presented immediately after the 6 & Under race.

For further information contact meet director Brian Buckner at 423-742-5004 or email brian@slipstreamtrackclub.com.

NATIONAL QUALIFICATION: All athletes and teams that compete will qualify for the AAU National Cross-Country Championships to be held on December 6, 2014. at Rim Rock Farm, 2276 Burnett Lane, Lawrence, KS 66044.

NATIONAL MEET ENTRY: You can find the information on the AAU National Meet at www.aathletics.org. You will find the link for online entry on that web site.

DIRECTIONS TO DANIEL BOONE HIGH SCHOOL:

From all directions head towards Knoxville, TN. Take I-40 east out of Knoxville and follow until the junction with I-81. Take I-81 north and follow to exit 57A. Exit 57A is I-26 east towards Johnson City. Follow I-26 east to exit 13 which is the Gray (Suncrest Dr-Hwy 75) exit. At the top of the ramp, turn left and follow Hwy 75 about 2 miles. Daniel Boone High School will be on your left.

The course runs on the property of Daniel Boone HS and Crossroads Christian Church. Packet pickup up will be at the finish line behind the baseball field.

GRAY FOSSIL SITE & MUSEUM

The Gray Fossil Site & Museum is located next to the course and would be an excellent place to visit after the meet. Go to www.grayfossilmuseum.com for more information.

HOTELS: The closest hotels to Daniel Boone are located in Johnson City off I-26 at the Boones Creek exit. Other hotels are located off I-26 on N. Roan St.

- **This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.**
- **All participants must have a current AAU membership.**
- **AAU membership may not be included as part of the entry fee to the event.**
- **AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.**